

THE FORESTER

Volume 3 Issue 9

December 1996

A Newsletter by and for the Residents of The Forest At Duke

NEWS FROM THE PIT

by Bill Goldthorp



As we approach the end of 1996, we should all be very proud of our effort on behalf of the United Way. Paul Wright, our very special chairman, reports that the final numbers show that TFAD residents contributed \$29,073, approximately \$3,000 more than last year. Paul asked me to pass along his personal thanks to all residents who made our United Way campaign such a success.

There has been some confusion and apprehension about how the emergency system works when you are experiencing a health problem in your apartment or cottage and you press the Alert Button. First of all, you must keep pressing it for ten seconds. Day or night, when you press that button, the alarm goes directly to the Olsen Center Charge Nurse, and also (most important) to our Security guards. When this alert is received, a guard is dispatched immediately to your apartment or cottage to stand by and keep Olsen informed that he is there and awaiting the Head Nurse's arrival. This entire procedure should happen within seven minutes. Kathy Crapo has advised me that there are, or soon will be, two Security guards on duty on the 11 p.m. to 7 a.m. shift.

See NEWS on page 8

DOLL PROJECT SCORES SUCCESS

Fifteen TFAD residents launched what they called the Doll Project last August 25th. When the results of their labors went on display in the Community Center this month, they were applauded for a heartwarming Christmastime success.

Under the direction of Jerry Button, they created 61 dolls in nine weeks. After being displayed in the Center the dolls were given for Christmas presents to six organizations: the Salvation Army, Durham Rescue Mission, Battered Women's House, Children With AIDS, Genesis House, and the Oxford Orphanage.

The dolls came from patterns in library books and were made in assembly-line fashion, requiring a variety of hand skills. Participants donated yarn, stuffing, lace, and dress material.

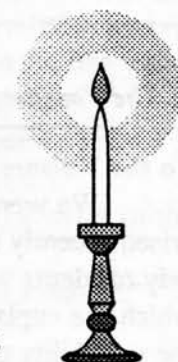
Members gave money to cover the basic costs. Peg Lewis and Aileen Schaller also gave donations to support the project. Participants included Terry Bronfenbrenner, Millie Campbell, Helen Corbett, Doris Fields, Lorene Hammial, Madeline Hawkins, Loma Young, Mary Raymond, Jean Melpolder, Mary Jones, Julia Chu, Hildur Blake, Helen Pratt, Marion Bender and Helen Stumpf.



The Holiday Candle

The candle is one of the oldest religious symbols stemming from two different traditions. On the one hand, the Hebrews used lamps to symbolize the presence of God in the Temple. To this day, an "eternal light" burns in every Jewish synagogue, to recall God's presence. And Hanukkah, the Jewish festival which occurs near the time of Christmas, is a "Feast of Lights," in which the lighting of the menorah with its seven or nine candles is a cherished tradition.

On the other hand, our pagan ancestors also celebrated around huge bonfires on December 21, the longest night of the year. The Druids carried torches to every home, symbolizing the returning sun which was not extinguished by the cold of winter. The Christmas candle weaves all these traditions into one: the need for light and warmth in the winter; the presence of God; and Christ, who is called "The Light of the World" and who was foretold as: "And the glory of thy people Israel." (Luke 2:32)



Merry Christmas!

The Forester

The newsletter of the Residents' Association of The Forest at Duke, Inc., 2701 Pickett Rd., Durham, NC 27705-5610.

Published monthly except July, August and September by and for the residents.

Publisher: Bob Dunham

Managing Editor: John Tebbel

Editorial Assistants:

Charlotte Cassels, George Chandler, Ellen Dozier, Evebell Dunham, Pauline Gratz, Florence Manning, Jean Weil, Woodchuck and Dorothy Zutant.

Art and Word Puzzles: Bob Blake

Photographer: Ed Albrecht

Publishing Assistants:

Bess Bowditch, Madeline Hawkins, Jane Jones and Carolyn Vail.

LETTERS TO THE EDITOR

Residents are invited to write letters to the Editor for publication, subject to space limitations. Topics should be of general interest to

our readers. Letters must be signed and should be typewritten and limited to 200 words or less. Views expressed in letters are those of the writer and are not necessarily those of *The Forester*.

To the Editor:

We were pleasantly surprised recently to see one of our lady residents wearing a face mask, which she explained was to reduce the possibility of spreading her cold to other residents.

We are reminded of the fact that this custom is a normal prophylactic practice in Japan, for example, and may very well reduce the spread of air-borne diseases where people congregate.

EDITORIAL

Here we are at the end of another eventful Forest year, intact but still recovering from Fran, without some missing friends, in the midst of an administrative change, observing our fifth Christmas, and about to celebrate the arrival of another year. Whatever 1997 brings, we won't forget 1996 in a hurry.

The Forester itself began its third year in April, and last month we published our largest issue yet. We aren't interested in quantity, however; November was an exceptional month. What we aim for is quality, whatever the page numbers, and the past year has seen a marked upsurge in contributions from residents. We welcome them all and hope for more in the coming year.

From all *The Forester's* staff—we wish you the happiest of holidays and every good wish for the New Year!

—John Tebbel

A REMINDER

To the fine folks at The Forest, both newcomers and settled-in residents: The postage stamp accumulation for crafts projects continues. Please save stamps from your holiday mail (as well as year-round). You can leave stamps in the collection pocket on the Residents-to-Residents bulletin board, or in the mail box for **Jane Jones, #4024**.

It would be interesting to know whether this practice might be acceptable to us here at The Forest, particularly since some of the residents may be more susceptible than others to air-borne infections.

—Herb Stecker

How Feds Spend Money Wisely

As an example of how Federal tax dollars can be, and often are, spent wisely, Earl Davis cites the example of his daughter, Daphne.

An outstanding cancer research scientist, she is Associate Professor of Biology at the University of Maryland's Science Research Center. Two years ago, when the National Science Foundation offered six \$250,000 con-focal microscopes as grants, 110 university research centers applied. Daphne was one of six successful grantees. This year her department, in an effort to make science research available to more minority students by expanding its facilities, applied again to the NSF and was given an additional grant of \$1,500,000. In both cases, the university raised additional funds for the projects.

Earl points out that many universities are doing costly and valuable research work in a variety of essential fields, and rely on the government as well as on private foundations for funds. The researchers themselves work a twelve-month year, without vacations, and with long hours. It's hard, often discouraging work but people with health problems everywhere are the ultimate beneficiaries. Daphne, Earl reports, also on the grant review staff of the American Cancer Society, tells how heartbreaking it is to see program proposals of real value turned down for lack of money in this publicly supported organization.

In Memoriam

Lu Erwin	November 17
Emma McAvoy	December 9
Florence Lipnick	December 14



HERE'S TO YOUR HEALTH

by Pauline Gratz

Both beverage and drug, alcohol is alternately praised for its contribution to gracious living, maligned for its role in society's decay and studied for its effects on health.

Alcohol is more than a substance that alters mood. Like virtually every thing else we eat, it provides fuel for the body's activities. Many physiologists, however, stress that the calories provided by alcohol do not provide any nutritional advantage other than weight gain.

Heavy drinkers are often deficient in certain nutrients, including vitamin B6, ascorbic acid, thiamin, magnesium and zinc. Alcohol also appears to impair the body's ability to metabolize folate--a vitamin that has been shown to reduce the risk of heart attack and colon cancer. It also slows calcium absorption, which is partially responsible for the increased rate of osteoporosis in people who drink heavily. Drinking elevates the chance of developing certain cancers. Alcoholics have ten times greater risk of solid malignant tumors, particularly those of the head, neck, esophagus, stomach, liver and pancreas, than the general population.

In addition, alcohol interacts with a number of drugs, particularly sleeping pills, antidepressants, medications taken to reduce anxiety and many pain relief preparations. Caffeine enhances rather than counteracts alcohol's effects. A nightcap before retiring may help you get to sleep faster, but it is also likely to

DEPT. OF CORRECTIONS (AND AMPLIFICATION)

Last month's list of recommendations from the Wellness Center to enhance productivity and efficiency in that department contained a sentence that created some uncertainty among residents. It read: "Call at least one week prior to running out of a routine medication that you take." A little difficult in the case of eyedrops, for example.

Carol Reynolds, resident nurse, has given us this clarification: "Call at least one week prior to running out of a routine medication you take. This applies if NO REFILLS appears on the prescription label on the medication. If there are refills remaining, please allow the Wellness Center two days notice to obtain your refill."

cause disrupted sleep and bad dreams.

Lastly, the ability to metabolize alcohol declines with age. As we grow older, every drink begins to have a greater impact. Memory can be severely affected by alcohol.

However, there is even more evidence that in moderation (1 to 2 drinks a day) alcohol can be beneficial. It appears to reduce the risk of heart attacks and reduces mortality. Yet most medical authorities do not see either of the above as sufficient reason for nondrinkers to begin imbibing. As with anything else, deciding whether and how much to drink is a choice to be made after weighing individual risks against possible benefits.

SEASON'S GREETINGS
TO ALL!

Library Bookends

by Jean Weil



Continuing our exploration of the Library for our new residents, this month we will talk about the Library Annex.

The Library Annex has a great collection of paperback books. They are sorted by fiction, mystery, non-fiction, western and science fiction. They do not have cards. It is not necessary to sign them out, or check when you bring them back; just take them, read them and put them on the table when you return them.

We have a wonderful collection of jig-saw puzzles. The basis of the collection is about 50 puzzles that Edith Boroff personally cut out. They are all intriguing. But then, we also have many puzzles that other residents have given us. Each puzzle has a card in it; please fill it out and put it in the Puzzle card box. Puzzles may be kept as long as you need them. When you return the puzzle, please find the card and put it with the puzzle.

If you're interested in genealogy, there are many books and pamphlets on the subject in our Annex. For help, speak to Jane Jones, Hope Sellers or Felix Vann. On our computer there is a genealogy program to help you work on your family tree.

The copy machine in the annex is supplied by the Residents' Association for everyone's use. Copies are 10 cents each. If you need instruction on how to run the machine, Jane Jones usually is in the Library weekdays from 11 to 11:30 to help.

AMONG THE TREES



On Veteran's Day the only American Flag on display seen by this casual walker was one proudly hung by the Owens's cottage---Ernie Swiger has a souvenir from World War 2, shrapnel embedded deep within his ankle from combat in the Pacific Theater---Bill Ingram has a striking painting showing his Dad with F.D.R.---Hugh McKerracher, Carl Young, and Gene Ringwald engage in spirited, competitive and low scoring golf matches, but all in good humor---Bob Ward is widely recognized as an outstanding musician and composer. Though not as well known, Waldo Beach and John Friedrich have written some beautiful music ---Try to be near Ella Paulson's room when she's tickling the ivories on her piano. She is quite gifted and a very pleasant lady to chat with---Surprised that more people don't realize that Grace Homeyer is an extremely talented artist. Ask to see some of her work---Dot Naumann maintains her life-long love of dancing---Helen Snodgrass can regale you with many interesting tales of her experiences in teaching and engaging in Yoga---Ray Watson was an integral part of the group that brought the Duke Fuqua School of Business into national prominence. Ray and Frank Simes are friends of well-known football coach Joe Paterno---

Throughout many years the name most recognized and publicized as a basketball coach is that of Bobby Knight. Ed Cady was on the committee at Indiana University that hired Bobby and has been quoted in Sports Illustrated in an article about the Coach. Mr. Knight has been to TFAD to visit with Norma Cady---It's a picturesque sight when



Pauline Gratz drives by with her red banner flying and Lucky ahead leading the charge---Susan Rose is very keen when it comes to analyzing football or basketball strategy---We are well represented with residents that sprung from the British Isles. W.D. & Eurwen Davies lived their early years in Wales while Dick & Marjorie Preston spent their youth in England ---If you need some insight on the political scene see Jean



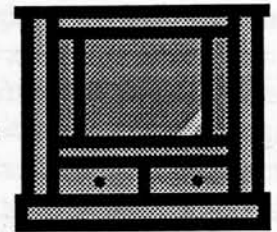
Melpolder. She has served as president of The League of Women's Voters---This past December 7, Susan Butler celebrated her fiftieth performance of Handel's *The Messiah* with the

Duke Chapel Choir--- We all admire Lucy Grant's ease of speaking in front of a group. Part of this aptitude can be attributed to her being a member of a championship debating team while in high school--With the late sunrise during the winter months, the early morning walkers particularly request that drivers observe the 15 mph speed limit in our perimeter due to the poor visibility at that time. They do appreciate Security patrolling during this vulnerable period---Another example of good works done for the community by one of our residents-Julian Rosenthal, a nationally known attor-

Cable Users Information

Those residents at TFAD using Time Warner Cable service, which includes most of us, may sometime need the following information for quick reference.

- For customer service, call **220-4481**
- For repairs, call **220-4494**
- For billing problems not resolved with a call to customer service, put your invoice and a short explanation of the difficulty in Box 4031 and Residents' Cable Chairman Bill Goldthorp will investigate for you.



ney, spends two days a week doing pro bono legal work for disadvantaged citizens of Durham--- Merry Christmas and a Happy New Year!

—Woodchuck

Publisher's Note: Although Woodchuck naturally keeps an ear to the ground, the critter doesn't hear all the low-down and would welcome contributions from readers, while, of course, retaining full discretion as to whether to include them in the column. If you have a choice tidbit, send it to The Forester Box #41 and I'll see that it gets to him (or her as the case may be. I never can tell a male from a female woodchuck, can you?)

—ThePublisher

1996-1997 RESIDENTS' ASSOCIATION COMMITTEES

ACTIVITIES

Helen Albrecht - 4028
 Mildred Anderson -4038
 Jerry Button - 3018
 Charlotte Cassels -4008
 *Evebell Dunham - 41
 Robert Frank -43
 *Libby Getz-39
 Madeline Hawkins -3016
 Dot Kornegay - 16
 Frank Melpolder -53
 Julian Price -3015
 Liz O'Hanlan-37
 *Don Ruegg - 33
 Aileen Schaller - 3026
 *Rheta Skolaut -34
 Beth Upchurch, Chair-22
 Ex-officio BillGoldthorp-4031
 *Travelers

BUDGET & FINANCE

HalMuncaster-3046
 Frank Simes-2029
 Bob Ward-4029
 Bill Heroy-20 Chair

BUILDINGS & GROUNDS

Bruce Burns, Chair -73
 Bill Upchurch -22 Buildings
 Frank Melpolder -53 Pool
 Bess Bowditch -2008 Rose Garden
 P.J. Burns -14 Woodworking
 Bruce/Margie Burns -73 Grounds

CONSTITUTION & BY-LAWS

Ed Cady -2045
 Georgia Campion -61
 Marjorie Jones - 3012
 Creighton Lacy - 3037
 Hope Sellers -51
 Bert Dube -68 Chair

CAUCUS CHAIRPERSONS

493-9184 Area
 490-0183 A Rose Levenworth -3006
 403-8208 Julia Chu -3003
 489-1682 B Charlotte Cassels -4008
 419-0635 C Jean Weil -2027
 489-9278 D Lib Kern - 2701
 419-0638 E/F Betty Bowers -4051
 489-8008 Ethel Foote - 2051
 493-1290 E-1 Mary Raymond- 46
 489-2234 E-2 Phil Pratt -55
 490-6048 E-3 Margie Burns -73
 489-4225 W-1 Helen Francis -10
 419-1573 W-2 Bill Upchurch -22
 493-4532 W-3 Elaine Caraher- 31
 489-2539 John Friedrich-11 Chair
 493-7011

DINING SERVICES

Elizabeth Dube -68
 Betty Gray-59
 Mary Jones -2030
 Mary Ann Ruegg -33
 Helen Albrecht -4028 Chair

HEALTH CARE

Ruth Dillon -Caucus A
 Frank Light - Caucus B
 Dorothy Zutant -Caucus C
 Lib Kern - Caucus D
 Florence Manning -Caucus E
 Peg Lewis - Caucus E1
 Georgia Campion - Caucus E2
 Dorothea Vann - Caucus E3
 George Ferguson - Caucus W1
 Dot Heroy -Caucus W2
 Marion Bender -Caucus W3
 Peg Lewis -50 Chair

TURN OVER FOR MORE COMMITTEES

HOUSEKEEPING

Ruth Dillon -Caucus A 403-0279
Marjorie Chandler -Caucus B 419-4446
Ruth Firm - Caucus C&D 490-1746
Doris Fields - Caucus E&F 490-8454
Marion Atwater -Caucus W1&W2 493-9434
Assistant Chair
Pat Ringwald - Caucus W3 493-9275
Margie Burns - Caucus E1 493-2401
Virginia Frank -Caucus E3 & E2 489-9278
Ethel Foote Chair - 2051 493-7729

WOODWORKING

Phil Eshelman 2037 493-6788
Gene Ringwald 32 493-9275
Hank McKay 3031 493-4803
Lou Swanson 1039 489-2691
P. J. Burns Chair 14 493-8398

LIBRARY

Mary Brown -2040 490-6433
Margo Casady -4012 490-6246
Elizabeth Copeland -4021 419-1439
Louise Goshorn -63 493-3941
Jane Jones - 4024 493-5353
Edwin Lee -4017 489-0749
Bee Lemen -1006 489-6880
Gertrude Merritt -4025 489-6074
Lee Phelps -4036 493-5340
Rose Levenworth -3006 493-2372
Peg Lewis -50 493-7708
Ruth Dillon - -3004 403-0279
Georgia Campion Chair -61 490-3275
Jean Weil Coordinator -2027 490-3275

NOTE: Persons desirous or becoming committee members should contact the chairperson of the committee of their choice. To keep committees manageable and productive we try to limit each committee to 10 members.

TURN OVER FOR MORE COMMITTEES

RESIDENT SERVICES

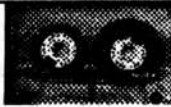
Doris Fields 46 490-8454
Jane Jones 4024 493-5353
Dorothy Zutant 3025 493-4651
Jenn VanBrunt Chair 2036 493-4780

SAFETY

Deborah Carey 2028 493-9255
Chuck Fields 2046 490-8454
Bill Fine 58 489-1971
Martha Gambill 4023 489-7543
Creighton Lacy 3037 489-7848
Frank Mazuy 13 419-0821
George Nance 4013 490-7946
Bill Upchurch 22 493-7011
Harry Owen Chair 69 489-2934

CASSETTE CRITIC'S CORNER

by George M. Chandler



A recent change in United States copyright law is expected to make life easier for organizations which provide recorded books and magazines to visually impaired and physically handicapped readers. Such organizations include Recording for the Blind and Dyslexic, The American Printing House for the Blind, many State and regional libraries, and local charitable groups. Even the U.S. Library of Congress is subject to copyright restrictions.

The law was understood to require that any reproduction of published material be made subject to the copyright holder's express permission. As a practical matter, this has only rarely prevented reproduction in formats suitable for use by handicapped persons, but the need to obtain a publisher's permission has often been time-consuming and burdened by red tape. For Recording for the Blind, for example, which produces textbooks on demand, delay could mean that a student might not get the text he or she needed in time to complete a required course.

On September 19th of this year President Clinton signed into law amendments to the copyright statutes which, among other things, withdraw copyright protection from the reproduction of published material in "special media" designed for use by and distribution to visually impaired and physically handicapped persons. If interpreted in the same way as the present postal regulations which allow the free mailing of

The Care and Feeding of a Concrete Bear

Questions have been asked about the bear that guards the door of apartment 4010, occupied by Marjorie and George Chandler. It must be admitted that he is a prominent figure, standing over 2 feet high and weighing over 100 pounds.

The bear, who never seems to have acquired a name of his own, comes from Oshkosh, Wisconsin, where Marjorie's grandfather founded a construction firm and set up a concrete block plant almost a hundred years ago. Sometime before World War I, a

such "special media" material, the new exemption would cover not only braille books and books and magazines on cassettes and disks recorded for use on specialized equipment (such as that provided for subscribers by the Library of Congress Talking Book Program), but standard cassettes and large-print books as well.

It is too early to speculate on what will be the visible results of the changes in the law. Staff members at the North Carolina State Library for the Blind and Physically Handicapped, for example, report little past difficulty in obtaining permission from copyright holders to make braille or cassette copies of their works. It seems likely, then, that the principal benefits from the changes will be seen in quicker response times and reductions in time and paperwork for staff members of the organizations which make recordings for the people with print disabilities.

member of the Sensenbrenner family, founders of Kimberly Clark Paper Co., approached the firm and asked to have made a pair of concrete bears to flank the gate of his estate. Marge's grandfather found a sculptor to make a bear mold. Then, knowing that bears come in threes, and also fearful that one might be damaged in the course of production, he produced three bears.

The family for whom the bear was made was of Swiss descent, from the canton of Bern, whose emblem has always been a bear. Further, Mr. Sensenbrenner was a prominent Catholic layman, and the bear's shield carries the emblem of a papal order of knighthood, of which he was a member. For many years the bear stood in front of the concrete company office, and Marjorie thinks she can recall climbing on him when he was taller than she was. He was adopted by the Chandlers when Marjorie's father retired.

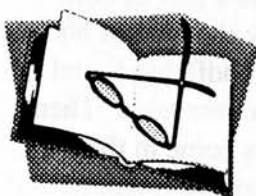
The Chandlers try to keep their bear well dressed. TFAD residents may have seen him earlier this year in his Halloween mask and, around the 4th of July, in a garish but patriotic red white and blue necktie. By the time this issue goes to press, he should be decked out in his Christmas finery. Go pay him a visit.



BOOK NOTES

BY JOHN TEBBEL

By this time all the gift books have been bought and soon the



happy recipients will either have read them gratefully or put them on the same shelf with last year's castoffs. So on to January, and the new lists of "spring books." (In the publishers' lexicon there is no such thing as a "winter book.") It must be said that much of what's coming up is not enthralling--perhaps one reason for declining sales. But here are some January offerings that may be welcomed here at The Forest and elsewhere.

For example, try *One Man's America: A Journalist's Search for the Heart of His Country*, by Henry Grunwald. Now in his eighties, Grunwald has seen a great deal of American life since his family fled here from the Nazis, much of it as editor-in-chief of *Time Magazine*. As a hands-on editor, and something of a minor celebrity himself, Grunwald knew and interviewed many of the world's leaders, from Fidel Castro to a string of American presidents--Kennedy, Nixon, Reagan. His observation is sharp, and his firsthand accounts absorbing, although not everyone will agree with his opinions.

An entirely different view of life is Nancy Mairs's *Waist High in the World, A Life Among the Non-Disabled*. Ms. Mairs tells with humor, charm, and not a trace of self-pity how life looks to someone confined to a wheelchair by multiple sclerosis. This is, says an advance reviewer, "a Baedeker for a country

to which no one travels willingly. A poet, teacher, and mother, Nancy Mairs is no ordinary woman, as this unusual memoir attests.

Even to women who wear his designer clothes, Yves Saint Laurent is no more than a well-known name, but in Alice Rawsthorn's *Yves Saint Laurent: A Biography*, the man behind the name emerges in a vivid and compelling portrait. There's enough in this man's life to make a powerful novel, as is evident here, and Ms. Rawsthorn tells it in passionate prose, always maintaining an unusual and welcome objectivity. Well supplied with photographs too. (This one is a December book.)

Anyone reading this column who doesn't know who Walter Cronkite is goes to the bottom of the class---without supper. Walter tells his story in *A Reporter's Life*, and what a story it is. Now 80 years old, he has seen everything worth seeing and his reporting of it is in the best Cronkite tradition. Also a December book, it's available for the visually impaired on both CD and cassette.

Dewey Defeats Truman, by Thomas Mallon recalls that memorable wrong-guess *Chicago Tribune* headline, and in this murder mystery revives the world of 1948 which now seems like ancient history. A deft whodunit with a real-life background.

By this time, Danielle Steel's 38th novel, *Silent Honor*, is in the stores and number one on the best-seller lists. There's no holding this woman back and none of her numerous fans would want her to relent. They're in for a little surprise this time, though. Instead of glitz

and glamor, we have an un-Steel-like story of the travails of a Japanese-American family, caught up in World War II internment. The basic formula may be there, but the circumstances are unusual.

One of the most remarkable novels coming next month is *The Weight of Water*, by Anita Shreve. The scene is the Isle of Shoals, off the New Hampshire coast; the subject is a double murder; and the protagonists are Jean, a young photographer; her husband, Thomas; her brother-in-law, Rich; and his girlfriend, Adeline. All these people are aboard a small boat skippered by Rich. But it's the book's mood that's important here---life on a sailboat, dictated by the whims of the weather. One reviewer sums it up as "a powerful, compelling meditation on the nature of love." Not to mention barometric pressure.

For many readers, there's nothing more satisfying than a good old historical romance, and Diana Gabaldon is a past mistress of this genre. She has a very neat twist here. Claire Randall, the post-1944 wife of a history professor, steps through a Scottish ring and, by the magic of time travel, finds herself in Revolutionary America, and in the arms of a handsome Highlander. Cleverly switching back and forth between past and present, the author enthralls her readers with adventures in colonial America alternating with the modern-day of Claire's daughter. Two, it appears, for the price of one.

Happy Holidays



Poetic LICENSE

HER WAY

The cake of many colors
you had to see to believe,
Mother made one each Christmas
a festive idea she conceived.
One layer red, another gold,
the third a lively green,
all repeated still again
with white icing in between.
Two busy hands did much to show
gratitude for the Birth above,
but this homemade gay sweetmeat
was her carol to family love.
—ellen cheek dozier



Thoughts at the end of an election year

Format, courtesy of Lewis Carroll

He thought he saw a Senator,
Who'd grown extremely fat;
He looked again and found it was
A grinning Cheshire cat.
"I'm glad it's here," he said, "Because
I think I smell a rat."

He thought he saw a Congressman
Whose morals were quite lax;
He looked again and found it was
A rise in income tax.
"I'll make a false return," he said,
"And send it in by fax."

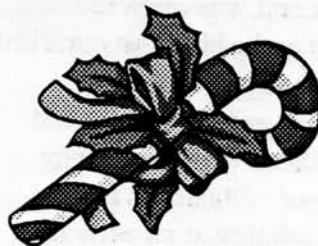
—George Chandler

Sourcrastic Pome

Ah, pity the Maid
Who resembles her Mother!
Ah, pity the Maiden
Deprived of her chance.
Ah, pity the Maid
Whose charms, ere they fade
Are trapped in a trend
With her Ma at its end,
And fade in advance.

And pity the Lad
Ensnared by some other
Fair Maiden who fails
To resemble her Mother!
Ah, pity the Lad!
His prognosis is sad!
Though she bear to her Parent
No likeness apparent,
Alas, if he can't
Meet her Grandma, or Aunt!

— Martin Bronfenbrenner



The Paragon

Ladies of the Forest at Duke
please lend your ear this way,
be thankful we ran our homes
before Martha Stewart's day.

She builds a fence with her left hand,
does a does a gourmet meal with her right,
still, with every hair in place,
invites sixty for drinks that night.

As for Christmas decorations,
yes all freshly made from scratch,
she hangs outside and in, bow to stern,
all color coordinated to match.

There is nothing she can not do
so far as I can detect,
but such perfection has its price
and rumors say her mate did object.

This lady works hard there's no doubt,
give credit where credit is due,
since no human can pursue this paragon
maybe cloning will turn her into two.

—ellen cheek dozier

Christmas Memories

Aunt Minnie had no girls. I was one of four, bore her middle name, and was favored at gift giving time. She never learned to drive, but at Christmas, a friend's chauffeur delivered her to our bedecked home carrying her basket of red tissue wrapped presents. The miniature cast iron frying pan atop a huge chocolate bar, the fluffy, white toy kitten and another, her first engagement ring, gold with a tiny diamond, are remembered. She made me feel special and I cherish the memory.

—Ellen Dozier



WELCOME NEW RESIDENTS!



Arthur and Lois Williams
37 Gardenia Court 419-9244

Came here from Carolina Trace, near Sanford where they lived 18 years. Art was originally from Pennsylvania, Lois from Ohio. They met in high school. Art graduated from U. of Pittsburgh in mechanical engineering, after which they married. Then Art served 4 years in WW2 as pilot in Army Air Corps followed by 15 years in structural ceramics. He, with Lois as his assistant, became a manufacturers' representative, specializing in sales of mechanical, electrical and other technical items to educational institutions for training purposes. They have a son in Richmond, and a grandson. They like to travel and read, and Lois does needlepoint.

Positive Thoughts

Lose an hour in the morning, and you will spend all day looking for it. —Richard Whatley

The safest way to double your money is to fold it over once and put it in your pocket. —Kin Hubbard

There are two kinds of light—the glow that illumines and the glare that obscures —James Thurber

NEWS continued from page 1

In a recent meeting with Kathy Crapo, we reviewed several important matters which have not come to fruition for reasons, financial or otherwise. Promises made have not yet been fulfilled. The lack of progress in these matters has been frustrating to residents, and I am reviewing in this report the matters we discussed.

- First, is the inadequacy of outside lighting. Management recognizes that the original lighting to the left and right of the front entrance has not worked out. It is expensive to correct this problem, but it was agreed that some kind of emergency lighting would be installed promptly until a final decision was made. In the two courtyards, which are extremely dark, the same approach will be made promptly. Management recognizes the need, and has committed to at least this temporary solution.

- Second, uneven walkways and cracks in the blacktop constitute another pending problem. Management will have holes and low spots filled with emergency blacktop and will budget for a complete solution at an early date. This should eliminate the hazards that exist now, and with improved lighting, should help to avoid accidents.

- Third is the problem of cleaning up fallen trees and dead bushes, particularly in the retention area. This is winter work, and because of Hurricane Fran's damage throughout the Durham area, the cleanup here has been delayed but not forgotten.

- Fourth, is the provision of

shelves for the outside doors to hold packages while doors are opened. Management is aware of the problem, but has not been able to come up with a solution that would conform to safety regulations. Suggestion: Many residents keep a small pull-cart in their car which makes transporting groceries, etc. less stressful.

- Fifth, communications were discussed in great detail, including proper use of voice mail. Since this function is on a hit-or-miss basis now, management has committed to improve the situation.

Finally, 1996 has been a year free of major problems, and filled with much accomplishment. We are about halfway through our search procedure for the hiring of a new Executive Director. I want to thank you for your help and cooperation in making this a special year. You are all terrific and make TFAD the special warm place it is.

To all of you, a very
Merry Christmas and a
happy, healthy 1997!

—Bill Goldthorp

Actual Newspaper Headlines

(according to an Internet correspondent)

- Include Your Children when Baking Cookies
- Police Begin Campaign to Run Down Jaywalkers
- Drunk Gets Nine Months in Violin Case
- British Left Waffles on Falkland Islands
- Prostitutes Appeal to Pope
- Iraqi Head Seeks Arms
- Panda mating fails; Veterinarian Takes Over.



ARTY FACTS

Biltmore Estate

at Christmas

by Charlotte Cassels

The holidays can be the best of all times, but also the worst time for many people as families and friends leave us. So it becomes necessary to plan new ways of making the season as joyous as possible, for as many as possible, thereby creating happiness for us too.

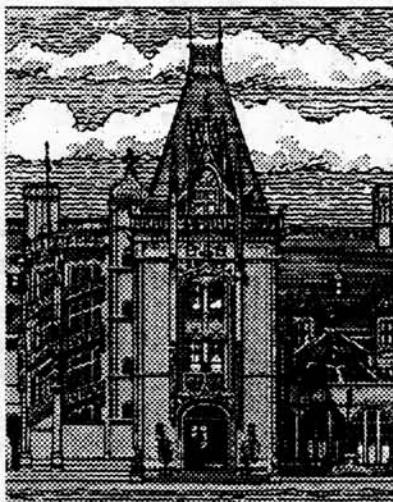
One of the great delights of living in North Carolina is to visit the world famous Biltmore Estate in Ashville, the country home with 250 rooms, 65 fireplaces, 43 bathrooms, 34 bedrooms and three kitchens built by George Vanderbilt in 1887. Even if you have visited Biltmore before, their holiday celebration called "Candlelight Christmas Evenings" is truly a spectacular event which has become a tradition for many families.

In the chateau you join a guided tour, with every room exquisitely decorated amidst crackling fires, festive music and the warm glow of hundreds of candles. There is even a 40-foot tall Christmas tree in the banquet hall, an awesome way to guarantee a happy Yuletide celebration.

Besides a tour of the house, there are three places to eat: the Deerpark Restaurant, the Stable Cafe and the new Bistro located in

the Winery. One can also taste and buy the superb Biltmore wines, made from grapes grown right on the estate of 8000 acres. You can also explore the eight delightful shops at Biltmore, which reflect the Victorian period.

The Biltmore is about a three-hour drive from Durham on Highway 1-40. Candlelight Christmas Evenings take place from November 12 to December 31. But they are NOT offered on December 9, 16, 24 and 25 or January 1-5. For the first time, the



Biltmore will be open New Years Day. It takes about two hours to tour the house and you must allow at least 15 minutes driving time to reach each location on the estate. Candlelight Tour tickets are not transferable nor refundable. A regular tour ticket costs \$32.95, and for the

handicapped (no third floor or lower level because there are no elevators) the price is \$19.75. Wheelchairs are available.

And may I recommend spending a night during your visit at the Grove Park Inn, a four-star resort in Ashville, 10 minutes from the Biltmore. The Inn was built in 1913 and is listed on the National Register of Historic Places.

For more information and brochures or help in planning your visit to Biltmore, call 1-800-543-2961 or 1-704-274-6333.

For information and brochures about the Grove Park Inn call 1-800-438-5800.

Chuckles



by Dorothy Zutant

The following are answers given by students to test questions on the Bible:

The first book of the Bible is Guinness's, in which Adam and Eve were created from an apple tree.

Noah's wife was called Joan of Ark.

Lot's wife was a pillar of salt by day and a ball of fire by night.

The Jews had trouble throughout their history with the unsympathetic Genitals.

Samson slayed the Philistines with the axe of the apostles.

Unleavened bread is bread made without ingredients.

Moses went to the top of Mt. Cyanide to get the 10 commandments.

The 7th commandment is "thou shalt not admit adultery."

Joshua led the Hebrews in the battle of Geritol.

Solomon had 300 wives and 700 porcupines.

Jesus was born because Mary had an immaculate contraption.

The people who followed Jesus was called the 12 decibels.

The epistles were the wives of the apostles.

One of the opossums was St. Matthew.

Paul preached holy acrimony which is another name for marriage.

A Christian should have only one wife. This is called monotony.

—Charles Blakely,
Williamston, SC Presbyterian Church
From *National Review*, December 31, 1995

Bob Blake's

PUZZLE

Each word below can be found by either reading
up, down, forward, backward or diagonally

```

P M A L E N E P N I A T N U O F G O
T E L L A W B R A D I O W Z R S N D
G L B F R U I T A R T O K I V E O E
A I R A C N P L E Q L T A J C H I X
B B E F G C L S F U E H W K A S S U
D O T D E E S D R I B P L P D O I T
N M U Q R I U M U S T A N G I L V N
A O P B J T H T S J C S T K L A E E
H T M O F K V C A E F T A O L G L M
Y U O A J C K M R T V E O O A J E A
R A C T A E F D E E S O G B C K T T
L J K N G N N C M Y K E L N L W M S
E F D B A O A F A S V D L G A A Q E
W Y B Y M N J S C U S F N B H R N T
E Q A A E U T A I X K P E A R S O D
J W I N S F R T A O C R U F H A J L
L D P U I F R E D W O P E C A F M O
N W O G T H G I N E S O H Y T N A P

```

WHAT I WANT FOR CHRISTMAS

AUTOMOBILE	CAR	GLOVES	MARBLE/STATUE	RING
BELT	COMPUTER	GOAT	MUSTANG	SCARF
BIBLE	DIAMOND	GUN	NECKLACE	SOCKS
BIRD/SEED	FACE/POWDER	HAT	NECKTIE	TELEVISION
BOAT	FOUNTAIN/PEN	HANDKERCHIEF	NIGHTGOWN	TIRES
BOOK	FRUIT	HAIR	OLD/TESTAMENT	TOOTHPASTE
CADILLAC	FURCOAT	HANDBAG	ORANGE	TUXEDO
CAMERA	GALOSHES	JEWELRY	PANTYHOSE	UMBRELLA
CANE	GAMES	LAMP	PEARS	WALLET
CANDY	GIFTS	LAND	RADIO	YAWL