

# THE FORESTER

Volume 11 Issue 2

A Newsletter by and for the Residents of The Forest at Duke

November 2004

## Jack Tebbel: A Writer for All Seasons

*John W. Tebbel, a pioneer Forest resident and one of the founders of this publication, died on Sunday, October 10 at age 91.*

Last month's issue of *The Forester* was the first in the ten years of its existence that failed to contain at least one of Jack Tebbel's articles. To many long-term Forest residents, and to those who shared in its writing, editing, publication, and distribution, Jack Tebbel was *The Forester*.

For each issue, Jack made it a practice to submit a major story, which he usually generated himself, a profile of a staff member or resident, a review of new books, and a casual, seasonal piece. We haven't attempted to count them, but his contributions to *The Forester* totaled over 300 articles.

*The Forester* made its first appearance in April 1994. The suggestion that The Forest at Duke should have a residents' newsletter came first from Nelson Strawbridge, then President of the Residents' Association. Notices were posted inviting interested residents to attend an organizational meeting. There was agreement that such a publication should be undertaken, and the consensus was unanimous and virtually instantaneous that Bob Dunham should be the publisher and Jack Tebbel should be the Managing Editor.

Bob Dunham was an engineer by training, an excellent and practiced writer, and an experienced editor. He had learned the art of computerized desktop publication while producing a newsletter for a retired officers' association before coming to The Forest.

Dunham served as Publisher until October 1998, when the mantle was passed to the able shoulders of Bernie Bender. Bob took over again

for a year in 2001, before finally turning the job over to the present Publisher.

Ellen Dozier was one of those present at *the Forester's* organizational meeting and has continued to be a regular contributor of verse to its pages. She says she had had no experience as a writer but that she had taken one of the creative writing courses that Tebbel had taught at TFAD. She recalls with obvious pleasure and affection the constant support and encouragement that she received from both Publisher and Editor in those early years. She was one of many residents whose lives Jack touched in some way.

Jack Tebbel's roots were in rural Michigan, but by the time he was ten, he was already telling his family that he was going to New York to be-

*(Continued on page 3)*



*The Forester*

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Carol Withers

## In Memoriam

Henry Nijhout

John William Tebbel

September 29, 2004

October 10, 2004

## Announcement

At the Annual Meeting of The Residents' Association the following were elected:

Secretary: Betsy Close

Treasurer: Carol Oettinger

Members of the Board:

P. J. Burns

Ethel Foote

Penelope Easton

Bruce Guyselman

Subsequently Dr. Guyselman withdrew for personal reasons. The President and the Chair of the Nominating Committee determined that the next in number of votes, Sylvia McCormick, should fill the vacancy.



## Bouquets Of the Month

*The Forester* adds its admiration for the splendid contributions of Florence Manning. We know of her gift for poetry because she is a valued contributor to our pages. The special exhibit in October of her paintings, jewelry, gift cards, prints and fabric art showed us the range of her impressive creativity. Bouquets to Florence!

Also, our thanks go to Mitzi Goodwin RN who in September ordered the flu vaccine for The Forest at Duke and administered its use. We are doubly grateful this year because of the national shortage of the vaccine.

## Corrections

*The Forester* regrets having made the following two errors in the October issue.

Ralph E. Kent died on June 26, not May 4.

Dolores Johnson worked as an Interior Designer, not an Interior Decorator. Her degree from Columbia is in Art History.

## Jack Tebbel: A Writer for All Seasons

(Continued from page 1)

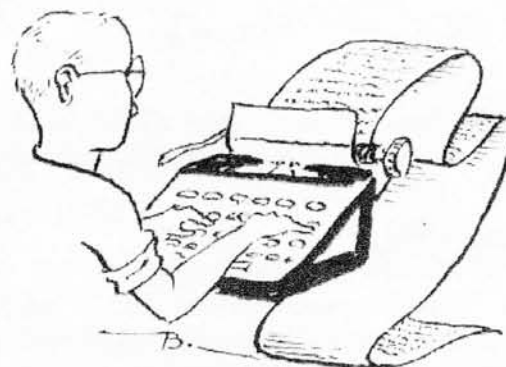
come a writer. Some would say, however, that the most important thing he did when he actually got to the big city was to marry Katherine Carl, known to most as K. C., a talented helpmate for the next 65 years. She, like Jack, was deeply involved in publishing as copy editor for Doubleday.

Jack became an instantaneous New Yorker. When asked recently if he missed New York, he replied, "Every day."

He was a natural-born writer. His career ran the gamut from reporting to editing, to magazine publication and management, to professor and Journalism Department Chairman at NYU. His multi-faceted talents found him engaged, at various periods, as reporter and editor on the Providence, Rhode Island, *Journal*, as editor of *The American Mercury* magazine, and as a member of the staff of the Sunday *New York Times* "News of the Week in Review." He wrote over 500 magazine articles, a couple of novels, and eighty-some books, half of them published under his own name and the rest ghost-written for some of the most famous personalities of his time. Those for whom he provided biographies were as different as Elsa Maxwell and Bernard Baruch. An outstanding contribution to scholarship was his four-volume history of book publishing in America, without a doubt the definitive work in the field.

In his retirement at The Forest at Duke, Jack never stopped writing. The words continued to flow easily even as the mechanics of putting them down on paper became more difficult. For many years his vision was so limited that, if he were interrupted while typing, he would have to take the page out of the typewriter and hold it under the closed circuit TV camera on his reading machine to find his place again.

Jack's interests did not stop with reading and writing. He was interested in all the arts, especially music, theater, and, overwhelmingly, the Broadway musical and American popular music of the pre-rock era. His early presentations of musical



programs at The Forest developed into the popular "Tebbel's Vinyls", which ran from 1998 until only a few days before his death. In it he presented selections from his own incomparable collection of original-cast recordings of Broadway shows and popular music, skillfully selected and presented to demonstrate the best in a particular performance, performer, musical style, or period.

His other contributions to The Forest activities program included co-teaching the Great Decisions course in 1995, two creative writing courses, and a number of lectures, many with provocative titles like "You Can't Print That!" and "America's Great Patriotic War with Spain."

Twenty years ago, Jack summed up in a newspaper interview his attitude toward life: "I really enjoy myself. I enjoy so many things — theater, art, music, travel, good food. I've been very lucky because I've enjoyed my work throughout my whole life. Not many people have had as much pleasure from their work as I have."

There can be no doubt that this professional journalist took both pleasure and pride in the work he did for *The Forester*. Jack Tebbel was instrumental in aiming it in the right direction, and we will do our best to keep it on course.

He will be missed.

George Chandler



## President's Podium



### Annual Report to the Residents Delivered October 18, 2004

When I took office last year, I immediately asked the Board of Directors to approve a new organizational chart, a chair for each committee, and a budget. These documents are posted on the Residents' bulletin board in the mail room. I also activated the Residents' Association Office. It is located on the 4th floor, adjacent to elevator 7, and is open Monday through Friday from 1:00-2:00 PM, or by appointment.

You heard me report a bank balance of \$4,075. This means we generated a \$1,300 surplus for our first eleven months of the year. This is significant since the Association was criticized last year for approving a deficit budget. However, through aggressive dues collection, and an over-estimation of copier expenses, we were able to achieve this surplus. I will present a deficit budget to the Board this year, but I *will* again ask the Board to approve dues of \$10 per year.

You may remember one of my promises last year was "to keep the residents informed." So I purchased a blue notebook for each committee, and asked the committee chairs to keep a copy of their committee members and of minutes of their meetings in those notebooks. Those notebooks are on the shelf behind the librarian's desk. Also, in keeping with that promise, I implemented an "Event Reporting System." This system encourages residents to report problems and ask questions that require a staff response. The events are assigned to an Association Committee for action. I am pleased to announce that Event Reports are still coming in, and we are continually closing reports and getting the information back to the resident. I have processed 51 events so far this year, and closed 36.

Last year when I took office, I stressed the

importance of investigating two major issues: Accreditation and Medicare Certification. The TFAD Board has now approved the Strategic Plan Objectives that include: "Consider whether or not to seek accreditation" and to "Explore whether or not to seek Medicare Certification." In support of accreditation, we completed a Resident Satisfaction Survey this summer. Three residents participated in selecting the questions on the survey. Also in support of accreditation, three residents participated in developing the Strategic Plan. It is important that you realize that residents are involved in the important issues that affect us. I fully expect that The Forest will apply for accreditation next year.

Now, I must report that we haven't accomplished as much as I had hoped on Medicare Certification. We *are* making progress. The next major milestone is to contract for a Medicare specialist to determine if our Health Center costs would exceed our Medicare reimbursements. Any excess costs due to Medicare will be related to an increase in monthly service fees, and *you* the residents will vote on whether or not to apply for Certification. My goal is to bring that question to you for a vote during the next year.

I want you to understand that you have a very active Association, and we are working for you. If you would like to serve on a committee, please contact the chair of that committee and express your interest.

**Jim Shuping**

## Ad Lib

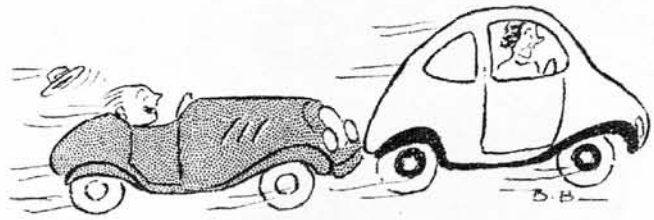
"Trust everybody but cut the cards."

Finley Peter Dunne

"What I did on my summer vacation." How many times we have written on this theme. Not long back from spending three months in Michigan, I feel I must account. This was not the best of summers — it was cold and rainy. There were more gulls on the beach than children, more logs on the fire than ice cubes in the glasses and my chief pastime was watching the deer nibble my garden to tatters. There are thousands of deer in Michigan and I believe they all had a taste of my shrubs and flowers.

The summer wasn't a complete disaster though. There were lots of pluses. The air that travels across the big Lake to us is so pure it makes breathing a pleasure. The sunsets are glorious and the birds that flock to my feeders are a pretty colorful lot. The nearest town of any size to Michillinda is Muskegon, a 35 minute drive.

In Michigan I drive a bright red, new Beetle and it doesn't take long for it to accomplish the distance. One day I was there getting paper for my computer. As I was pulling out of my parking space at Office Depot, I looked in my rear-view mirror — a red convertible, top down and the white-haired gent driving had pulled out just behind. I was heading across town, a distance of some miles, and red convertible was on my tail. I couldn't shake him. I would speed up. He would speed up. I would zig. He would zig. I would zag. He would zag. I didn't like this game. With relief I pulled into my destination. He pulled in beside me. As a newly-minted widow I wasn't quite sure how to handle this situation. My red convertible friend motioned for me to roll down my window. His voice came across loud and clear, "Lady, I thought you ought to know your brake lights aren't working." The brake lights have been fixed. My bruised vanity, not.



The chase

So much for the summer... Back to the deer.

In our little corner of North Carolina we have gradually taken their turf away. Remember how bosky Pickett Road was when The Forest first opened? Deer lurked in the nearby woods. A few would venture out to inspect their new neighbors. The last one I saw was about six years ago at Pickett and Garrett. A few weeks ago our pretty therapist, Jennifer, came to work in tears. She was approaching The Forest on the side road near the Pepsi plant when a great screeching of tires brought traffic to a halt. An antlered deer was in the road. Unfortunately the poor bewildered, animal panicked, plunged across the road and into the early morning traffic on 15-501. He had no place to hide.

### TIPS:

The best way to water your orchids is to put a small ice cube in the pot every day.

You devotees of bottled water, think twice. My nephew's wife, a dentist, says that her patients who drink from the bottle are damaging their teeth. They are missing the fluoride that comes with city water. Turn on the faucet. Throw out the bottle.

I'll try to find some restaurants for next month.

Libby Getz





photos by Ed Albrecht

## The Lady of a Thousand Hats

Who is this lady? Why is she famous? If you've ever dined at The Forest on Sunday, you know it is Mary Ann Ruegg.

The Forest at Duke is famous for its rituals, celebrating every major or minor holiday that Lucy and Barry can think up. But Mary Ann has created a delightful and colorful new ritual of her own.

Every Sunday for the past ten years, she has brightened our dining room by donning one of her dazzling array of hats of all the colors in the spectrum, all shapes, heights, widths, honoring every holiday, or just her mood of the day. With her appearance, the dinning room suddenly becomes luminous. And every Sunday Lily Dache and Chanel spin in their graves with envy.

How does a country girl like Mary Ann, born and raised on the plains of Oklahoma, become one of the leading milliners of the East's couturiers? It is rumored that her foresighted mother created the adage, "Brighten the corner where you are." Mary Ann has clearly followed her advice.





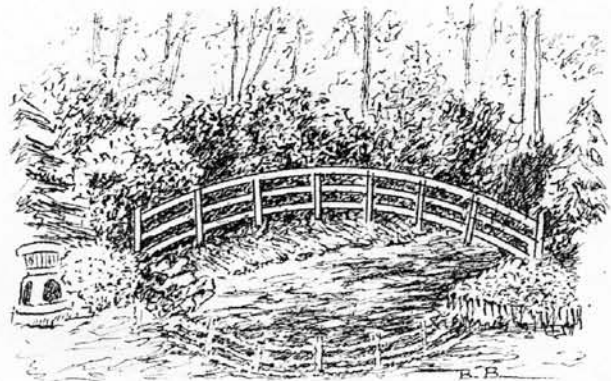
## The Ever Flourishing Duke Gardens

Have you visited the Sarah P. Duke Gardens recently? Frank and I were fortunate to have toured with Superintendent Harry Jenkins in early October.

The Terraces still have many perennials blooming while others add unusual color and foliage. New plantings of chrysanthemums have been added in strategic places to add complementary colors in masses. It was interesting to have an insider's view as Harry spotted such things as an overturned giant Amazon Lily pad or some unmatched staining of one of the underpinning braces of the new President Koehane's bridge. Immediately a phone call was made to the person needing to handle the problem.

Perhaps Ed Albrecht, volunteer photographer and a member of the Board of Advisors, was in the vicinity snapping pictures. Many other Forest at Duke residents are among the 300 plus volunteers at the Gardens. These include Sarah McCracken, Betty Ostrander, Marion Bender, Minnie Mae Franklin, Hazel Scheblik, Evebell Dunham, Helen Corbett, Maidi Hall, Bob and Ann Durden, Edna Wilson, Gerry Wolinsky, Frank Simes, Jane Jones, Julia Negley, Tina Land, Betty Kent, Bess Bowditch, Jean Mason, Ginny Putnam, Jenn Van Brunt, Viola White, Dot Heroy, Martha Gambill, Anna Louise Spigener, Lela Colver, Mary Gates, Ann Campbell, Ann Rice and Berthe Kuniholm. Some of these people, along with other residents, have become Friends of Duke Gardens through financial contributions.

A new feature has been added just above the Iris Bridge in the Asiatic Arboretum. Paul Jones, Horticulturist and Curator of that area, has planned and built a bridge consisting of recycled curbing rescued from Flowers Drive. You have to see this to appreciate the flat, irregularly placed blocks over the swale next to the Boulders and Hillside Garden leading to the large pond. There are several attractively landscaped secluded spots to which one may escape for private meditation or study.



Included in the total 55 acres of the gardens are more than six acres in the Blomquist Garden of Native Plants. Stefan Bloodworth, Horticulturist, keeps replenishing plant material in this sensitive garden, which is representative of the Southeast U.S. We saw some pitcher plants propagated from this garden for sale in the gift shop at the Doris Duke Center.

The new Center, just three years old, is a most welcome addition. Now there is very attractive indoor space for lectures, weddings, receptions, dinners, luncheons, musicals, concerts, and memorial services. Lauren Rimes schedules these events, in case you want to make a reservation. Other staff manage Adult Education programs and Children's Education activities. A volunteer center, library, offices and a kitchen are also part of this complex. In close proximity are the Angle Amphitheater, Pergola, White Garden and the Anna Ho Pond, its undulating shape holding many species of water lilies, lotus and other water plants. Last summer four musical concerts, free to the public, as well as children's theatrical programs were held at this charming setting. Lucy Grant and Mary Godbey have offered the TFAD bus for numerous activities including concerts, plant and gift shop sales, tours and craft fairs at Duke Gardens. Watch for announcements.

A new Master Plan for the Gardens correlates with the University Central Campus Plan and

*(Continued on page 9)*





photo by Ed Albrecht

## Doris Duke Center

(Continued from page 8)

the Nasher Art Museum. The landscape architects are Marshall, Tyler & Rausch of Pittsburgh. This plan is expected to lead to major developments.

Duke University is grateful to Richard White, Professor Emeritus of Botany, for the guidance that he has given as Director of the Sarah P. Duke Gardens.

Many of you know that I have called Duke Gardens "my gardens" since Frank and I moved to the Forest twelve years ago. Because I offered my opinions on some garden tasks that needed attention, he noted a volunteer sign-up sheet at the Kiosk and signed me up! I've participated ever since!

Molly Simes



A perfect way to tour the Gardens, in carts driven by knowledgeable guides from The Forest: Evebell Dunham and Molly Simes

## Thanks

And has Molly ever "participated." That's an understatement of what's gone on since she volunteered in June, 1993. Hello! This is me, Dick White, Director of The Sarah P. Duke Gardens — adding my two cents to Molly's good words — *without* her knowledge or permission.

Beginning with her early docent activities, Molly has moved around all parts of the Garden. In horticulture, she's tidied up sections of the Garden, weeded, swept, and even dead-headed roses. Given her penchant for "recycling," she immediately made potpourri to sell in The Gift Shop! Molly was active in establishing The Terrace Shop. It was she who wrote the letter to my predecessor to get it started — and she even helped clean out the cottage which became The Shop on The Terrace. In the same "can-do" way, she was involved in developing the early "refreshment cottage" on the Terrace, which was to become the current "Terrace Café."

But perhaps her primary claim to fame is the huge role she plays in boosting The Garden and recruiting volunteers. Chuck Hemric, Director of Volunteers at The Gardens, refers to her as the "Duke Gardens Ambassador." For all her volunteer services she received The Gehman Award in 2003 — the outstanding volunteer of the year.

Molly and Frank continue to be active. She's in The Garden Guild, provides trolley tours (the trolley a gift from Molly and Frank,) and assists with the children's educational programs — and the list goes on.

A jack — or jill — of all trades, Molly remains one of The Garden's best "cheer-leaders." We are indeed grateful to both Molly and Frank — because such folks assure the future success of The Gardens and its related programs! (P. S. You can join them!!)

Richard A. White

## Welcome New Residents

### Jaclyn Chadwick

Cottage 36

403-8636.

Jackie Chadwick grew up in Toledo, Ohio. In high school she met Jim Villwock, whom she later married. Jackie attended Bowling Green State University in Ohio and Jim graduated from Cornell. They had three children. The family lived in New Jersey, where Jim became an executive with Exxon Chemical. Jackie received her BA and EdM degrees from Rutgers and became a counselor at Douglas College. Then she earned her EdD in counseling psychology and joined the University of Houston counseling center, later entering private practice. After Jim died in 1988, Jackie married Frank Chadwick, a North Carolinian and Exxon friend. They lived in Napa Valley, California, enjoying tennis, bridge, and volunteer work. Frank died in 1998. Jackie came to The Forest to enjoy the activities and health benefits and to be closer to family. She has a son in Atlanta and daughters in Cary and Dallas. Jackie has nine grandchildren of her own plus three step-grandchildren.



photos by Ed Albrecht

### Rosemary and John Oates

Apartment 4045

493-1062

Rosemary and John came to Durham in 1967 when John joined the Duke faculty as Professor of Ancient History in the Department of Classical Studies. Previously John had taught at Yale, where he also received his BA and PhD degrees. Rosemary has an MA in Classics from Yale. Both are native New Englanders; Rosemary grew up in Danbury, Connecticut and John in Springfield, Massachusetts. Rosemary was on the founding faculty of the North Carolina School of Science and Math. She taught Latin there and was Registrar for fourteen years. Since retirement she has been an active volunteer in the Durham community, working with the Duke Hospital Auxiliary board, One World Market, and the Durham Literacy Council. John recently retired from Duke; he continues his work there — computer applications in Humanities scholarship, particularly with ancient Greek manuscript documents. Rosemary and John have four children, three daughters and a son, and six grandchildren, located in Durham, Raleigh, Richmond, and Glasgow in Scotland.

## Theodore and Grace Ann Hovet

Apartment 3008

490-2005

Theodore and Grace Ann are both Midwesterners, Theodore growing up near the Canadian border in Buxton, North Dakota, and Grace Ann in St. Paul, Minnesota. They met in graduate school at the University of Minnesota and developed joint academic careers, Theodore's in American Studies and Grace Ann's in English literature. They both earned PhDs at the University of Kansas. Between them, they have taught over 300 courses at the Universities of North Dakota, Kansas, Washburn, and Northern Iowa. They have developed new programs in American Studies, Women's Studies, and Leadership Studies, as well as taught summers in China, at X'ian, and in Russia, at St. Petersburg and Moscow. They have published some 60 articles and several books, many team written. Their son, Theodore, Jr., has a PhD from Duke and lives with his wife Barbara in Bowling Green, Kentucky, where he teaches literature and film at the University of Western Kentucky. The Hovets lived in Farringington Village the first four years of their retirement and moved to TFAD in October, 2004. They continue their reading, research, and writing, and enjoy film, travel, conversation circles, and classical music.



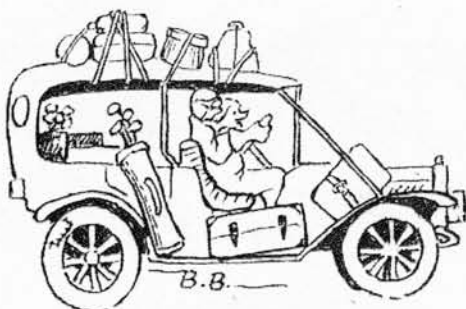
## Sheila Mason

Apartment 3023

403-8003

Sheila Mason was born in Chepstow in Wales and received her early education there and in Bristol. She left England during the war to join her family in Kingston, Jamaica, and then went on to Canada where she earned her bachelor's degree in physical education and dance at McGill University in Montreal. She has lived in a number of other places including London, Ontario, Vienna, Austria, Obergamergau and Regensburg in Germany, and, in this country, San Francisco, Austin, Texas, Washington, DC, and, most recently, McLean, Virginia. She taught physical education and dance at a private girls' school and was active in Virginia in the senior Olympics competing in tennis, ping pong, and pickleball. She volunteered as a nurse's aide at several Virginia hospitals, and was active for 30 years in the Presbyterian Church. Sheila has a son who is a political science professor at Butler University in Indianapolis and a daughter who is treasurer and assistant director of a pre-school in Durham. She lists her avocations as sports, dance, and animals.





## Resident Ramblings

We all remember "spring house-cleaning". Here at The Forest we had fall cleaning including power washing, cleaning and repainting of eaves, new black tops on paths, etc. Construction and re-decoration are close to the very end!!! The new space in the cafeteria is proving to be very popular.

In the midst of all this activity there are a number of comings and goings. **Mary Ruth Miller** went on Elderhostels to California and Hawaii. **Bud Wheelan** went back to Connecticut to attend his 60th high school reunion. **Mary Ann** and **Don Ruegg** went with Steve Tuten to Branson, Missouri. **Penelope Easton** was in San Antonio for a

reunion with other dieticians with whom she served in the Army. **Ed** and **Hilda Remmers** had all their family here for a great get-together.

Our star hiker, **Frank Sargent**, has been in Vermont recently enjoying the scenery while he tramped along. **Harry** and **Libby Whitaker** also were doing the foliage in New England — but from a bus. Steve Tuten also did a foliage trip — this one in the mountains of North Carolina. **Bill** and **Dot Heroy** and **Clare Eshelman** were on this tour. Clare will spend Thanksgiving in Michigan with her family.

**Mildred Fuller** went to visit her brother in Denver who has been unwell. **Caroline Long** was in Boulder, Colorado for a wedding. **Lois Bateson** will visit her daughter in British Columbia and then both will go to San Francisco for an Anthropology Conference at which her husband, Gregory, will be remembered. **Evebell Dunham** traveled to San Diego and Las Vegas. **Hilda Remmers** returns to her previous home in New Jersey to visit friends.

**Dot Logan** spent a weekend at Virginia Beach at a family reunion.

Mary Gates

## Do You Really Know Our New Residents?

Our new residents have had diverse and outstanding careers — plus a number of fascinating avocations. See if you can match each thumbnail with the correct name.

- |  |                      |
|--|----------------------|
| 1. Member of National Ski Patrol                 | a. Thomas Wilson     |
| 2. Pediatrician                                  | b. Dolores Johnson   |
| 3. Quilting and Modern Dance                     | c. Mary Brinkmeyer   |
| 4. Marriage and Family Counselor                 | d. Paul Taub         |
| 5. Computer Contractor for the World Bank        | e. Lillis Altshuller |
| 6. Interior designer                             | f. Harry Whitaker    |
| 7. Produced TV Programs for Council of Churches  | g. Marion Bobroff    |
| 8. Formed Allergy Department (Kaiser Permanente) | h. Lois Bateson      |
| 9. MD: first from France; second from Duke       | i. Martha Mendenhall |
| 10. Officer of several genealogical societies    | j. Michel Gavardin   |

Answers:

1. (d) 2. (e) 3. (g) 4. (h) 5. (a) 6. (b) 7. (i) 8. (f) 9. (j) 10. (c)