

Sandra Greene: A Humane Outlook on Forest Strategy

Biostatistics. Brrr! One can see how ability to predict what health problems people are likely to encounter would be a useful talent — even a necessary one — and it might well involve cold calculations, indeed. Yet to Dr. Sandra B. Greene, the newest member of the TFAD Board, there is a very human element: She is the only member of the Board of Directors who has a relative at The Forest. Her mother is Melba Reeves.

Dr. Greene's background seems ideal for an advisor on the Board. She is one of North Carolina's leading experts on health policy, is a research professor at UNC, where she earned her undergraduate degree (in mathematics) and a Master's and Doctorate in biostatistics. After four years in the Duke Department of Community and Family Medicine, she began her career with Blue Cross and Blue Shield of North Carolina, becoming a Vice President before she joined the UNC faculty in 2002. "I've spent most of my adult life in Chapel Hill," she said.

This is an interesting time to be on The Forest Board, Dr. Greene feels. The Forest is maturing, and the competition is increasing. Those people who have the advantage of care at The Forest tend to live longer than contemporaries who do not. "I see my role as helping management think through strategic issues," she said. Dr. Greene is pleased that the staff is enthusiastic and eager to help residents. She also appreciates that management is not set in its ways, but is prepared to tackle problems with innovative solutions. "They have been doing the best they can and are continuing to improve services."

Dr. Greene is particularly impressed by the



new Health Center, which she said is "unparalleled in the industry," and by Dr. Galanos, who has acquired a national reputation for his work in geriatric care.

She helped her mother and stepfather choose a retirement community several years ago. "I think it's important for people to come early enough to enjoy the many opportunities" that The Forest offers.

Dr. Greene likes gardening, walking, and
(Continued on page 2)

The Forester

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Sandra Greene

(Continued from page 1)

reading, and particularly likes to travel. She is recently back from two weeks in Paris with her older daughter, Sarah, a law student at William and Mary. "She enjoyed getting a chance to use her French and the people we encountered there were hospitable." Her younger daughter Martha is in graduate school at Vanderbilt University, working on a program in women's health.

Working with graduate students at UNC, usually on a one- to-one basis, is gratifying to Dr. Greene. She works out problems in health care data, ranging from the number of beds a hospital needs, to the number of diagnostic machines, like CT scans and MRIs. She has established a system for North Carolina nursing homes to report all incidents of medication error, explaining how and why the mistakes were made.

Dr. Greene has been encouraged by her experience on the TFAD Board so far. "I've noted that important roles are played by Jim Shuping and Mary Ruth Miller on the Board. Their views are sought and respected." She has been a friend of Rheta Skolaut for many years, and looks forward to working with her on the Board.

She was pleased that the recent survey of residents' views reflected satisfaction and feels that taking the collective pulse every few years is important. "It's not only that the management has done well so far; but that they want to find ways of doing even better by the residents," she said.

Mal Oettinger

In Memoriam

Ralph E. Kent	May 4, 2004
Charles DeWitt Watts	July 12, 2004
Eleanor Roberts Kinney	July 30, 2004
Glenn Jackson	August 9, 2004
Irving T. Diamond	September 14, 2004

President's Podium



I hope that everyone had a most enjoyable summer. You can tell when the Summer Birds have returned by the occupied tables in the Dining Room. And speaking of dining, by the time you read this, the dining space in the Café should be open. Hallelujah! Also, please welcome the many new residents that moved into The Forest over the summer. It is a traumatic experience to move (as we all know) and a friendly gesture and an invitation to dinner helps to get over the "What have we done!" feeling.

During the summer, joint meetings with the TFAD Board (including resident members) and Staff Directors were held to review our Mission Statement, determine long range goals, and establish objectives for The Forest. These objectives were proposed by three focus groups: Campus, Operations, and Marketing. The TFAD Staff then discussed priorities for the objectives based on available resources and perceived criticality.

Last week your Association Board of Directors had an opportunity to review the list of objectives, and during a special session, also recommended priorities.

After the TFAD Board approves the objectives, the Long Range Planning Committee will determine the final priorities, and present a recommendation to the TFAD Board for approval. A presentation will be made to the residents on the final objectives and priorities approved by the TFAD Board. In the meantime, our Executive Director has placed a copy of the goals and objectives in resident mailboxes for your review.

I want to emphasize that your Association had the opportunity to input our recommendations into the decision making process before the TFAD Board's review and approval. The "Effectiveness of the Residents' Association" scored low on the Satisfaction Survey that we recently completed. That is, I suppose, because most residents have be-

lieved we had little influence on the decisions that affected us. The TFAD Board is receptive and open to resident opinion, and I am certain that the Residents' Board will continue to be consulted on important issues before a final decision is made.

Jim Shuping

Diversity at the Forest

Since its inception, The Forest at Duke has recognized the value of a cultural mix in a vibrant community. It is the goal of our community to reach its full potential as a vital, enriching place to live by including a stimulating racially, ethnically and culturally diverse resident population. Your Residents' Diversity Committee* has been active in promoting The Forest as a welcoming community to groups of Afro-American leaders in the Durham community by inviting them to visit with us and give us their advice on how to proceed.

But we have learned from Carol Woods and other CCRCs across the country that achieving this goal will be a slow process and we must have patience. We hope our new Board members will provide information and contacts for us within the black community; we, the residents, will continue to build our bridges through our multiple volunteer activities in Durham schools, hospitals, the new Senior Center, etc. With marketing we will be more aggressive in getting literature into the Greater Triangle professional community.

Still, some say this cultural change may take up to ten years as we plant the seeds for including a CCRC into the retirement planning of local minority families. Help us accelerate this process.

Phyllis Magat

*Committee members are Phyllis Magat, Paul Bryan, Virginia Jones, John Friedrich, Walter Lifton, Marion Krugman, Peg Lewis, Helen Pratt

Bach fugue 19



The Halls Are Alive With the Sound of Music

Music has been a major presence at The Forest at Duke since the first residents began to move in, a dozen years ago. Our auditorium has seen a constant progression of stellar performances by visiting artists, both classical and popular. If you see a crowd in the foyer waiting for the bus almost any evening after dinner, the odds are, even in basketball season, that they are headed for a concert. The proportion of Forest residents who have made their careers in music must be far above the national average. Nevertheless, if one person stands out as having been at the center of The Forest's varied musical activities from the beginning, it is Ruth Phelps.

To say this is not to denigrate the contributions of the many others who have enriched The Forest's musical life. Those deserving a vote of thanks include our resident composers, Bob Ward and Edith Boroff, the TFAD chorus, the informal jazz ensemble, the cadre of other faithful and willing pianists who put in so many hours accompanying and otherwise supporting a variety of social and religious activities, and the music lovers who encourage them. At the same time, Ruth Phelps seems to stand out as special. A retired professor of music was overheard in the dining room recently suggesting that the space now known as the Ritz Theater might more appropriately be renamed in her honor.

Ruth was immersed in music from earliest childhood. Her father was a pianist and organist and was closely involved in the founding of the Pittsburgh Symphony which he served as librarian for 45 years. Ruth made her unannounced debut at age 13 when her father, who had been playing the organ at a church service, turned to her and said, "I think you're ready. You play the postlude." She did, and continued to play the organ in churches for 47 years in Pittsburgh, Chicago, and Durham.

Ruth studied organ and piano at Carnegie

Tech and went on to spend two years at Juilliard where she earned her rent money accompanying both professional singers and a voice teacher's students. A basso profundo whom she accompanied wanted her to go on a concert tour with him, according to Ruth, "with me in a red dress, he in white tie and tails, and with a candelabra on the piano."

Ruth's childhood home near Pittsburgh was bilingual as her grandmother, who lived with them, spoke only German. In 1947, during a summer at Middlebury College in Vermont, while Ruth was teaching a creative writing course and working on a book about German folk dance, she met Leland Phelps, who was then a graduate student in German. They were married the next year and eventually came to Durham, where Lee was to become chairman of the Duke German Department. Lee, too, has been deeply involved in the local musical scene. He served for 15 years as Chairman of the Chamber Arts Society.

(Continued on page 5)



Photo not by Ed Albrecht

(Continued from page 4)

In Durham, in addition to raising three daughters, all of whom were thoroughly immersed in music, Ruth's busy schedule included teaching piano at Duke for 15 years, accompanying a choral group led by Forest resident Melba Reeves at the Duke Memorial Methodist Church, and serving ten years on the board of Mallarmé.

Ruth brought one of her typical activities to The Forest. This was one of a series of her lectures on music and musicians, given over the course of five years for the Duke Campus Club, and was on Johann Sebastian Bach. Ruth not only provided generous musical examples as she spoke about the great composer, she even appeared in a full-bottomed wig like the one Bach wears in his best known portrait.

To help celebrate their fiftieth wedding anniversary, the Phelps brought to our auditorium the Ciompi Quartet along with soprano Penelope Jensen who offered a reprise of the German lieder performed at their wedding.

On another noteworthy occasion, Ruth joined two other Forest pianists, Ruth Patterson and Jean Wolpert, to offer the unusual opportunity to hear a piano trio. The sight of the three of them crowded together on one bench led activities director Lucy Grant to comment, "They have given new meaning to the phrase 'cheek to cheek'."

Ruth's contributions to the musical scene at The Forest cannot be overestimated. She has per-

formed as soloist or accompanist at every conceivable type of musical event. She has been heard at the TFAD Chorus concerts in the auditorium and the health care center, at sing-alongs, which she originated, in Holbrook and Olsen, at holiday celebrations, and at resident memorial services.

She and Bob Ward led the way in obtaining a badly-needed grand piano for the auditorium. They initiated a piano fund and then proceeded to seek out and select a first-rate instrument.

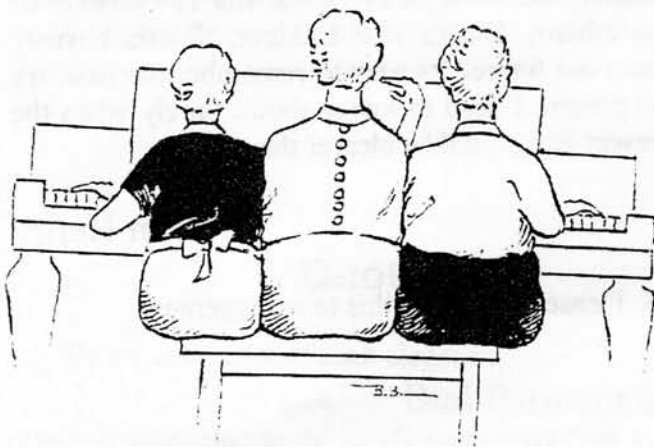
There is also a less visible side to the sharing of Ruth's talents. Should you wander the halls and hear music coming from an apartment, the party room, the studio, or the auditorium, there is a good chance that Ruth is part of an impromptu musical gathering. The participants will be talented as well as varied. There could be other pianists like Melba Reeves, Grace Hutchins, Barbara Chremos, and John Henry; or Juilliard graduates Sylvia Arnett with her violin and Norman Greenberg and his French horn; or Paul Bryan with his Euphonium.

Ruth's interest in the arts is not limited to music. Here at The Forest she developed an intense interest in painting, and many of her water colors adorn the walls of our corridors. She is also a poet. (See her contribution on page 15.)

Ruth's many friends and acquaintances at the Forest at Duke invariably point to her cheerful availability — her constant willingness to offer her services whenever or wherever they may be requested. It is this attitude, of course, that earned her the award as a volunteer of the year in 1998.

Ruth enjoys playing her piano at any time, and greatly misses the opportunity to play the organ. Nevertheless, her husband, Lee, tells us that Ruth is not the kind of musician content only to sit at the piano and play for her own pleasure. "She really loves," he says, "to be playing *with* someone else or *for* someone else." Her friends all feel that Ruth has a compulsion to share, to pay back in some measure, for all she has received from a lifetime of music.

George Chandler



In Remembrance of My Memory

Where did I put that wallet, the house keys, my glasses? Do I remember equations, fractions, percentages, multiplication, phone numbers, names and so on? It takes forever these days for those wires to connect in my head. Movies! What was her name? I can just see her, holding up that dirty carrot (or was it a turnip) swearing never to be poor again. She married some guy named Rhat. And the name of the movie we saw last week, it'll come to me about 2 AM, when I can't find a pen. How do you spell broccoli, two Cs, one L? I like to tell stories too, but that funny ending?

Then there's 'what day is it?' Holidays are especially confusing. If a holiday comes on Monday then Saturday is Sunday. That letter from the IRS. Where did I — surely I didn't throw that away. And the past grows more disturbingly clear each day.



This memory thing, I'm gonna lick it. I've got ideas (if I can remember them.) First I've chained my keys to my underwear or whatever. Then, I've got Post-it stickers stuck all over my walls. (Place looks like the paint's peeling.) There are lists of friends, lists of enemies, lists of groceries, things to do, things not to do, people to call, people to avoid. I immediately write down phone numbers and party dates, but not whose number and whose party. Then there's "something I need in the next room." When I get there — "What did I come for?"

There's always the memory pegs, hat-cat, book-cook, glasses, — ? Well, I'm not so sure. Tat-



toos, bread crumbs, notes on shirt cuffs help, sometime. Finding my car in the lot, that's easy. I just walk around pushing that fancy little key button until I hear a car beep and see the lights blink. That *must* be my car, tho the seats don't look quite — Phones. I call myself on the cell phone. When my cordless rings I can look for it under a pot or in the piano bench. I keep all the mail, junk and otherwise in a trash can, for months. It's a kind of procrastination. But that way I can dig down and look for that IRS warning. Sometime there's so much paper I have to recycle to keep the floors level. Wait until 2 AM. Lost things can turn up in a lucky dream.

Is my memory all used up? I know computers have a limit. Its taken seventy nine years and one month to put all that stuff into my brain. All that I had to learn growing up, integers, iambic pentameter, the battle of Hastings, the 13th chapter of Corinthians. Bush's War Cabinet. Should I worry about the future? Its easy to remember the past. It's the present I need to know about. Surely when the present is past, it'll be clearer than today.

John Henry

PS. Please don't show this to management.

Welcome New Residents

Biographies Edited by George Chandler
Photos by Ed Albrecht



Harry & Elizabeth Whitaker

Cottage 28

419-2440

Libby and Harry Whitaker met while she was attending Duke Nursing School and he Duke Medical School. Since he interned at Duke and she nursed there, they had more time together before the Air Force sent him to Wiesbaden, Germany. They married during his last year there before heading to Denver for his Pediatric residency and her work in an adolescent clinic. Two years later they were at Andrews AFB, Maryland, raising two children: Larry and Julie. Because of interest in Pediatric Allergy and its importance, Harry joined Dr. Susan Dees at Duke for a two-year fellowship before returning to Andrews AFB as Chief of Allergy until retirement in 1979. They then moved to Springfield, Virginia where Harry established the Allergy Department for Kaiser Permanente and Libby worked part time as Continuing Care Nurse. Since 1995 retirement they have enjoyed their leisure with music, skiing, travel, reading for pleasure and being grandparents of Larry's son Andrew (17) and Julie's sons Spencer (9) and Graham (5).

Bill and Dottie Burns

Cottage 19

419-2477

Bill and Dottie Burns are Durham natives and have lived here all their lives. They were attracted to The Forest not only by its reputation and because they have friends here, but also by the fact that it is a Durham enterprise. Bill went to North Carolina State and UNC, while Dottie attended Marjorie Webster Junior College in Washington, DC, and what was then The University of North Carolina Women's College in Greensboro. Bill made his career as an executive with the Central Carolina Bank. The Burns enjoy golf, spectator sports, horseback riding, swimming, and travel. They have three sons and eight grandchildren.



Grannis and Dolores Johnson

Apartment 2023

419-9382

Lorie and Sam Johnson moved to Durham in 1998 from New Jersey where they had lived for over 30 years. Sam worked for 44 years as a research chemist while Lorie made her career as an interior decorator. Sam is a native of New Mexico, having been born there ten years after it had become a State. After attending college locally, he earned his doctorate in chemistry at the University of Kansas. His interests include music, science, travel, and sports. Lorie looks forward at TFAD to new friends, the pool, and walks, and to continuing participation in the local musical and arts scene. She has a special interest in Bronze Age and Ice Age archeology. On her way to becoming an interior designer, Lorie obtained a degree in fine arts at Columbia and studied archeology and design at NYU and the Pratt Institute.



Mary Brinkmeyer

Apartment 3015

401-3920

Mary grew up in Durham and was graduated from Duke. She and Robert Brinkmeyer, of St. Marys, Ohio, were married in the Duke Chapel in 1943. They lived in San Antonio, Texas, while he was stationed at Randolph Field. In 1949, they moved to the Washington, DC area. Her husband, after retiring from the military, became an executive with the United States Postal Service in Washington, and they continued to live in a Maryland suburb. Mary was active in various clubs and is a national officer of several genealogical societies. Mary has a daughter living in Raleigh and a son who is chairman of the English Department at the University of Arkansas. She has five grandchildren and two great-grandchildren. She continues to enjoy needlepoint, bridge, and genealogy.

Paul and Lillis Altshuller

Apartment 1037

489-0674

Paul is a native of Hammond, Indiana, and Lillis was born in Prairie du Chien, Wisconsin. Lillis attended the University of Cincinnati and Western Reserve and is a medical doctor. Paul studied at the Universities of Indiana, Chicago, and Cincinnati and holds the PhD degree. He worked as a chemist and atmospheric scientist managing technical research. Lillis made her career as a pediatrician. Lillis is interested in plants, animals, and children, and Paul is into coin collecting, reading, and financial and tax policy. The Altschullers have two daughters and a son and five grandchildren. They were drawn to The Forest by its location and activities program.

**Michel Gavardin**

Cottage 1

489-9542



Dr. Gavardin was born in France and spent his first 32 years, including those of the German occupation, in Paris. He earned his first MD degree in Paris and pursued graduate studies in New York City and Montreal. He was appointed to a position as an anesthesiologist at Duke Medical Center in 1953. After earning another MD degree at Duke, he became chairman of the Department of Anesthesiology at what is now Durham Regional Hospital. He, his wife, Bettie, who died in 2000, and their daughter lived in southwest Durham where he first became familiar with the Forest. His interests include classical music, antiques, and gun collecting.



Tynette Hills

Cottage 62

490-1755

Tynette moved here from Hope Valley in Durham. She and her late husband Jim, who died three years ago, had come to Durham in late 1993 from Rocky Hill, NJ. Their prior residences include Berkeley Heights, NJ, San Bruno, CA, and Los Angeles, where Tynette, a Texan by birth, had met and married mid-western Jim when both were students at the University of Southern California. In addition to her BA from USC, she holds graduate degrees from the University of Rochester (MA) and Rutgers University (Ed. D.). Prior to retirement, Tynette was Director of Early Childhood Education for the NJ State Department of Education. Through 2002, she continued work in the field as a part-time independent consultant. She is enthusiastically involved in DILR, having served on the board and as president. She is currently moderator at Pilgrim United Christian Church in Durham. She enjoys reading, modest attempts at needlework and gardening, and her Keeshond dog, Markie. Her four daughters and four grandchildren (a fifth due in January) occupy a bit of time and energy and return bounteous joy.

Latham (Bud) Wheelan

Apartment 4018

403-8093

Bud grew up in Litchfield, Connecticut, and served in the US Navy in World War II and the Korean War. He attended the Boston School of Art, majoring in Advertising Design and Illustration. He earned a degree in English at Roosevelt University in Chicago. He and his wife Ginny married in 1951. They had three children and three grandchildren. Granddaughter Emily is currently serving in the Peace Corps in Honduras. Bud moved to the Forest at Duke following Ginny's death in December 2003 to be closer to his daughter and son-in-law, Nancy and Tom Metzloff. Nancy is an administrative aide at Duke and Tom is on the faculty at Duke Law School. Bud had a long and varied career in advertising and marketing with Chicago advertising agencies and corporate communication staffs. He retired after 20 years with W. R. Grace in Greenville, South Carolina. Bud looks forward to having time to pursue his interests in history, art, and genealogy.



Trip and Louise Rand

Apartment 4049

489-2975

The Rand's local roots run deep. Louise was born and raised in Durham and received her Bachelor of Music degree from Salem College. Trip (officially, his name is Hubert) was born in Raleigh and graduated from the University of North Carolina, Chapel Hill, where he lettered in baseball. Except for service as secretary to a U.S. senator in Washington, he, too, has been a Durham resident. Trip served as an executive with the Durham Coca Cola Bottling Company and Northgate Shopping Center and as a Director of CCB and GTE. He is a former president of the Durham Rotary Club. Both the Rands served on the Salvation Army Board and have been active in the Watts Street Baptist Church where Louise was a soloist with the choir. Their daughter is a lawyer and real estate agent in Raleigh and their son is an executive with the Celanese Corporation in Charlotte.



Hunter Kelly

Apartment 2002

489-9526

Hunter Kelly was born in Apex, grew up in Chatham County, and has lived in this area all his life. He is a pharmacist, having earned his BS in pharmacy at the University of North Carolina and having served an internship in hospital pharmacy at Duke. He made his career as a hospital pharmacist, working at Duke and Watts Hospitals, and in hospital and nursing home administration. His hobbies include travel, reading, walking, and genealogy. He has two children, two grandchildren, and two great-grandchildren.

Nancy Garner

Apartment 4047

403-0029

Nancy Garner was born in Winston Salem and has lived in Savannah, Washington, DC, Asheville, and Myrtle Beach. She graduated from Salem College and taught English and French before her marriage in 1944 when she became a full-time homemaker. She has two children, three grand children, and one great-grandchild. Nancy enjoys reading. Her decision to retire to The Forest at Duke was influenced by the fact that a daughter lives in Raleigh and the proximity of Duke Hospital.



Barry and Helen Cayne

Apartment 2044

402-8852

The Caynes met and married more than 50 years ago when they were both working at Educational Testing Service in Princeton, NJ, and they have actively pursued varied but interconnected careers ever since. Barry was educated as a scientist at Moravian College, the University of Pennsylvania, Columbia, and Harvard, and has been a teacher at almost every level. His principal professional activity was in the field of educational publishing. He was an editorial director of Grolier, Incorporated, where he managed the development and publication of encyclopedias and other reference books. He was active in the Episcopal Church at both the parish and diocesan level. Helen attended Virginia Intermont Junior College and Rutgers. She worked in personnel, public relations, and market research and with the exchange-student programs of the Experiment in International Living, serving as Vice President, and the American Field Service. The Caynes have enjoyed navigating the Hudson River on an antique power boat, membership in the Rolls Royce Owners club, and, as Helen puts it, contemplating "life's absurdities."

Martha Mendenhall

Apartment 2047

419-0005

Martha Mendenhall grew up in Winston-Salem and has lived in Wilson, NC. After graduating from what was then the University of North Carolina College for Women in Greensboro, she entered the Navy. There she operated the Link Trainers used in training airplane pilots. She studied at UNC at Chapel Hill on the GI Bill of Rights and later earned a master's degree in television production at Michigan State University. She spent five years with the National Academy of Science in Washington, DC, but her principal career was producing television programs for the National Capital Area branch of the World Council of Churches. After her formal retirement, she has continued to produce television shows for independent promoters, including especially the American Association of University Women, taking advantage of Federal regulations providing citizen access to cable channels. She came to the Forest at Duke from Alexandria, Virginia, where she was active in the Methodist Church. She will be on the lookout for a "Scrabble buddy."



Thomas and Nancy Wilson

Cottage 79

489-2674

Tom Wilson was born and grew up in Annapolis, Maryland, and Nancy is a native of Cambridge and went to school in Belmont, Massachusetts. Tom went to Exeter Academy and Harvard. His education there was interrupted during WWII by an Army training program at North Carolina State. Both Tom and Nancy, who went to college at Radcliffe, studied engineering and applied physics. Tom made his career in electrical engineering working as a computer contractor for the World Bank in Washington, DC, and for Magnetics, Inc, in Butler, Pennsylvania, before spending 35 years as a professor at Duke. They have both been active in the Presbyterian Church. Nancy's work on the church's refugee committee led to the Wilson's providing a foster home for two Vietnamese teenagers. The Wilsons also have three sons of their own. Nancy's hobbies include amateur radio, woodworking, and bridge.

Elizabeth Sweeney

Apartment 4043

403-6250

Liz Sweeney is a Wisconsinite. She was born in La Crosse, grew up in De Pere, and has lived in Waukesha, Oshkosh, and Oconomowoc, where she was able to enjoy sailing and ice boating. She has also lived in Winnetka, Illinois, Cleveland Heights, Ohio, and Fort Walton Beach, Florida. She went to high school at Milwaukee Downer Seminary and to college at Stephens College in Columbia, Missouri. Liz was married to Dr. Thomas Sweeney for 25 years, but the marriage ended in divorce. She has seven children, three of whom live in this area, 14 grandchildren, and one great-grandchild. In addition to sailing, her interests include horse-back riding, swimming, sewing, reading, and her dog.

**Paul & Trudy Taub**

Apartment 2026

489-0542

Paul was born and attended school in New York City, earning Bachelor and Masters degrees in engineering at Columbia. He worked during the war years for RCA in Camden, NJ, and later joined a family business manufacturing architectural millwork. He retired in 1972, but went back to work as a consultant specializing in computer applications for small-business accounting. Trudy was born in Vienna, Austria, lived in London for ten years, and moved to New York in 1949. Her education was interrupted by the war, but she earned her degree in English Literature at Queens College at age 50. She worked as a dress designer and later as a systems analyst for Metropolitan Life. Paul has two sons and a daughter and Trudy has a daughter. Paul and Trudy were married in 1991 and lived on Long Island until moving to The Forest. Both of them received public recognition for their involvement in numerous community activities, many of them in the health field. They are avid skiers. Paul has been a long-time member of the National Ski Patrol and is a certified instructor and guide for blind cross-country skiers.

Our Miss Lucy

Activities director
 with telephone always near,
 used to engage performers
 for entertainment next year.
 Committed to the Arts,
 "Women Masters, her forte."
 Ragtime or Faust,
 She brings both our way.
 Wife, mother, daughter, friend, grandmother,
 each hat she wears so well,
 With that many irons in the fire,
 Let's hope she doesn't rebel.
 This busy hostess, always gracious,
 Still finds time to lend all an ear,
 But harboring such intellect
 How long can we keep her here?
 My concern, with such talents,
 This being an election year,
 which way does her horoscope slant?
 If we lose her to Washington, their gain
 A Southern, female President Grant!

Ellen Cheek Dozier

Editor's Note: The poem above was written and then read by Ellen Dozier at Lucy's 15th Anniversary Party. Due to technical difficulties, many of the people there were unable to hear it.

We are pleased to run it in this issue and are grateful for the opportunity to act on the poem's last line by announcing *The Forester's* official endorsement of a write-in vote for Lucy Grant for President on November 2.

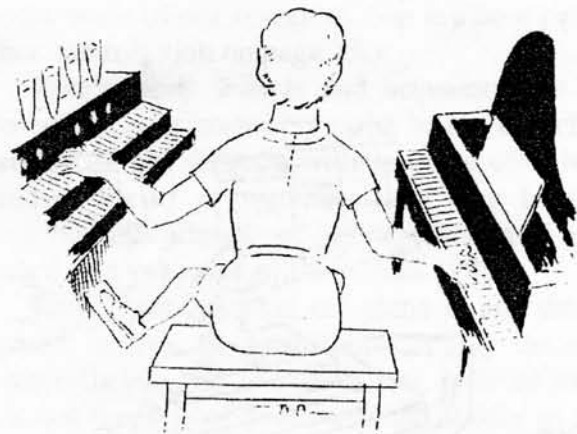
GARDENING COMPANIONS

Lizard, you are so intent,
 pinning me with icy stare.
 Yes or no? are we friends?
 Will you stay or zip away?

Baby snake, you make me quake.
 Scoot away, don't delay,
 Or I'll fetch my garden rake.

Bumble bee, there is a rumor
 that you're gentler than it seems.
 Why so angry? Why so gloomy?
 Don't you have a sense of humor?

Ruth Phelps



Ruth Phelps, organ, and piano

Quote

We are unworthy of such elegance.

Bud Parmentier

(Upon breakfasting in the newly renovated Café.)

Boating from Prague to Potsdam

Katharina von Bora, the wife of Martin Luther, is remembered today as a great hostess, able to give 60 people a good dinner without much notice. She is fitly remembered in the canal boat named for her that took our group of 60 from Prague to Berlin last May. Almost 300 feet long, with two living decks under an open deck for sun-bathing, she was a comfortable and pleasant home for a week. The food was superlative.

Over its long course, the Elbe falls some 4,000 feet before reaching the sea below Hamburg. The boat had to be made to fit many narrow locks and to go under many low bridges. Although it was too cold for much sunbathing, all of us were fascinated by the mechanism that lowered the captain's charthouse when we encountered a bridge. At the push of a button the charthouse lost half its height, the captain was left head and neck poking through a hole into the open air, with the upper half of the cabin around his shoulders. In this exposed position he could safely continue to steer the boat, at least in

dry weather.

When I first thought of making this trip, ten years ago, my colleagues advised me that the river was so polluted that any boat might melt. Since then the river has been cleaned up. Prague is, of course, one of the most beautiful cities in Europe. One evening we drove out to a castle belonging to Prince Lobkowitz, where we were able to see several floors filled with his lesser pictures - the best ones, and the Prince himself, are in his Prague house - and to listen to a charming concert of Dvorak's music before sitting down to a fine catered dinner. The composer had, as it happens, been born in a modest place at the bottom of the castle hill.

The countryside is beautiful, Raphael's Sistine Madonna is worth the trip to Dresden all by itself, and so is the delightful summer palace at Pillnitz six kilometers outside Dresden. Further downstream you can't see the door on which Luther nailed his 95 Theses, because it was destroyed in 1759, but you can see the kitchen where Katharina cooked her wonderful dinners.

Potsdam and Berlin were quite impressive. There are quite a number of interesting new buildings, and the older ones have been restored with great care. Berlin museums are among the best in the world. I was lucky enough to see a fine performance of *Giselle* at the *Staatsoper* one evening, and a delightful rendition of *The Magic Flute* the next. Culturally, central Europe has a lot going for it.

But there is a darker side to the story. The waiters in Prague restaurants work 12 or 13 hour shifts, six days a week, and with 20% unemployment they are happy to do so. On the canal boat it is a seven-day week, for ten months of the year, with a three-hour turnaround between dropping off one group and greeting the next. Fifteen years after the end of socialism, and despite one trillion dollars in pump-priming gifts from West Germany, central Europe is still poor and poorly. East Germany, including Berlin, continues to lose population and to operate at a loss. The other provinces are beginning to rebel at having to pay for three separate opera

(Continued on page 17)



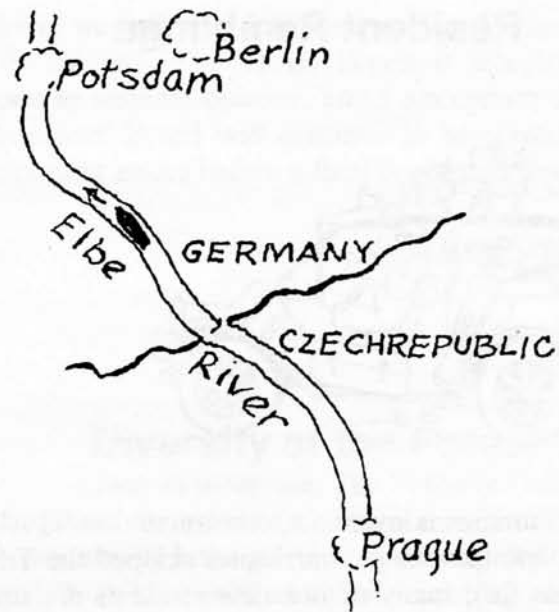
(Continued from page 16)

companies in Berlin. But the East does not have much to offer except for culture. Of course there is Meissen porcelain. It was fascinating to go through the Meissen factory and watch the workers put together the different pieces. But porcelain was invented there a long time ago, in 1708, and nothing much has happened since. Three centuries later it remains a handicraft, with prohibitive costs. At \$250 and way, way up for a teacup there were few buyers in our group of prosperous Stanford alumni.

Perhaps we are impatient. Fifteen years is not a long time. The Elbe lands are still agricultural, and too far north to produce a good wine. Given their socialist tradition, and their feudal tradition that preceded it, few entrepreneurs can be expected right away. One of the most notable is Prince Lobkowitz himself, who now seems to own much of the action. At fourteen, when we were at boarding school together, he was a haughty boy who seemed to expect that we would all address him with the correct *Durchlaucht* rather than by his last name. When the communist bloc fell, the old aristocrats got their estates back, and he has done very well by growing wine. It might have been better for the region to give the former owners bonds, and to let the people who had been in occupation of the land for more than forty years continue where they were. The success of one prince, admirable in itself, discourages ten other people and promotes a return to the passive obedience of the bad old days.

For the future, princes, tourism and sour wine are not enough. Central Europe must not give way to a new feudalism. It will have to develop many new groups of energetic men and women and, with the aid of the European Union, build a more democratic and prosperous region. At present it is a great place to visit, but you wouldn't want to live there.

Stephen Baxter



Time Goes By

Too long a time has passed and no shooting
stars streak the navy blue
sky.

On summer nights the on-and-off
lights of fireflies have vanished
and now there are no hollyhock
lanterns to make.

Sadly, most birds have migrated,
except the ubiquitous mocking bird
who has a large repertoire of
melodies.

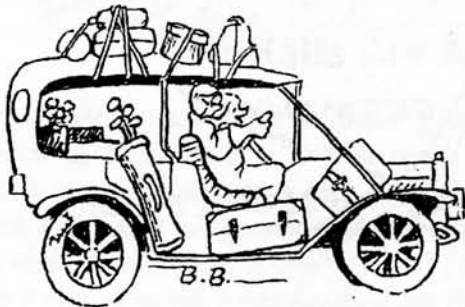
Crickets, cicadas and tree frogs no
longer fill the air waves with
unique wooing songs.

There's a quietude outside — except
when a wind or breeze unhitches
the leaves so they fall willy
nilly earthward. You can hear
the rustle of leaves when you
shuffle through them. The
delicious fragrance of brown
leaf envelops you.

It has been a long wait for the
nip of autumn air and the bluest of
blue October skies.

Florence C. Manning

Resident Ramblings



Summer is over. . . . construction at TFAD is complete (probably); hurricanes skipped the Triangle (so far); many of our new residents are unpacked and ready to go! All is well!

Some of our residents go north for the summer. This year they found cool, in some cases too cool, weather and plenty of rain. **Libby Getz** has returned from Michigan. **Mary Lewis** spent her vacation in New Hampshire. **Ruth Dillon** went to Russia with her daughter in June, and later to her summer home in New York State. **Ginny Putnam** visited her there and went on to call on other family members. **Bob Guy**, on his way home from Seattle, stopped at Rock Lake to help Ruth drive home. **Sally Sheehan** was also in New York State with her family.

Penelope Easton went to Alaska to participate again in a study project called "Changes in Life Style Among Native Elderly." **Paul and Ginny Bryan** traveled to New Mexico and heard all five productions mounted by the Santa Fe Opera Company.

Jarus and Peggy Quinn pulled a trailer through Ohio, Illinois, and Iowa distributing leftovers from their move here. Peggy is busy now teaching her DILR course "The Word According to Eve — A Discussion Group on Contemporary Issues for Women."

Jean Mason was in Door County, Wisconsin, with her step-daughter earlier this summer and this month is on a cruise of the Greek Islands. **Jennifer Bowes** visited family and friends in New

York and Boston. Steve Tuten took a group from the Forest to Washington, D. C. including **John and Sylvia McCormick, Don and Mary Ann Ruegg, Clare Eshelman, and Caroline Long.**

Art and Lois Watts did an Elderhostel in Toronto which they found very interesting. **Bill and Judy Louv** went to Cape Ann for a family gathering and later Judy went to California. **Frank and Dudley Sargent** traveled West and based in Las Vegas so that Frank could hike the Grand Canyon and Mesa National Park.

Steve Baxter was in Europe earlier this summer and will do a fall trip and cruise around the Greek Islands. **Lois Bateson and Eunice Grossman** made a flying trip to Tanglewood to hear a concert by Dave Brubeck. **Betty Gray** was in New York State for a reunion with her sisters, and this month she and **John** will be in Seattle to visit their daughter and to do an Elderhostel in Oregon, "Lewis and Clark on the Columbia River."

Some residents had Big Birthday Bashes!! **Carol Oettinger** celebrated hers at the beach with 29 members of her family. **John Setzer's** children and grand children came to help him blow out candles. **Don and Mary Ann Ruegg** had a large family group here to celebrate his birthday and also their 40th wedding anniversary. **Betty Lamar's** children took her to London for a birthday treat. **Ben and Bylee Massey** celebrated their 36th wedding anniversary.

During September, **Molly and Frank Simes** spent time between hurricanes at Wrightsville Beach. **Evebell Dunham** and Molly's sister were down for a visit too. **Ginny Jones** was in Cambridge MA with her oldest and youngest child and then went onto the Cape to vacation with more children and their families.

Hilda Remmers went to St. Louis to visit her mother-in-law and to attend a concert by Itzhak Perlman. **Sarah McCracken** and **Earl Davis** have returned from a cruise through the Maritime Provinces of Canada. **Bill and Harriet Fine** were in Denver for a family wedding.

Mary Gates

Library Notes

Welcome to the TFAD Library — especially our new residents. Our library is open around the clock on the honor system. A desk assistant is on duty mid-mornings and mid-afternoons to explain and answer questions. Everything in our holdings has been donated by residents for the use of others. Of course, we receive materials after the donor has finished with them.

Many items can be checked out. For hard-cover books, sign the card (including your unit and the date) and leave it in the basket on the desk to be filed. The same for video tapes and CDs. The smaller audio tapes can be signed out in the notebook on the desk. We do not set due dates or charge fines, but everything should be returned in a timely manner so that others can use it. (Be sure to return the book covers also.) Newspapers and items on the big table should not leave the library; neither should reference materials which have no card. Magazines can be taken out, but not kept long! The Residents' Association does have a copy machine in the back room (10 cents per page.)

The large collections of paperback books in the classroom and copy room (mysteries, fiction, romance, biographies, westerns, non-fiction, etc.) can be taken without signing them out, but they should be returned when finished.

We welcome donations of current magazines (no collections!) Just lay them on the front desk with their covers intact. (If you wish to remove your name, please use a black marker or clip it out neatly.) Library assistants will decide which magazines to put on our rack or send out to go to the Veterans Hospital. Some of them can go down to Health Care.

Note that we have books in many fields. For a listing, see the list posted above the VisualTek machine to find the shelf locations. (We cannot maintain a card catalog.) For instance, sports fans will find many items of interest in Section 22. Bird lovers should check Section 36, and flower gardeners, Section 37. We are adding a new category at the bottom of Section 37: Native Americans. Our

largest collections are fiction and mysteries, and we have a great many biographies also. The copier room holds many puzzles, which can be checked out in their special file box, plus religion and inspiration books, drama, genealogy, non-fiction paperbacks, and the Great Books set. Drivers' Handbooks are there too.

Our newest additions are DVDs. We welcome contributions of the latest editions of this new way to watch videos.

The library's computer is open for the use of anyone familiar with a computer. Julia Chu is available for assistance on Friday mornings. The Durham County Library Catalog can be accessed at www.durhamcountylibrary.org. If the County Library has a book you need, you can call to have it delivered here on the OASIS program on Thursdays twice a month. .

Persons who have difficulty seeing are grateful for our growing collection of large print books on the "island" in the middle of the main room, or our other growing collection of audio books in the classroom. (Sometimes a meeting there limits availability of the classroom.)

Now that you are retired, enjoy not only the fun but the mental stimulation of reading!

Mary Ruth Miller



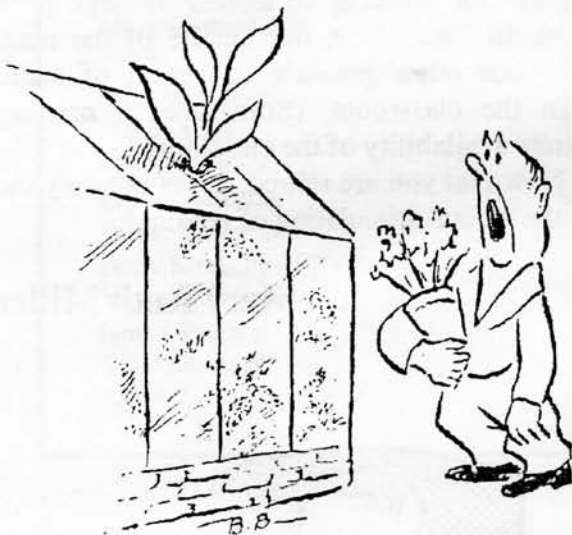
Growing Pains

Here is your report on what has been happening this fall in the gardening department.

Greenhouse. Now is the time plants that have been outside will be coming to the greenhouse for the winter. Please follow this procedure.

1. Spray for insect pests.
2. Put your name on a white plastic marker you will find on the shelf to the right inside the greenhouse door and stick it into the plant.
3. Leave the plant on the bench to the left of the door.

The Committee will inspect the plant and put it in a proper place. Please remember to give your plants all the attention they need while in the greenhouse. The rules posted at the entrance say that no



annuals, hibiscus or lantana can be accepted.

Landscaping. By the time you read this, the fertilizing and reseeding should be complete. Chad and Mike ask that cottage residents keep their newly seeded areas moist. (That has not been one of our problems this summer!) Some new cottage residents may wish to make some changes in their landscaping. The rules for doing so are in the *Resi-*

dent Handbook. Any new landscaping plan should be submitted to the landscaping committee through the maintenance department.

Our landscaping crew will be busy repairing the damage caused by some of the heavy equipment used by the construction people. The summer annuals will be replaced by violas which hold up better than pansies.

Rose Garden. For over 10 years Bess Bowditch has been the faithful chairman of the rose committee. She is retiring and we all thank her for a job very well done. Our new chairman will be Shirley Buckley. See her if you want to help with our roses.

Flower Arrangers. Bess Bowditch has also been in charge of scheduling the "flower girls" that take their turn at doing the arrangements for the count-me-in table and the foyer to the dining room. We all enjoy their work that ends this month. Our thanks to the following:

Jenn Van Brunt	Hazel Scheblik	Ginna Frank
Ginny Putnam	Ruth Patterson	Shirley Buckley
Jean Mason	Betty Gray	Evebell Dunham
Mary Gates	Minnie Mae Franklin	Hope Lacy
Margie Burns	Jill Moyer	Sarah McCracken
Terry Bronfenbrenner	Anna Louse Spigener	
Joyce Albrecht	June Northwood	Lois Bateson

Garden Plots. Now is the time to clean up your garden plots. Dead vegetation harbors insects. Please let Frank Melpolder know if you want a new plot next spring or if you wish to give up the plot you are currently using.

Betty Niles Gray