

# THE FORESTER

Volume 3 Issue 1

January 1996

A Newsletter by and for the Residents of The Forest At Duke

## NEWS FROM THE PIT



I'm pleased to report that because of your thoughtfulness and generosity, I was able to present checks totaling \$24,000 to our very deserving staff just before Christmas, and I don't have to tell you that you brought happiness and joy into a hundred and eighty households. As you know, our Employees Appreciation Fund came into being because of the foresight of Hal Muncaster and Nelson Strawbridge, and every year, in June and December, we show our appreciation to the staff through it.

Just before the Old Year made its exit, Jack Tebbel treated a very select group of residents to a 1945 big band New Year's Eve musical celebration from all the great hotel ballrooms and dancelands across the country, represented by both the Dorseys, Gene Krupa, Louis Armstrong, Benny Goodman, to mention a few. When asked where we were on New Year's Eve 1945, some of us responded, "We stayed home because we didn't have any money."

The TFAD Benevolent Fund, under Russ Campbell's guidance, continues to grow, exceeding \$190,600 at this writing. Russ thanks you for your splendid partici-



## Alex McMahon is Honored by Duke

In its December issue, *Duke Magazine* cited John Alexander McMahon '42, a member of The Forest's Board of Directors, as recipient of the Distinguished Alumni Award for 1995. He is a trustee emeritus of the university and two-term vice-president of the Duke Alumni Association. Hailed as "a national leader in health policy,"

McMahon recently retired as chair of the university's department of health administration.

The Distinguished Alumni Award, the highest award presented to alumni, honors those who have made "significant contributions in their fields of work, in service to the university and for the betterment of humanity."

pation and asks you to please consider including the TFAD Benevolent Fund in your 1996 charitable budget.

Jean Weil reports that the library received a much needed gift of a computer compliments of Bill Heroy, and Leslie Jarema reports that when the new Holbrook Special Care Unit is completed, it will have a TV, compliments of Susan Rose.

I would be remiss not to mention the very special New Year's Eve program, orchestrated by Lucy Grant and Robin Williams. The auditorium was a gambling casino look-alike, the food was outstanding, as was the band. Even the complainers were giving out compliments. Everybody was happy, laughing and having a good time. What a great way to ring out the old and ring in the new. Nineteen ninety-six is going to be special for all of us. Happy New Year!

—Bill Goldthorpe



## W.D. DAVIES WRITES ABOUT "THE LAND"

"Itzhak Rabin's assassination provoked new discussions of the complex Israel-Palestinian problem, and joining in was The Forest's Dr. W. D. Davies, professor emeritus of the Duke Divinity School. His essay, "Reflections on the Territorial Doctrine of Judaism," appeared in the December issue of *Duke Faculty Newsletter*.

In his contribution, Dr. Davies discusses the concept embodied in "The Land of Israel," which Israelis call the disputed territory of Palestine. Dr. Davies traces the sources of the theological concept of "The Land," as promised by the Deity to Abraham, and through him to the people of Israel. "There is," he writes, "an inseparable eternal relationship among the People of Israel, The Land, and the God of Israel.... There is a 'chosen people'."

See THE LAND on page 3

**The Forester**

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**LETTERS TO THE EDITOR**

Residents are invited to write letters to the Editor for publication, subject to space limitations. Topics should be of general interest to our readers. Letters must be signed and should be typewritten and limited to 200 words or less. Views expressed in letters are those of the writer and are not necessarily those of *The Forester*.

**To the Editor:**

A few days ago, I took a quick peek in my mailbox next to the front door at Cottage 71. There, lo and behold! Santa had arrived again (January 2nd) and left a pretty little box wrapped in Christmas paper with a bow. Inside was a lovely coffee mug but no name! Now I would surely like to thank my secret friend. Let me hear from you.

--Shirley Graichen

**To the Editor:**

During the recent Blizzard

**PRATT TESTIFIES AS EXPERT WITNESS**

Phil Pratt, M.D., who was Professor of Pathology at Duke Medical Center before his retirement, was an expert witness recently in a case that originated in 1953, involving charges of cancer caused by asbestos dust.

In an excerpt from trial testimony, which unfortunately is too long for *The Forester* to print, counsel is shown attempting to discredit his testimony. The lawyer representing the plaintiff tried to create the impression that the link between lung cancer and asbestos dust was known in 1953, but there was a conspiracy with the asbestos industry to hide the truth so as to minimize worker compensation costs. In fact, Phil says, the relationship was not fully established until the mid-1960s. At the time he was first involved in the case, Phil was a pathologist at the Saranac Laboratory, an industrial lung disease center in the Adirondacks.

Phil says he heard recently from the defense lawyers that the court's final decision was in their favor, finding no basis for a conspiracy. Phil has agreed to leave the transcript excerpt briefly in the Library so that interested residents can read and follow the course of the courtroom dialogue.

of '96 which left treacherous footing, and impassable roads, we recorded yet another episode of mutual support by residents and staff. Special thanks are due our senior staff, who enlisted their families, worked long hours, not just directing, but doing whatever was needed to secure our safety and comfort.

—Evebell Dunham

**EDITORIAL**

When we rang in 1996 the other day, we opened the doorway to what many crystal ball gazers are telling us is going to be "a pivotal year." Of course all years are pivotal. In the course of any 365 days, a lot of people and places are certain to be pivoted. But the goodies awaiting us this year include the quadrennial political circus of an election year; that other quadrennial circus, the Olympic Games, right next door in Atlanta, and an economic horizon with more murk hovering over it than in any recent decade, defying everyone but Bill Gates to predict what next New Year's Day will bring. And all this among many other prospects.

Here at The Forest, where outsiders might think wrongly that life is pretty much the same from year to year, we have seen a progressive stabilization, and we're looking forward to the start of long-range planning. It's often said that the residents make The Forest, in much more than a literal sense, and that is increasingly true. Our population is a model of what volunteerism can do. Looking back, we can believe that the shakedown cruise is over, and the great voyage truly begun. So here's to the pivotal year! We stand ready to pivot with the best of them. —John Tebbel

"When the Good Lord restores the Garden of Eden to the planet Earth, He'll put it in North Carolina, 'cause changes won't be required to keep it perfect."

—U.S. Senator Sam. J. Ervin, Jr.

**IN MEMORIAM**

Alice McCrea January 13, 1996



## AD-LIB

BY LIBBY GETZ

It is said that to appreciate truly the character of Venice one should arrive by sea. The same could be said of the **Tides Inn**. Sail up the Chesapeake, turn in to the Rappahannock and tie up at the dock where the resort spreads itself along the crest of a hill overlooking the water. Unhappily we have entered both places through the back door. Front or rear, The Tides is a comfortably posh place to relax.

It is family-owned and it shows in innumerable small ways. Over the holidays there was a miniature Christmas tree in every room and on Christmas Eve a very believable Santa distributed gifts to all the guests. gifts not found in a box of Cracker Jack. I received a crystal jam pot. Our room was not overly large, but it had all we needed plus a balcony overlooking Carter's Creek that would have been a great extension to the room on warmer days.

Weather permitting there's lots to do: sailing, golf, tennis, swimming and the hotel has a large yacht to take you cruising in case you've left your own yacht at home. The food is very good, crab in all forms is a specialty. The staff is attentive and has been around for years. Speaking of years, one guest boasted this was her 25th year at the Inn.

The Tides is also canine friendly. Wonder Dog had a lovely time; so did we. It's an easy four-hour drive. For a brochure, call 1-800-843-3746, or write Tides Inn,

Irvington, VA 22480. The Inn is closed from early January until early March.

You're hungry and you haven't much time. You've eaten your last Big Mac and you can't face another pizza. What to do? The fast-food lane isn't your bag anymore and the old sweater you're wearing won't get you a good table at the Washington Duke. Have you tried a diner lately?

The diner, that most American of eateries, has almost been swept away by the flood of fast food chains but I know of two good ones. Sandwiched in between 15-501 bypass and A Southern Season is **Owen's 501 Diner**. It is

bright and cheery. The only embellishments are a bouquet of children's drawings on a bulletin board, and two clocks that must have been won at a shooting gallery. The hamburgers and the slaw are good and the lemon meringue pie homemade. There is a large menu of sandwiches, hot plates, house specialties and a long list of foreign and domestic beers, though such labels as "Blackened Voodoo" and "Rattlesnake" make you wonder what goes on inside the bottles. I've mentioned **Elmo's Diner** before but

it's worth a repeat for its great home cooking. They brag: "You know our mashed potatoes are done in our kitchen because of the lumps." The food is good, inexpensive, and they serve the best mushroom soup anywhere. If you want to rub elbows with the young, this place is crawling with kids at dinnertime. Marvelous breakfasts, too. Elmo's Diner, Carr Mill,

## THE LAND from page 1

and a 'chosen land': Israel's vocation is in terms of geography."

Dr. Davies explores the reasons why "many have dismissed the doctrine as unworthy of serious consideration", but he warns that "to overlook the Jewish conception of The Land...is to overlook one of the most tenaciously held doctrines with which the Early Church had to come to terms."

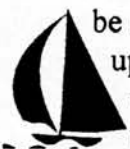
Developing his thesis further, Dr. Davies provides a remarkable and provocative background analysis that sheds a welcome light on the controversy over Palestine to the benefit of faculty and Foresters.

—John Tebbel

Carrboro.

For you former New Yorkers nostalgic for cheesecake, lox and bagels, matzo-ball soup, yearn no more. **New York, New York**, a Big-Apple type deli has recently opened at 811 Broad Street, Durham. A large shaggy dog by the front door offers a wag to all comers--and all comers would be advised to come early because it can be very crowded. Your old sweater won't rate a second glance here and no one's wasted money on fancy decor. You're here to eat. We had matzo ball soup and frankfurters--excellent. Neighbor Bernie Bender is still smacking his lips over a plate piled high with corned beef. New York, New York adds another welcome ethnic facet to dining in the Triangle.

Can't reach your toes? You have plenty of company. If you need a pedicure, call Kim at our beauty parlor.



**BOOK NOTES****by John Tebbel**

Let's see, what's for January and February, the beginning of a new publishing year?

It's not quite Spring List Time but a few early arrivals look promising.

Something a little different in biographical approaches, and certain to please readers with childhood memories and adult sensibilities is *Inventing Wonderland: The Lives and Fantasies of Lewis Carroll, Edward Lear, J.M. Barrie, Kenneth Grahame and A.A. Milne*, by Jackie Wullschlager, who is (astonishingly) a feature writer for London's distinguished *Financial Times*. We all remember the work of these marvelous spinners of fantasy, but how much do we know about their private lives? All right, we've been reminded recently in new biographies about Carroll's predilection for photographing nude very young girls, but after all, their mothers were always present, so we're now told, and it was quite all right. There was much more to this quiet Oxford don, as we learn here, along with fascinating insights into the lives and personalities of the others. On the whole, though, they were a rather odd lot, but they did produce some of the great children's classics, much enjoyed by adults, too. Illustrations from their work accompany the text. (Feb.)

In the venomous political wars of today, which seem endless, we've heard a lot about "character," but what does that abused and vague word really mean when it's applied to Presidents? Robert A. Wilson, a historian-biographer-

journalist, has edited a collection of penetrating essays which examine the subject in *Character Above All: Ten Presidents From FDR To George Bush*. There should be enough ammunition here to supply everybody. (The book will be a PBS-Lehrer documentary next month. (Feb.)

If he makes it, George Burns will soon reach his hundredth birthday, an event celebrated in advance by Martin Gottfried in his amusing biography, *George Burns and The Hundred-Yard Dash*. The story of how Burns, born Nathan Birnbaum, rose from the five-a-day to his present legendary eminence is entertaining enough, but Gottfried also gives us stories about George's friends, including among others Jack Benny, Milton Berle, Groucho Marx, Dean Martin, and Carol Channing.

Most of us know that Pickett Road is named for a Confederate war hero, but only the buffs know much about the man himself. We can find out more if we read *Pickett: Leader of the Charge: A Biography of General George E. Pickett, CSA*, by Edward G. Longacre. The famous "charge" is the best story, but there are many others worth reading. (Feb.)

Everybody knows the standard Gauguin biography: moody



*The Spirit of the Dead Watching, 1892*

Parisian painter who finally deserted his wife and children, fled to

Tahiti and spent the rest of his life taking native child brides and immortalizing island life in his work. In *Paul Gauguin; A Complete Life*, David Sweetman tells us how wrong we are. Gauguin, it turns out, did not desert but fled from a loveless marriage to a woman who deserted him and took the children to Holland. While it's true about the child brides, Sweetman argues that this was only part of the painter's complete absorption into Tahitian life, which gave his paintings their superb strength and beauty. (Feb.)

*The Love Affair As A Work of Art*. Ever think about it that way? Dan Hofstadter invites us to consider the idea through the lives and affairs of some 19th century literary figures-- George Sand, Madame Recamier, Marcel Proust, Anatole France, and others. Told through letters, memoirs and diaries, this is a thoroughly entertaining gossip account. "A delight," says one advance review. (Feb.)

An almost certain best-seller (100,000 first printing) is Bette Bao Lord's new novel) *The Middle Heart*, which takes us through seven decades of 20th century Chinese history. Readers of her previous novel, *Spring Moon*, will know what to expect. (Feb.)

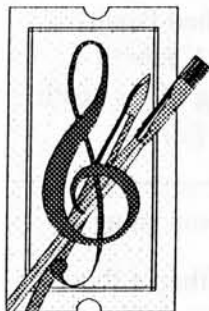
Republicans and others who think orphanages aren't so bad after all will have their views confirmed in a book with a local angle, *The Home: A Memoir of Growing Up In An Orphanage*, by Richard McKenzie, who grew up in a Raleigh orphanage and thinks it did him a lot of good. Now a professor in the School of Management at the University of California-Irvine, he re-



## arty facts

by Charlotte Cassels

### Our Musical Treasure: St. Stephens Orchestra



If it can be said a person was born to create beautiful music, one of these people lives in our time and place, namely Lorenzo Muti. Born in Spo-

leto, Italy, a protege of Gian Carlo Menotti, he came to America to study conducting under Max Rudolph at the Curtis Institute Of Music, and under Jean Morel and Franco Ferrara at the Julliard School.

In 1987, Maestro Muti was chosen to become music and artistic director of the St. Stephens Chamber Orchestra here in Durham. That orchestra originated in 1989 at St. Stephens Episcopal Church under the leadership of Dr. Joseph Kitchen, but was reorganized under its original name as a non-profit, tax-exempt, cultural/educational organization, completely independent from the church, with Muti as conductor. It is now wholly dependent on its ticket sales, foundation grants, brochure advertising and donations from corporations and individuals to meet all its expenses. The orchestra has approximately 30-35 members, drawn from the reservoir of professional musicians in the state.

In a 1993 blind study conducted by the North Carolina Arts Council, the orchestra received the highest rating (along with the Charlotte Symphony) of any orchestra in

the state, and today it is considered one of the finest professional ensembles in North Carolina and the Southeast.

To quote a local paper, the *Spectator*, reviewing a concert in October 1995, "The playing from the 19 musicians was quite exceptional-- overall, the execution was unusually confident, balance was wonderful, and the inner voices emerged with exceptional clarity. Muti and the St. Stephens Chamber Orchestra realized the music superbly."

Alwin Tonkonogy, in the *Raleigh News and Observer*, writing of Ravel's "Introduction and Allegro," observed: "There is a unique flavor to Ravel's music, and the orchestra's performance was superb".

Scott Warfield, in the same paper reported that "the volume of this small ensemble is surprisingly full but never seems forced or excessive, even in the loudest passages. The resonance of Duke University's Baldwin auditorium undoubtedly helped".

Maestro Lorenzo Muti (no, he is not related to Muti of La Scala) has had extensive experiences as both a symphonic and an operatic conductor, including numerous European productions in Rome, Paris, Florence, Milan, London (London Symphony, BBC Symphony) and Amsterdam (the Netherlands Chamber Orchestra and the Netherlands Opera Co.). In America, Muti has

conducted at the Spoleto Festival as well as concerts in Washington, D.C., Tucson, Pittsburgh, Portland, Dayton, and Philadelphia. Locally, he has conducted the Duke Symphony Orchestra since 1983 and the Tar River Orchestra in Rocky Mount, N.C., since 1990.

The maestro is married to the orchestra's flutist, Jill Swisher, who is also the Director of Fine Arts at Ravenscroft School in Durham. They have a six-year-old son named Niccolo.

There will be two opportunities in January, 1996 to hear the orchestra. The next concert of the St. Stephens Chamber Orchestra will be on Sunday the 28th at 3 p.m. in Baldwin Auditorium, where they will perform Vivaldi's "Gloria" and Pergolesi's "Stabat Mater" in collaboration with the Durham Civic Choral Society



Maestro Lorenzo Muti

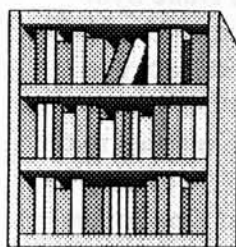
Chamber Singers. Tickets are available at the door for \$15 for those who do not have series tickets.

The other opportunity will be a chamber ensemble performance at the National Humanities Center, 7 Alexander Drive in Research Triangle Park on Friday January 26th at 8 p.m. The event is open to the public without charge.

There is also a compact disc issued by Albany Records (1993 release), "The North Carolinians," a collector's delight of music by the St. Stephens Orchestra from the works of North Carolina composers, Hunter Johnson, Richard Rendleman, Walter Ross, and Robert Ward.

## Library Bookends

by Jean Weil



As usual the Library will have a collection of the forms for U.S. income tax and also for North Carolina income tax. If you need forms that we don't have, most of them are

available at the offices of the Internal Revenue Service and the North Carolina Department of Revenue which are on the north side of Chapel Hill Blvd. directly behind TFAD, in separate buildings across their parking area from each other. The people in both offices are very helpful and cooperative. (Note that the State repealed the Intangibles Tax last year so there will be no 1995 forms.)

At the beginning of the new year I want to thank, again, the nice ladies and men who volunteer their time to help out in

the Library. We certainly could not get along without them and would not have as nice a room. And, too, we all thank the residents who drop off magazines and books for your use. We usually have the most up-to-date magazines on the rack. Lots of other pamphlets that might be of interest to others are on the big table. They get cleared out after a few weeks. The best sellers are on our shelves too, due to the generosity of our residents. If you want a letter from TFAD thanking you for your donation, please leave your name somewhere in the books that you give to the library. We thank all of you for your donations.

Do you know that in the Medical section, next to the Reference materials, there are three Health Letters? Again, thanks to generous residents, *The Harvard Medical Letter*, *The Johns Hopkins Medical Letter*, the *University of California Wellness Letter* and many articles on aging are in separate boxes on the shelves. Please read them in the Library.

## KENNETH JOHNSON IS HONORED

Following long established custom, George Washington University lowered the school's flag to half-mast on November 15th in honor of its distinguished faculty member emeritus, Dr. Kenneth Johnson, upon learning of his death last November at The Forest.

## BOOK NOTES from page 4

cently surveyed more than a thousand alumni of his Raleigh home and concluded that they had a "far more positive attitude toward life than the average American." He was a resident of the orphanage in the Fifties. (Feb.)

Just published is a better-than-good first novel, *The Animals' Waltz*, by Cary Fagan, winner of the 1994 Jewish Book Award. Set in the contrasting cities of Toronto and Vienna, it tells the story of a woman and her father. "Will make you laugh and cry," says a reviewer.

<b>7♥ by South</b>		<b>North</b>	
<b>O/L- ♠K</b>		♠ AQ4	
		♥ AKQJ	
		♦ QJ10987	
		♣ —	
<b>West</b>		<b>East</b>	
♠ J10987		♠ K6532	
♥ 10987		♥ —	
♦ —		♦ 65432	
♠ KQJ10		♣ 987	
		<b>South</b>	
		♠ —	
		♥ 65432	
		♦ AK	
		♣ A65432	

## Can you make 7 Hearts?

On the left is shown a double dummy problem. A double dummy problem is a bridge problem where you can see all four hands. The object is to find the right sequence of plays that will allow you to achieve your goal (in this case all thirteen tricks). The imaginary opponents will defend perfectly (i.e., they will always do the correct thing; you cannot fool them). There is a way to take all thirteen tricks, if you can find it.

Double dummy problems have been around for more than 100 years. They were popular in the late 1800's among the Whist players of the time. Whist was a forerunner of the game we know today as contract bridge.

Several residents have succeeded. Test **your** play. We will publish the solution in the next issue of *The Forester*.



## Forester Profile

**Tom Fourqurean:  
BOSS OF NEARLY  
EVERYTHING**
*by John Tebbel*

What people don't know about Tom Fourqurean is plenty. First, they often don't know how to pronounce (or spell) his name, which is of French Huguenot origin. It's FUR-quin. They also don't know how much territory his title, Director of Environmental Services actually covers. It means he is in charge of maintenance, housekeeping, laundry, security, and safety compliance, which includes fire and building laws and OSHA regulations. He shares the last named with Dina Church, who does the paperwork.

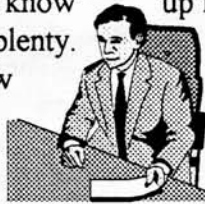
All this has happened to Tom since he came to The Forest in 1992, expecting to stay only four months, helping Linda Bennett with the job of putting this institution together. It's a far cry from what he started out to do with his life.

A native of Durham, born in 1945, Tom was educated in the city's public schools, where our own Katie Trexler taught him in the eighth grade. After a time in UNC-Chapel Hill, he went into the Army in 1967 where he served at posts from Fort Bragg to far corners of the world, as a paratrooper and in



the Special Forces division. Jumping into space became a lifetime (until recently) occupation, both as soldier and civilian. Counting both military and civilian jumps, he has leaped into space and safely to earth 5500

times. When he turned 50, his wife, Ellyn, extracted a promise from him to quit, and he did—cold turkey, if that's the right word. Out of the Army in 1971, Tom continued to serve in the Reserves (he was called up for Desert Storm and got as far as Turkey before the war ended).



Tom's first civilian job was to be in charge of maintenance operations for the General Electric plant in Research Triangle Park. When GE closed this plant in 1976, Tom moved to another Park operation, the Nutech Corporation, where he was Director of Purchasing. That plant, too, was bought and closed down in 1991, paving the way to his joining The Forest staff the following year.

Tom and Ellyn, whom he married in 1967, live in Chapel Hill, where she is grants manager for the UNC Dental School. When he isn't managing his numerous tasks here, Tom plays golf and, with Ellyn, was an avid water-skier until two years ago, when he suffered a shoulder injury in an accident. At home, there are always the three big cats to delight and amuse - Nubbins (so named because of his bobbed tail), Mikey (once horrendously lost for a long time), and the female of the species, Priss.

When it's retirement time, Tom already has a plan. They'll move to Wilmington, where still another life awaits them.

**You know you're growing old—**

When you're 17 around the neck, 42 around the waist, and 96 around the golf course, and When the little gray-haired lady you help across the street is your wife.

**'Valid' Passport  
Is Not Always So**

Have you checked the expiration date of your passport lately? It's important to keep your passport current. Sometimes passports that appear to be valid will be turned down at an international port-of-entry. Why? Some countries require a six-month validity time remaining on a passport before they allow its holder to enter. Hence, your passport should be renewed at least six months before its expiration date if you are inclined to travel internationally on short notice. The cost of a 10-year U.S. passport is \$65 and \$55 for a renewal. Applications are available at the post office and passport photos can be obtained at AAA. Allow a month or more to receive your new passport and longer during peak summer travel months.



It's a good idea to keep two recent passport pictures on hand for last-minute visa requirements and to carry them with you on international travel. Never mind that according to Kodak's Law: Your passport picture is what you look like to other people.

--Bob Dunham

**SHORT QUIZ**

**QUESTION:** If your dog does do where he's not supposed to do do, what do you do?

**ANSWER:** Get out your scooper and get rid of the do, at least on your neighbor's yard. That's what a good neighbor is supposed to do.

—Anonymous Contributor

## Poetic LICENSE



### Childhood

Spread-eagled  
on the virgin snow,  
we pressed our heads  
and left a dent.  
We made our arms  
go up and down,  
our legs scraped sideways  
back and forth  
and flew away the snow.  
Then carefully we rose,  
and leaped a mighty leap--  
for lo! we left angel prints  
upon untrammelled snow.

—Florence Manning

## GOOD CHEER

Snowdrops fell from above today,  
whitewashing the man-made grime;  
a temporary cleansing, yes,  
still, a reminder we can shine.  
Flakes of lace twirled and danced  
and brought out the best in man,  
stranger befriended stranger,  
much welcomed the held out hand.  
Forgotten the fear of contact  
for crisp air spawned good cheer,  
suspicion of neighbor faded  
as they shoveled paths to clear.  
If only this tide would grow,  
not ebb and again reveal,  
that humanities' differences  
go too deep to so quickly heal.

—ellen cheek dozier



## White Cloud (Pawleys Island, S.C.)

O! joy to stroll  
the winter beach,  
to feel the sting  
of wind and sea.

"The beach is mine...  
all mine," I cried,  
"as far as I can see!"  
The sky, the sand,  
felicity.....all  
sift their joy  
and hope on me.

O see! O see!  
my bright, white cloud,  
I hold it in my hand!

--Florence Manning

## TOM, DICK & HARRY, UNCONFIRMED

Let's talk a little about  
the FAD's fertile rumor mill,  
though residents may be of age  
intrigue isn't over the hill.  
So, you dislike what you've heard,  
hang around a minute or more,  
someone will soon come along  
with tales better than those before.  
On my way to see a new friend  
I'm told she's in bed with the flu;  
no, Tom warns, it's a headache,  
now what is a body to do?  
Dick swears a neighbor has a cold,  
not true, he's allergic to dust,  
still Harry has him in Holbrook,  
to top all others is a must;  
and so it goes, on and on,  
harmful, I really do doubt,  
but, I think I'll stick around  
to see how it all turns out.

—ellen cheek dozier

## Chuckles

by Dorothy Zutant



God put me on earth to ac-  
complish a certain number of things.  
Right now I'm so far behind I'll  
probably live forever.

—Church Bulletin Board

Don't be surprised if your  
next income tax form is simplified to  
contain only four lines:

1. What was your income last year?
2. What were your expenses
3. How much do you have left?
4. Send it in.

—Robert Phillips, Harvest House

The exercise I do best,  
with the greatest of ease,  
Is put my foot in my mouth  
without touching my knees.

—Anon.

Maturity is when you can re-  
main calm in a tense situation.  
Old age is when we have to  
wake you up and tell you it's a  
tense situation

—Your Retirement Advisor

Don't give up. It took Noah six  
months to find a parking place.

—1001 Humorous Illustra-  
tions for Public Speaking



*Publisher's Note: Because of space constraints in our December issue, we were unable to include Retiring President Chris Hamlet's tally of our joint accomplishments for last year. Here's the second installment:*

## CONGRATULATIONS!

To the Forest at Duke Community: Residents, Management and Staff, and the Board of Directors on your accomplishments.

**For the year ending  
October 31, 1995**

**These are the remaining accomplishments that you have done:**

**Enjoyed** outstanding activities, including musical programs, lectures, crafts, trips, and more.

**Completed** move of the Woodworking Shop to the garage, with needed improvements being made.

**Installed** lighting on the walks leading from the main entrance.

**Repaired** chairs in the Dining Room as needed.

**Appointed** ad hoc committee to study incorporation of the Residents' Association.

**Donated** leftover food which has been picked up by the Interfaith Shuttle since September.

**Introduced** new Medical Transport schedule providing daily transport to medical appointments.

**Contributed** record total to the United Fund campaign.

**Installed** panels in the Auditorium to achieve significant improvement in acoustics and hearing.

**Applauded** decision of Dr. Galanos to continue as Medical Director of The Forest.

**Preserved** tobacco barns for future use and development.

**Produced** 200 toy trucks for Durham children.

**This is what you are doing now:**

**Plans** for development of the Wandering Garden have been approved and construction is expected to begin early next year.

**The need** for more physician time in the clinic is being actively reviewed and evaluated.

**It is anticipated** that The Forest will receive a refund of sales taxes paid since January 1, 1995.

**Development** of plans for shuffleboard courts is now on the agenda of the Activities committee.

**This is what you hope to do in the future:**

**Creation** of a Wellness Program similar to the Duke Center for Living program is being actively pursued.

**Addition** of a grounds keeper to the maintenance staff is anticipated when budget considerations make this possible.

**Continued** progress in the development of an increasingly effective health care staff is clearly the goal of the Health Care Director and The Forest.

**Begin** the development of plans for expansion of the Health Care Center.

**Complete** plans for renovation of a portion of the Olsen Center to meet the needs of cognitively impaired residents.

**Meanwhile I'm glad I'm here and I hope you are too.**

—Chris Hamlet



## Out of the Mouths of Babes

A Church of England publication listed the following children's answers to church school questions:

- Noah's wife was called Joan of Ark
- Henry VIII liked Wolsey so much that he made him a cardigan.
- The fifth commandment is: Humor thy father and mother.
- Lot's wife was a pillar of salt by day, but a ball of fire by night.
- Mary was the mother of Jesus, and sang the Magna Carta.
- Salome was a woman who danced naked in front of Harrods.
- Holy acrimony is another name for marriage.
- Christians can have only one wife. This is called monotony.
- The Pope lives in a vacuum.
- Paraffin is next in order after seraphim.
- Today wild beasts are confined to Theological Gardens.
- The patron saint of travelers is St. Francis of the seasick.
- Iran is the Bible of the Moslems
- A Republican is a sinner mentioned in the Bible.
- Abraham begat Isaac, Isaac begat Jacob and Jacob begat twelve partridges.
- The natives of Macedonia did not believe, so Paul got stoned
- The First Commandment: Eve told Adam to eat the apple.
- It is sometimes difficult to hear what is being said in church because the agnostics are so terrible. —1001 Humorous

—Illustrations for Public Speaking  
edited by Michael Hodgkin

Bob Blake's

**PUZZLE**

Each word below can be found by either reading  
up, down, forward, backward or diagonally

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E M I T E M I R P R E M R O F R E P
V H B A D O O F A V I T E B E E S A
E O C P H V G T I K C N L W L P I R
N S L E J I E L E D F E A N B O T A
T T E M P E R T U R E R T O A R R D
K P N E W S P C R V D R I V C T E E
A N N E T N A E I S Q U N A J E V R
S O A P M S C P A M X C G A N R D E
B V H J E N I L T N O R F M B E A H
K M C E U O I G P E S C E U Q R R T
S C O O P E Y A O X S C T S W U E A
T X N P R D O U T L E T I E N N N E
S N Y A E O L S T R O P S S B E U W
A O R R N L U X D N E R P E S L T X
C I O D R E M A C B A T O V U A U N
D N T Y U K N A C T O R N E J G L B
A I S V T C X E S H O W S E T P T C
O P I U E I J H G U A L O B H E I K
R O H R E N E T S I L P R S B C M P
B A D V E N T U R E Q K R O W T E N

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**TV WATCHING**

ABC	Channel	Jeopardy	Opinion	Soap
Actor	Classics	Listener	Outlet	Sponsor
Adventure	Comic	Live	Parade	Sports
Advertise	Current	Laugh	Performance	Stars
Amuses	Dance	Map	Primetime	Tape
Announcer	Entertainment	Meteorologist	Rate	Temperature
Antenna	Event	Mike	Relating	Tense
Arena	Food	Movies	Reporter	Test
Broadcast	Frontline	NBC	Rerun	Time
Bulb	Guest	Network	Rewards	Tune
Bulbon	HBO	News	Scoop	Turner
Cable	History	Nickelodeon	Sex	Weather
CBS	Host	Nova	Show	Volumn