

THE FORESTER



A Newsletter by and for the Residents of The Forest at Duke

Volume 6 Issue 1

October

1999

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"This issue of the Forester starts us on a new season at TFAD."

STEVE FISHLER CHARTS COURSE FOR NEW YEAR

Executive Director Steve Fishler is spending time these autumn days thinking about the Forest's future, particularly its eighth year, upon which he and all of us have just embarked. What



is the outlook? In a word, optimistic. It should be a good, progressive year,

he believes.

A major factor in making it so will be the developing relationship between the Director and the new slate of officers in the resident government, and Steve is planning to make that relationship a key element in the year's work.

Communication is the key word here, he says, and he plans to communicate.

Foremost on the agenda is bringing the planning for our new assisted living units to the point of actual construction. Under present schedules, groundbreaking should take place in early fall next year, and a year or so later, depending on whether construction moves on schedule, forty new units for assisted living of various kinds, including special care components, will be opened.

Steve and the new Association officers will also be discussing changes in parts of the Community Center, particularly the Café and its possible enlargement.

There will also be a continuing evaluation of the Forest's contributions to the community, as required by law for non-profit organizations. Our rec-

(Continued on page 2)

PRESIDENT'S CORNER

HAIL AND FAREWELL

This issue of the Forester starts us on a new season at TFAD. Most of us sur-



vived the long, hot, dry summer only to confront deluges of rain from Dennis

and Floyd. Staff and residents alike, remembering Fran, geared up for Floyd. The

cooperation and hard work paid off, and we all realized how fortunate we were when we saw pictures of the floods in Eastern Carolina.

The management team has spent many hours developing the outline of the new assisted living building. The Long Range Planning Committee also visited a number of other places to gather data on what was worth noting and what should be avoided in our planning. The preliminary plans, which were displayed at the September 27th meeting, impressed most of those attending. Your opinions about it are important. Please contribute them in writing while they can be considered. We all want

(Continued on page 2)

The Forester

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Marjorie & George Chandler, Ellen Dozier, Libby Getz, Pauline Gratz, Jean Weil, Dorothy Zutant.

Art&Word Puzzle:.....Bob Blake
Photographer:Ed Albrecht
Publishing Assistants: Bess Bowditch,
Jane Jones, Carolyn & Bloss Vail, Dorothy
Zutant, Ellen Dozier, Molly Simes, Marion
Bender, Helen Corbett, Ruth Dillon

LETTERS TO THE EDITOR

KUDOS

Congratulations to M. E. Stewart and her team for contributing 24 knitted afghans for the pediatric wards at DUMC this past summer.

This is part of the Linus project, a national effort to provide security blankets and lap robes for youngsters on extended hospital stays. When the young patients are discharged, they get to take their comforting blankets home.

Working on the project were Helen Albrecht, Bess Bowditch, Cay Callaway, Rena Graham, Jane Jones, Dot Kornegay, Fran Rosenthal, Dot Schoenhut, Molly Simes, Berniece Stecker and Donna Wrenn.

-- Jane Jones

(Continued from page 1--Presidents Corner)

this building to be one that is desirable to live in and efficient to operate.

Our Association lost a vital member this month. Bert Dube, as Chairman of the By-laws Committee, was instrumental in the development of our By-laws and spent hours in the process of the incorporation of the Residents Association. His advice and counsel will be missed very much.

The slate for the new officers is a very good one. Other nominations can be made at the Meet the

Candidates meeting on October 4th. As my term nears its end, I wish to thank everyone who helped to meet the challenges of the past two years. This includes the Residents Association Board, its committees, and all the others whose time and talents have combined to make this a fine community. Your efforts helped us to meet problems and to solve them in generally positive ways. I hope we all can continue to work together in the years to come.

-- Peg Lewis

(Continued from page 1--Steve Fishler)

ord is already excellent in this area; Steve hopes to make it even better. Our outpouring of contributions for flood relief in the wake of Hurricane Floyd is especially outstanding, he said.

In a somewhat similar manner, Steve plans to devise ways that will increase the already high morale of our staff, which he called outstanding, as residents will agree. One way to achieve that goal is to develop further what is already being done to promote employee education goals through financial help. Such funding is already part of our budget, and some residents have contributed through estate planning. Steve will consult with Association officers on ways to improve this program as part of larger planning to maintain and even increase the high level of staff morale we already enjoy. All this may possibly be worked out through a joint resident-staff committee.

Finally, there will be discussions involving Steve and both boards about the future of the five-acre buffer zone that separates the Forest from the adjoining westward property. The Big Board had decided earlier that it should be just that, a buffer, but since then there have been questions from several quarters as to whether that should be a permanent policy, and whether at some point the property might find a better use as part of the Forest's future development planning. This is likely to be the subject of continuing discussion during the coming year.

These are far from being all the problems that Steve and our board will have to face and solve this year, but they'll do for a start, Steve says. And solutions, he's certain, will be found.

-- John Tebbel

POETRY CORNER

CHOICE

The murky waters of politics
Are beginning to boil again;
'tis the season when barbs take over
When name calling really kicks in.

Innuendoes are rampant and Digging goes back to day one; An indiscreet act as a youth Make good folk hesitate to run.

No one I know was always a saint Most learned by trial and error; So before you choose your candidate Look hard at that face in the mirror.

-ellen cheek dozier

THE "F" WORDS

Someone's talent might well be employed
To teach us how best to avoid
The havoc that's lef
By storms starting with "F,"
Such as hurricanes called "Fran" or "Floyd."

--George Chandler

OUR FAMILY

All together one and all
All loving from wall to wall
Some short, some tall
All a family one and all
All one family with lots of care
All one family with lots of love,
All a family, all together
All a family through tough weather
And All!

Submitted by Jennie Ruddell, as written by her 11-year-old niece -

POETIC LICENSE

CARPET LEAVES

Have you ever considered those carpet leaves,
The ones underfoot in the hall?
Do they make you think of the forest leaves
That drop from the trees in the fall?

But they also have a skeletal look, As they lie there flat and spare, Like fish bones cleaned by fastidious cats, And dried by the chill night air.

With their one-dimensional, abstract shapes,
And their darkly muted tones,
They remind me most of fossil leaves
Imprinted on ancient stones.

--George Chandler

WHEN WINTER COMES

When winter's grip gets a tight hold
Expels ninety-nine's record heat,
Shade trees have shed their withered leaves
Placed them brown and crisp under feet;
Snug in my lair, thoughts may return
To summer's torrid days and nights,
Even though rough hands and chapped lips
Have replaced pesky insect bites;
Sipping hot cider from a mug,
Nestled in afghan on my chaise,
I trust I can finally forget
Those hazy, crazy, sizzling days.

--ellen cheek dozier '99

Second Thoughts on "Shakespeare in Love"

It was my pleasure at the August meeting



of the 2701 Club to offer some speculation about the origins of the film "Shakespeare in Love," script by Marc Norman and Tom Stoppard. Since then I have discovered more than I had expected to; I should like to share that discovery

with you.

It is common knowledge in England that there are many detailed similarities between "Shakespeare in Love" and a farcical historical novel, No Bed for Bacon, written by the comic novelists, Caryl Brahms and S. J. Simon, first published in 1941 and reprinted many times. It treats of theatrical life and rivalry in the period of the first Elizabeth. Prominent in it are Queen Elizabeth, Shakespeare, Philip Henslowe, Edward Alleyn, and Francis Bacon (who asks Shakespeare to help him in the writing of his Essays!). There is also in it a well-born young



lady who disguises herself as a boy to act in plays. Her name is Viola.

But there are three details in the novel that strike me as being unquestionably the source of

comparable passages in the film. When first we

meet Shakespeare, he is at his desk, scribbling away, trying out the various spellings of his name. Another example: at the end of the novel, after Shakespeare has discovered that the young actor is a girl, he sends her away.

Broken-hearted, Viola says, "You have never loved me.... you have never so much as written a single sonnet to me." She leaves; Shakespeare begins to write. The novel ends with the first line of Sonnet XVIII, "Shall I compare thee to a summer's day?"

In the most telling of these parallels, Sir Walter Raleigh, depicted in the novel as a man much concerned with the novelty and the richness of his clothing, meets a fat sailor, fresh in from exotic lands who offers him rare goods. "The sailor . . . was wrapped all round with plum-coloured plush. . . . [He] began to unwind himself while Raleigh lovingly gathered in the rich material. . . . and with the air of one who takes his loved one to him, bore [it] . . . away into the night." This episode is superbly transformed in the film into the unwinding of Viola, after which Shakespeare takes his loved one to him. Such transmutation is the work of genius.

In the novel, one of the actors says to Henslowe: "A good author with a ready line and the wit to select [what] is popular in someone else's work and mould it why, he's almost worth the money you pay him." The authors of "Shakespeare in Love" have moulded someone else's work and are being, no doubt, well paid for it.

-- George Williams

You're Hired

Reaching the end of a job interview, the Human Resources Person asked a young engineer, fresh out of MIT, "and what starting salary were you looking for?"

The engineer said, "in the neighborhood of \$125,000 a year, depending on the benefits package."

The interviewer said, "well, what would

you say to a package of 5-weeks vacation, 14 paid holidays, full medical and dental, company matching retirement fund to 50% of salary, and a company car leased every two years, say, a red Corvette?"

The engineer sat up straight and said "WOW! Are you kidding?" and the interviewer said, "yeah, but you started it".

How was your summer?



CHAUTAUQUA, NOW!

What a wonderful week I had in Chautauqua –gorgeous weather, only one storm.

As you may know, Chautauqua Institution was founded 125 years ago as a non-profit organization. Each year it presents a wide variety of programs that are scheduled for some eight weeks in the summer. My friend and I had a small, comfortable apartment in a charming, old building, from which we sallied forth each day to enjoy the splendidly diverse fare offered. No cars, but free buses circulated every 20 minutes.

Some of the exciting programs we attended and enjoyed included the Chautauqua Symphony Orchestra performing symphonic, choral, and operatic masterpieces; a study in contrast, "Evening of the Pas de Deux" presented ballet in the Russian classical tradition, and then dance in the style of Martha Graham; a lecture," Thomas Jefferson and the New Nation," was given in an open-air building designed after the Parthenon; Robert Pinsky, U.S. Poet Laureate, on the "Sounds of Poetry;" a talk on Islamic art by HRH Prince Wijdan Ali of Jordan.

The WCTU (it too is 125 years old) had its annual meeting here. My friend and I remembered our great-grandmothers and grandmothers attending these meetings. Following the talk on alcohol and other indulgences which have been added to its program, the women dressed in those big hats, guimpes, long white skirts and joined in

the tennis games that the Women's Club was sponsoring. What a picture! Making fun of themselves was delightful.

The entire place is a kaleidoscope of activity with colorful sights and sounds. Streaming along the lanes and byways were bicycles, baby carriages, dogs, runners, vacation strollers. Also, in full



swing were swimming, boat races, walks with naturalists, tennis lessons, stories for children, crafts classes, and band

concerts. Rap sessions for young adults took place in their special building, and religious groups in their own separate buildings had services and offered consultation.

Fresh vegetables and fruit could be purchased at the early Farmer's Market, and at the Refectory one could buy the very best hot dogs, hamburgers, and pizza. And ice cream! One dollar for a scoop, cone, or cup. And did those hungry vacationers stand in line - no better fare!

A spectacular ending for our week of planned entertainment was the appearance of Natalie Cole, resplendent in her "diamond" pants and sparkly top. Accompanied by her 17-piece band, she sang beautifully for a hour and a half.

Would I go again? You bet!
-Eleanor Kinney

WHAT DID I DO THIS PAST SUMMER?

I hopped around New England and New. York enjoying my friends, a cooler climate, and a few weeks with no responsibilities.

Maine offered me lots of surf and tides; lobster and crabs, of course; shopping for Maine products; and birch and pine trees galore!

A two-night stay in Woodstock, Vt., was a treat. I loved the quaint stores, wonderful restaurants, the charm of the old trees, gardens,

well-kept New England homes. What a lovely town!

Then to the Adirondack Mountains with loons, deer, bears, and magnificent sunsets - all seen from a charming great camp on Racquette Lake.

Next stop was in central New York, my old stomping grounds, where I renewed friendships and associations, and was renewed myself.

It was a most satisfactory trip.

-- Ginny Putnam

CLIPPINGS

Most residents who spent the summer away have returned - the Getzes and Kents from Michigan, Julia Lewis and Dorothy Bone from Vermont, the Blackmans from Lake Erie, and the Nances, Bernards and Lamars from the North Carolina mountains. Jenn Van Brunt and Ginny Putnam visited the McKays in Maine and Ruth Dillon in the Adirondacks. Helen Corbett was there, too. Bernie and Marion Bender toured the National Parks. Both the Vanns and the Beaches had to return from their trips early due to health problems. Bob and June Northwood and Nancy Sokal treated their families to cruises to Alaska, while Terry Bronfenbrenner, Priscilla Squire, and the Rueggs, Whittles, and Corlisses accompanied Steve Tuten to that north country. Not only at the Forest but also in Guatemala City last July, Caroline Long had book signings for her charming "The Bells of Antigua." John and Betty Gray made trips to Santa Fe and Canada with a cruise to the Mediterranean in between. Now they are off to Seattle. On a barge trip in East Anglia are Phil Sellers, Sarah McCracken, Jane Curry, Jenn Van Brunt, Jean Mason, the Rueggs and the Owens. Nancy Sokal is snorkeling among the islands near Guadalcanal. Azalea and I missed some of the goings and comings, but we remember hearing that Chris Hamlet vacationed in the Rockies, Bernard Peach was in Seattle, and Julia Negley made a couple of opera trips. The

Dunhams and **Simeses** had to evacuate twice from their stay stay at Wrightsville Beach due to Hurricanes Dennis and Floyd....Hard at work now on the Jerry's Dolls project are Rena Graham, Berniece Stecker, and Dot Heroy. P.J Burns, along with Lou Swanson, Bruce Burns, Phil Eshelman, Chuck Fields, Julian Price, Hank McKay and Art Watts, have started the wooden car and trucks project in the Workshop....Helen Corbett watched a blue heron land by our pond in mid-September. Did others see it?...Jean Wolpert received 11 catalogs in one mail delivery! Rose had only nine....Congratulations to Bernie Bender, Helen Albrecht, Lib Kern and Earl Davis for their Volunteer awards....Drivers travelling north on Route 751 (Academy Road): be ever so careful when making the turn onto Pickett Road. Oncoming cars can be hidden in the depression before the rise to the corner. We know! -- Rose and Azalea Bush

Speaking of F's!

A quick test of intelligence Read this sentence:

FINISHED FILES ARE THE RE-SULT OF YEARS OF SCIENTIF-IC STUDY COMBINED WITH THE EXPERIENCE OF YEARS.

Now count the F's in that sentence. (for the answer, see page 7)

ALL THIS AND HATTERAS, TOO

Our family gathering at the beach in July included six children, four spouses, 11 grandchildren and one boyfriend. With Granny we counted off to 23. We needed two cottages to hold us all at Hatteras Island.

Lots of sun, water, beach walks were interspersed by intense Scrabble games, jigsaw puzzles, and charades. A high spot was reached with our visit to watch the Hatteras Lighthouse being moved. The crowds were handled efficiently

by the Park Service, and the logistics were amazing.

Huge machines maneuvered tracks and platforms with a hard working crew (in broiling sun) guiding the five-feet-at-a-clip procedure. Yes, such a major project is possible. It is said if you missed it, come back in 20 years when it will have to be moved again.

--Virginia Jones



FORESTER PROFILE

LEE ANN BAILEY: SOCIAL WORKER

That new and attractive face in the office next to Jim Thompson's belongs to Lee Ann Bailey, our new social worker, who came to the Forest last month, succeeding Christine Milburn.

Lee Ann is a home girl, as we say in the vernacular, born and raised in the Garner area, one of a close-knit family of five. Educated in local schools, she went to Appalachian State University, in Boone, where she took a Bachelor of Social Work degree.

How did she happen to choose social work? "It seemed inevitable," Lee Ann says. "I was family-oriented and involved in problem solving since I can remember." In 1988, she was one of the first to earn a Social Work degree at Appalachian.

After working briefly with Wake Social Services, she came to Rex Hospital, where she was a member of its staff of medical social workers. It was there that she made a new friend, our Leslie Jarema, who would eventually persuade her to come to the Forest. Leslie, in fact, became her boss at her next job, a long-term facility in North Raleigh. All told, these two women have worked together for ten years. Lee Ann returned to Rex in 1996 and was there until last month, when Leslie persuaded her to apply for the job vacated by Christine. Lee Ann had already visited the Forest three years ago.

Still family-oriented, Lee Ann lives nearby in an apartment she shares with her beloved orange tabby cat Chels. Weekends she has a part-time job in a costume jewelry store called Imposters, in Crabtree Valley Mall. She spends as much time as she can with her family, especially her favorite niece, one-and-a-half year old Taylor. If there's any time left over, she likes to read.

In her new job, Lee Ann hopes to make more Foresters informed about what her office does, agreeing that those who aren't directly involved with it aren't quite sure. Stay tuned.

-- John Tebbel

UPDATE ON THE FOREST ENCORE STORE

The purpose of the Forest Encore Store, sponsored by The Forest at Duke and operated by a committee of the Residents Association, is to provide for the welfare of the residents of the Forest by the resale of home furnishings in good condition.

- Donations may be made by contacting committee chairperson Deborah Carey, 493-9255.
- Only home furnishings in good condition will be accepted. The committee may accept or refuse items offered and will set the resale price.
- The store is for residents and staff members only.

• Income from store sales goes to the Benevolent Fund of The Forest at Duke, which makes your donations tax-deductible. You will be given a receipt for donated items, and the Finance Director will send you a letter for your tax file, listing the items and the date donated.

ANSWER:

There are six F's in the sentence.

A person of average intelligence finds three of them. If you spotted four, you're above average. If you got five, you can turn your nose at most anybody.

If you caught six, you are a genius

There is no catch. Many people forget the "of's'. The human brain tends to see them as V's and not F's.

Pretty weird, huh?

We welcome these new residents to The Forest



George & Harriet Williams #2007 489-4176

Former Duke English Department chairman, Prof. Williams entertained us in August with his lecture on the film "Shakespeare in Love" shortly after he and Harriet arrived at The Forest. Although they have lived in Durham for many yearsf they remain loyal to their roots in Charleston, SC. Harriet served as librarian at Durham Academy, and they have two sons and a daughter. With frequent stays in Charleston and London, they may not be around the halls of The Forest often.



Ann Barlow #66 493-1630

Anne Barlow was born in Easley, S. C., and has lived in Durham since 1954 where she taught English literature at Durham Academy. She volunteers Monday, Wednesday, and Friday at Duke Medical Center and at Caring House on Saturday. Anne is the mother of a daughter and a son, and grandmother of four, including twin granddaughters.



Peter Robinson 3018 493-5877

Peter Robinson was born in Mendham, NJ and grew up in Cooleemee, NC. He has lived all over NC.

He has five children and two grandchildren, all live in Raleigh.

He claims he worked on newspapers for four years and got so much sermon material that he went into the ministry.

His hobbies are the theater, humanities lectures at UNC and creative writing.



Mattigene Holcomb 2043 403-3392

Mattigene Holcomb comes to TFAD from Charlotte, N.C., where she lived for 17 years. A graduate of the University of Kentucky, she has lived in many parts of the United States including El Paso, Texas, Saginaw, Michigan, White Plains, N.Y., Bucks County, Pa., Sarasota, Fl., and other points South and Midwest. The mother of two sons and a daughter, Mattigene's hobby is collecting handmade miniature furniture for children.



BOOK NOTES

Another fall season, another two thousand or so trade titles, and is there anything out there worth reading? Depends on your taste, of course, but there seems to be something for everyone. Here are a few titles that might amuse Foresters, all published this month.

Not many academic historians are able to make the past come alive so vividly that it reads like fiction, but Charles Royster, a history



professor at Louisiana State
University, does just that with "The
Fabulous History of the Dismal
Swamp Company: A Story of
George Washington's Times."
Most of us have driven through the
Dismal Swamp, on the VirginiaNorth Carolina border, but not

everybody knows that it was once the subject of a get-rich-quick scheme, devised by Washington, Patrick Henry, Jefferson, and the two William Byrds. The company they formed meant to drain and develop the Swamp on a grand scale. The result makes Whitewater look amateurish. This elegant, entertaining account of a little known event, often hilarious, is a slice of early America, an intimate view of Virginia society from colonial times to the 1830's.

Here's the original "there goes the neighborhood" story – Joe Coomer's vastly entertaining new novel, "Apologizing to Dogs." The neighborhood here is a dead-end street of fading antique shops in Fort Worth, where seventeen oddball neighbors and a stray dog



explode on an October day in 1986 as a violent storm approaches. In the resulting melee, 35 years of secrets emerge amid fire, flood, birth, death, and the revelation of hidden affairs.

Coomer's style is fast-paced and buoyant. It may not be great

literature, but as they used to say, it's a barrel of fun.

Forget "ER" and "Chicago Hope." Forget,

too, for a moment, the real-life stories we hear every day. Here's a doctor who's telling us what really goes on in the Emergency Room. This is



not just a collection of cases, odd and otherwise, but a personal journey as Dr. Frank Huyler gives us "The Blood of Strangers: Stories from Emergency Medicine." It's a short book, only 160 pages, but as one advance reviewer says, these are "haunting

and exquisitely observed" tales. It's also a story of Huyler's personal journey as he observes his colleagues and patients. What is it like to hold a murderer's beating heart in your hands? Huyler tells you. He's not only a fine doctor but a real writer.

Here's Neil Simon again, better than ever, continuing his life story that began with "Brighton



Beach." Like its predecessor, it's a memoir that is at once hauntingly sad and funny. It begins in 1973, on the day after he buried his first wife, who died of cancer, and describes the years of depression that followed until he married Marsha

Mason, a union that lasted nine years, ending in new depression. His great successes were still ahead. If all this sounds pretty depressing, too, don't worry. Simon is a superb story teller, and the story he tells here is exhilarating even in its darkest moments.

If you haven't discovered Isabel Allende by this time, a good place to begin would be her



sprawling new historical novel, "Daughter of Fortune," set in California at the time of the Gold Rush, and blending the cultures of England, China, America, and her own Chile in a mix illuminated by her marvelous style. She is surely one of the best writers of our time.

-- John Tebbel

...

HERE'S TO YOUR HEALTH

Autumn is upon us and for many people it brings a seasonal allergic rhinitis called hay fever. Hay fever is a catch-all name for an allergic response brought on by spores emitted by molds, and pollen emitted by grass, trees, and weeds. In the fall in most of the country, the culprit is ragweed.

In the allergic reaction to ragweed, the tiny pollen particles slip past the cilia (nasal hairs) in the nose and bind to a class of antibodies in the nasal



mucosa called IgE. This binding triggers the breakdown of immune cells called mast cells. When that happens, out pour histamines which cause small blood vessels to swell up and leak. The fluid that leaks out causes the nasal passages to swell and become

congested. Histamines also act on nerves, causing itching and irritation. What the hay fever sufferer experiences is sneezing, watery eyes, and a stuffed or runny nose.

Avoidance is one hay fever strategy. It is easy to keep track of pollen counts which are published daily in newspapers. When the pollen count is high, stay indoors. Dry, windy days are usually high pollen days. Rainy days will be more comfortable.

Over-the-counter antihistamines for hay fever such as Benadryl, Clor-Trimeton, Tavist-1, and their generic equivalents have been available for years. The drugs relieve the standard hay fever symptoms, but they also tend to make a significant number of people drowsy. The sedating effect can be turned to an advantage by taking the antihistamine before bedtime.

A second generation of antihistamines became available several years ago. The molecular structure of Allegra and Claritin make them less able to get into the brain than the older antihistamines, and for some people this means less drowsiness. But the newer drugs sold by prescription are very expensive. According to a recent article in the Harvard Health Letter, Claritin

costs about two and a half times as much as Clor-Trimeton.

An altogether different approach to hay fever is the use of prescription nasal sprays, such as Flonase, Nasacort, and Rhinocort. They contain the same kind of corticosteroids that are used in oral inhalers used by asthma sufferers. The corticosteroids in the nasal sprays are a much lower dose than in the oral inhaler. Nasal spray corticosteroids must be used carefully to avoid nasal irritation and bleeding. According to the Harvard Health Letter, the expense of nasal sprays falls between the older and newer antihistamines.

Experts have encouraged nasal spray use as an effective treatment for a long time, but they have been slow to catch on. One reason may be fear of steroids. Another is that people are more accustomed to drugs in pill form. Nasal sprays work by reducing the production of prostaglandins and therefore have an anti-inflammatory effect. Like antihistamines, topical corticosteroids can relieve congestion if taken before the onset of symptoms. The risk of systemic side effects with the use of topical corticosteroids is minimal.

-- Pauline Gratz

In Memoria	ım
Owen Wrenn	6/21/99
Margaret Mims	6/25/99
Robert Frank	7/2/99
Amby Peach	7/3/99
Elizabeth Persons	7/8/99
Howard Stelle	7/26/99
Elsie Roseborough	8/9/99
George Harrell	8/26/99
Arthur Ferguson	9/3/99
Melba Wright	9/13/99
Margaret Ball	9/14/99
William Beel	9/19/99
Bertram Dube	9/23/99

UPDATE YOUR TELEPHONE DIRECTORY

Cut along the dotted line and tape to the back page of your directory.

Name	Unit	Tel
Barlow, Ann	66	493-1630
Beach, Norton & Frances	13	403-8015
Bowes, Jennifer	4051	490-6703
Bremer, Marie	3041	403-9257
Colver, Robert & Lela	2003	489-2895
Curless, Gretchen	2048	419-1803
Geary, Marion	2005	493-3939
Holcomb, Mattie	2043	403-3392
Holmin, Lorrie	3021	490-1273
Jones, Virginia	42	490-8463
Magat, Gene & Phyllis	75	489-4127
Marti, Shirley	3032	402-1878
Moyer, Robert & Ellen	2012	402-0980
Naylor, Aubrey	2018	489-4363
Patton, Marion	3016	419-0406
Robinson, Peter	3018	493-5877
Sheehan, Sally	2025	402-0058
Shoenfeld, Joseph	80	489-7061
Smith, Grover & Barbara	2	493-4828
Smith, Margaret	2001	489-2642
Sokal, Nancy	3001	489-9696
Stoneman, Miriam	3049	490-7979
Wadsworth, Martha	70	489-4794
Williams, George & Harriet	2007	489-4176
Willis, Betty	3033	403-2002

Did you know?

FINISHED WITH YOUR MAGAZINES?

Our library welcomes copies of all magazines when you are through with them. Many are tucked into the revolving magazine rack for others to enjoy.

When we are finished with them, they are donated (bundled and tied) to the Veterans Hospital and Duke Medical Center for waiting rooms and patient carts.

LOST KEYS?

If you find someone's misplaced keys (it happens!) please take them to the Reception Desk. That's the place to check if you think you've lost yours outside your apartment or cottage.

Volunteers Brighten Lives

We would like to establish a file listing our contributions to the surrounding communities. These contributions should relate to volunteer work with non-profit organizations.

Please list all volunteer work you are currently doing and return this listing to in-house box 38. This form will appear periodically and can also be used to remove your name when you leave a task. Fill out information and draw a line through it to remove name.

NAME				
Name of Organization	Location (community)	Dep't (if applicable)	Days/wk	Hrs/day
		100		
Ya				

Bob Blake's

PUZZLE

Each word below can be found by either reading up, down, forward, backward or diagonally

E	G	A	G	G	U	L	- 1	T	5	0	Н	R	E	D	L	E	M
G	F	G	D	E	C	N	A	D	H	F	D	1	E	Α	T	0	L
N	N	N	S	K	0	0	В	W	0	0	A	C	K	T	V	1	D
1	0	1	Y	L	1	M	A	F	W	H	В	E	1	1	Α	H	E
l	l	H	Y	S	J	L	R	L	E	L	J	В	E	S	N	K	Y
K	T	S	R	R	K	1	K	0	R	L	U	S	Y	1	U	G	0
S	Α	l	D	1	E	R	J	G	S	0	V	F	Q	V	J	M	J
T	С	F	N	N	F	H	A	D	0	0	G	S	T	G	X	L	N
N	A	G	D	E	W	E	T	P	Y	C	J	D	K	N	L	D	E
Α	٧	S	P	٧	D	E	×	Α	L	E	R	R	F	1	E	Н	J
R	Y	Q	1	U	W	T	G	J	E	A	S	A	H	P	K	V	N
U	D	E	H	0	0	E	L	В	V	W	N	C	P	M	Q	A	E
Α	U	T	S	S	N	N	E	K	1	J	R	0	H	Α	E	C	S
T	0	U	R	1	S	T	T	M	L	R	H	0	1	C	F	A	M
S	L	V	Y	А	U	T	0	Н	Z	S	D	K	0	T	K	В	R
E	С	T	Α	E	1	R	H	F	0	R	E	S	T	P	Α	1	0
R	L	E	T	0	M	N	C	E	F	1	L	D	L	1	W	N	Т
K	L	U	F	1	T	U	A	Ε	В	D	E	L	В	M	A	G	S

BAD	DRY	GOOD	NATIONAL PARKS	SOUVENIRS
BEAUTIFUL	EAT	HIKING	OCEAN	STORMS
BIRDS	ELDERHOSTIL	HOBBY	POOR WEATHER	SWIM
BOOKS	ENJOYED	НОТ	RELAXED	TENT
CABIN	EVENTFUL	HOTEL	RESTAURANTS	TOURIST
CAMPING	FAMILY	LAKE	SAIL	TRAIN
CARDS	FISHING	LIVELY	SHIP	VACATION
CLOUDY	FOREST	LUGGAGE	SHOPPED	VISIT
COOL	FRIENDS	MOTEL	SHOWERS	VOYAGE
CRUISE	GAMBLED	MOVIES	SKIING	WALKING
DANCED	GOLF	MUSIC	SNOW	WET
				WILDLIFE

HOW WAS THE SUMMER?