

# THE FORESTER

Volume 2 Issue 3

March 1995

A Newsletter by and for the Residents of The Forest At Duke

## Kathy Crapo Speaks to Chairpersons

At the regular meeting of the Chairpersons' Caucus on March 1, Executive Director Kathy Crapo gave eleven members and nine invited guests a wide-ranging review of residents' recent concerns. She was introduced by Vice-president Bill Goldthorp, who presided at the meeting.

Early in her talk, Kathy introduced Earl Roycroft, new Co-director of Housekeeping, who described his responsibilities in the newly organized department, and promised continued improvement.

Describing The Forest's first year as "a learning experience," Kathy noted that Lucy Grant and Mark Maxwell were the only survivors of the original staff. Turning to present problems, she discussed health care in detail, reporting that fewer glitches were occurring now, although hiring Certified Nursing Assistants continues to be a problem in this intensive labor market. The Forest has been able to hire only one out of every ten applicants. Hiring has also been difficult in housekeeping's "float" program. At the moment, she reported, we have 80 full-time and 81 part-time employees. Drug testing has elimi-

nated only eight. All new employees will be given this test. A plan for employee incentives is being worked on. A wage survey is taken every spring, and there are extensive staff performance evaluations, on which salary increases are based.

Discussing her thoughts on the future of the burgeoning lifecare industry, Kathy predicted there would be dramatic changes in health care, citing the new SANOS program already in progress at Duke. The Wellness Center's referral abilities are invaluable to our operation, she added.

The Forest's financial position had an excellent last quarter, Kathy reported. "We are right on target," she said, "meeting all of our obligations. We are full to capacity and have an excellent backlog." She saw a need to increase the Benevolent Fund. Back interest of \$8,000 has been added to the total, but this is a separate item, not combined with TFAD funds. She emphasized that our tax-exempt status, granted by the City of Durham, must be maintained.

Kathy discussed the accreditation problem in detail, observing that it was her belief we are

## SILENT AUCTION WAS A HIT

TFAD's "silent auction" on March 4 was the biggest money-making event since the institution's founding, according to cashier, John Friedrich. Two days later, with money still trickling in, the auction had recorded more than \$6,000 to be given to the Benevolent Fund.

In its closing hours, there was little silent about the auction as residents, staff members, friends and relatives thronged the auditorium in what seemed like a very large party, but without food or drinks. The sustenance lay spread out on rows of tables, filled with a wild variety of donations: from a bicycle, a typewriter, and a mink jacket, to rugs, jewelry, art, and an assortment of small treasures that had once pleased their owners. As the bidding drew to a close at 2 p.m., buying frenzies developed at the most coveted items and bids soared beyond original modest expectations. The auditorium, minus bidders, was photographed before the auction opened by Edmond Albrecht. Copies of these pictures will be posted when they are available.

Many residents noted that there was a lovely, festive atmos-



See KATHY on page 8

See AUCTION on page 5

The Forester

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## LETTERS TO THE EDITOR

Residents are invited to write letters to the Editor for publication, subject to space limitations. Topics should be of general interest to our readers. Letters must be signed and should be typewritten and limited to 200 words or less. Views expressed in letters are those of the writer and are not necessarily those of *The Forester*.

## To the Editor:

A big round of applause from all the Forest's residents is due the "Ladies of the Silent Auction." They were well organized, peppy and still smiling on their way to the bank! Most of these ladies felt they had left their bake and rummage sale days behind with the PTAs and churches. Instead, their expertise provided a delightful, cohesive affair for The Forest.

— Carolyn Vail

See MORE LETTERS  
on page 9

## CHRIS'S COMMENTS

In *The Forester* for February I asked for residents' support for the Silent Auction and for Marjorie Jones and her volunteer committee who were then planning the event. Now the Silent Auction is over and from all I hear it was a tremendous success. To Marjorie and her committee I extend my congratulations and very sincere appreciation.

But the Silent Auction meant much more to the Benevolent Fund than the significant amount of money generated by the Auction. From my observation no activity to date has involved more residents or involved them to a greater degree than did the auction. Increasing interest of residents in the Benevolent Fund, culminated in the auction, has resulted in growth in the Benevolent Fund from \$103,475 on September 30, 1994 to \$124,086 today. Contributing to this result was the action of the Forest's Board on December 8, 1994 establishing a separate Benevolent Fund account with appropriate investment objectives.

At its meeting on February 14, 1995 the Board took the further step of authorizing the transfer to the Benevolent Fund of accumulated interest of \$7,486 and this has been done. Meanwhile anonymous donors have made contributions to the Benevolent Fund which have brought the total to \$124,086 which **does not include** receipts from the Silent Auction.

At its meeting on February 14, 1995 the Board also authorized Kathy Crapo, as Executive Director, to proceed with the plans and procedures necessary for the further development and operation of the Benevolent Fund. As we wait fur-

## EDITORIAL

If there is one topic discussed more often than any other at TFAD, it's the rumor mill. The only thing exceeding it are the rumors themselves---about everything and everybody. Tracking a single rumor from its more or less innocent beginnings to its full flowering is an exercise in how to build a skyscraper from a peanut.

Granted, most of these rumors are more or less harmless. Granted, too, that rumoring is as old as humanity---"did you hear what happened in the next cave?"---and trying to eliminate it is a nowhere ambition. Just the same, more than one resident, indeed many have complained that such careless talk can cause confusion, even pain, and sometimes lead to assorted mischief. Anyone can provide instances. The most we could do is not to repeat anything we hear unless we know it's true, no doubt an impossible hope. The least is to say, "This is just a rumor and it may not be true, but..." Somewhere in between is a lot of harmless stuff called gossip, and when humanity stops gossiping, civilization will dry up and collapse.

---John Tebbel

ther action by the Board and management, indications that I am receiving from residents express their recognition of the importance that the Benevolent Fund may have for us all and their willingness to do their part to help make it grow.

--Chris Hamlet

*Happy  
St. Patrick's  
Day*



## SHOWING OFF FOR VISITORS

by John Tebbel

(EDITOR'S NOTE: *We're often taking visiting relatives and friends on tours of the Duke campus, but not all of us have the background knowledge old Duke hands among us bring to these tours. With gratitude for the help and materials provided by Helen Corbett, who has been everywhere and seen everything, we begin herewith a series intended to make you sound thoroughly knowledgeable about the glories of the historic Duke campus.*)

Let's begin our tour with the East Campus, where Duke began in 1892, when Trinity College moved its campus from Randolph County to Durham. The site it was given was a racetrack called Blackwell's Park, which accounts for the circular shape of the Quad. Land was given by Julian Carr and initial financing by Washington Duke.

Duke, in the larger sense, began in 1924, but the name of Trinity was retained to designate first an un-

dergraduate college for men, later for women, and now coeducationally known as Trinity College of Arts and Sciences.

One of the gems here at East Campus is the Lilly Library, named and dedicated as such in 1993 after the Lilly Pharmaceutical Company provided money to renovate it. Retaining the flavor of East Campus's earlier career as a wo-



men's college, the library contains many objects of art, including French tapestries, sculpture, and paintings. Visitors are fascinated by the triptych which dominates the first floor-- three large hanging panels done in strong, attention-getting colors. Depicting passion, intelligence, and strength, the panels contain the recognizable faces of many noted women of our era. It is the work of Irene Rodrick. Who created these "three faces of femininity."

On the library's second floor is a collection of Chinese art, and artifacts, begun by James A. Thomas, an Old China Hand.

At the end of the East Campus quadrangle is Baldwin Auditorium, named for Alice Mary Baldwin, first dean of the women's college and first woman member of the Duke faculty. Like other buildings on the campus, its architecture is Georgian, and the materials are red-rock and Vermont marble with slate roofs, similar to Thomas Jefferson's original buildings at the University of Virginia. Alice Baldwin was ahead of her times. She encouraged women to go into professions, and later, at the beginning of World War II, helped to organize the WAVES.

As you come into the main entrance at East Campus, on the right is a life-size bronze figure of a farmer sowing seeds, quite naturally called "The Sower." Cast in Berlin, it was originally on the J.B. Duke Estate, and was brought here by Bishop John Kilgore, one of Duke's early presidents, who saw it as a model of "manliness and strength," intended to be an example to male students. A campus tradition was that if you put two pennies in the

Sower's hand as you passed, and if they were gone when you passed by again, you could collect two kisses from your girlfriend. At a later date, more cynical students liked to move The Sower around the campus from time to time as a prank.

When you enter the campus, there is also a statue of Washington Duke himself, labeled "Patriot and Philanthropist," who once said, "There are three things I'll never understand: ee-lec-tricity, the Holy Ghost, and my son Buck." It was



Buck, however, who later created the American Tobacco Company. As everyone knows, the Duke family, down to the present generation, has been the university's primary benefactor. Benjamin

Duke wanted a wall around East Campus; it's still there.

Another highlight of East Campus is the Duke University Museum of Art, so full of works that many things are in storage because there's no space to display them. The museum's permanent collection contains medieval, pre-Colombian, African, classical and Chinese works of art and all genres of painting. The museum is open 9a.m.-5p.m. Tuesday-Thursday, 11a.m.-2p.m. Saturday, 2p.m.-5p.m. Sunday and Thursday nights, 5 p.m. - 8 p.m. Call 684-5135 for information about special exhibitions and free lectures.

A real artifact on the campus is The Ark, built in 1898, the first college gymnasium in North Carolina, where the state's first college basketball game was played in

**See DUKE TOUR on page 9**

## BOOK NOTES

by John Tebbel

Admirers of A. S. Byatt, and they are many, will want to read her new, unique novel, *The Matisse Stories*. They're exactly that---stories evoked by Matisse paintings, told in her rich, absorbing prose style. Due in April.

Those who may have been anesthetized by William Bennett's best-selling *The Book of Virtues* can look forward to a stimulating recovery with *The Book of Vices: A Collection of Immoral Tales*, edited by Robert J. Hutchinson. Dividing his anthology according to the Seven Deadly Sins, Hutchinson runs the historical gamut from Xenophon, to Dickens, Mark Twain, Shakespeare, and of course, Woody Allen. Not to mention Rabelais, Voltaire, Tom Wolfe, e.e. cummings, Oscar Wilde and Groucho Marx. If these great names don't convince you this isn't an under-the-counter book, be assured: the Book-of-the-Month Club is distributing. (April)

We live in it ---the South, that is---and some Northerners may not think about it beyond the Civil War, but in truth, this region may be the most fascinating in America. That conclusion can be drawn from *The South*, by B.C. Hall and C.T. Wood. (April) This is anecdotal history, filled (says one advance reviewer) with "fresh insights, intimately perceptive, vividly written."

April's most unusual nonfiction book may be *Autobiography of An Elderly Woman*, written in 1911 by 37-year-old Mary Heaton Vorse,

whom some will remember as a novelist and short fiction writer, others as a radical for her times. It's said to tell us the secret of growing old wisely, something we could all use.

Speaking of aging, as we frequently do, Ann Tyler's new novel, coming in May, is called *The Ladder of Years*, and tells of a 40-year-old woman who runs away from her disapproving doctor husband and "three surly children." And yet, says advance word, this thirteenth of Tyler's novels is remarkable for its evocation of family life.

Certainly the season's most cheerful title is *Let Me Call You Sweetheart*, from the endless fountain of Mary Higgins Clark. It tells the story of a spunky New Jersey prosecutor (an Eastern Marcia Clark?) who defends the professed innocence of a man jailed for his wife's murder. If this sounds old hat, the publishers don't think so: they've given it a million-copy first printing. (May)

Here's still another Bloomsbury book, and still another about Virginia Woolf, by James King. (April). But the author has unearthed a great deal of new material concerning this much-written-about author and he gives us a revealing picture of a tortured, many-sided woman.

Art lovers will welcome *James McNeill Whistler: Beyond the Myth*, by Ronald Anderson and Ann Koval, British art historians. It's an absorbing, well-illustrated story, published to coincide with a traveling Whistler show, to be seen this spring in New York, Washington, D.C., Kansas and Georgia. (May)

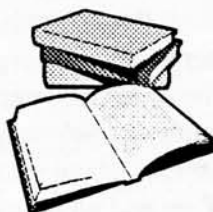
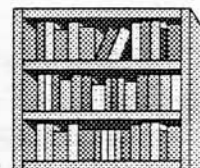
## Library Bookends

by Jean Weil

Good news! In the Annex of the Library you will find extra tax forms for IRS and for N.C. Income and Intangibles Taxes. We now have the **red book** which gives the December 31, 1994 prices of many stocks, bonds and mutual funds. We do like to help you with your problems!

If you are visually impaired, perhaps you would like to know about a free service called the Triangle Radio Reading Service. No, they don't read the radio-but they do read parts of *The Herald Sun*, *The Raleigh News and Observer*, *The Wall Street Journal* and *The New York Times* every day. Occasionally they read parts of novels, travel news, The People's Pharmacy and other interesting reports. Each month you will get a program printed in large print. You must have a special radio receiver to listen to these special broadcasts; they cannot be picked up on your regular radios. The service is free, but they ask you to pay what you can toward the cost (which is nominal) of the special receiver. You can also have a free trial of the service. The phone number for the Triangle Radio Reading Service is 919-832-5138. If you have any questions, please contact Jean Weil, Jane Jones, or Mary Ann Zabreski (the representative from the Duke Eye Center).

Copies of all the tapes of the programs in the auditorium are now in the Library. If you would like to use any of the tapes, sign the card in



See LIBRARY on page 9



## CAROLINA MEADOWS TO HOST SYMPOSIUM

Ann Somers, whose book *The Continuing Care Community* was read by many Foresters last summer, will be the keynote speaker at a symposium to be held by Carolina Meadows on April 5, from 1 to 5 p.m. There is no charge for the event, which is open to everyone.

The symposium's topic is "Health Care Organization and Management in Continuing Care Retirement Communities: A Challenge for Leadership." Charles Weller, M.D., of Carolina Meadows, will be moderator and will introduce Ms. Sellers, who will speak on "Where Are We Going: Managed Care for The Elderly." He is Adjunct Professor of Geriatric Medicine at the University of Pennsylvania. Mark Williams, M.D., Director of the program on Aging at the University of North Carolina, will also speak on "How New Telecommunications Technology Affects CCRC's: Improvement of Care for the Elderly."

After a 2:45 break, guests will hear Dan Cuthriell, Director of Health Services at Carolina Meadows, speaking on "Maximal Functional Independence." He will be followed by Ruth Gulyas, Director of Assisted Living at the American Association of Homes and Services for the Aging, who will discuss "Assisted living in CCRCs." A reception will close the afternoon's program.

Foresters interested in attending may call Hope Sellers, at 493-8798 for further details, including possible transportation.

## Gardening in The Forest Things to do in March

- \* Continue to plant and transplant.
- \* Try an espalier on a wall or fence using camellias, fruit trees, deciduous magnolias.
- \* Plant lilies, summer and fall flowering bulbs.
- \* Plant gladiolus at 2-week intervals for succession of bloom; start caladium tubers indoors in flats to set out in April.
- \* Dig and divide established summer and fall blooming perennials and place stakes where they will grow.
- \* Fertilize bulbs as they finish blooming with 5-10-5 or bulb food.
- \* Continue fertilizing new and established evergreen and deciduous trees, shrubs and ground covers.
- \* Continue fertilizing perennials, hardy annuals with 5-10-5.

Maybe now would be a good time to clean those clay pots that we all like so much. Because they allow the passage of air and moisture and "breathe" they may accumulate some mineral salts contained in fertilizer and these form a crusty white film around the rim and exterior. In a sufficient concentration they can be toxic to a plant. The most common symptom of salt toxicity is burning of the leaf tips and margins. Clay can also harbor disease organisms. These disease



organisms become dormant when the pot is in storage, then "wake up" when it's filled with new soil and a plant. To prevent salts or diseases from harming your plants, clean

used clay pots each winter. Soaking the pots overnight in a large bucket or tub filled with 1 cup vinegar to 3 cups water will clean them off fast. To kill overwintering diseases, dip each pot in a solution of 1 cup bleach to 1 gallon water. If you have a plant in a clay pot and want to keep the plant in that pot but the pot needs to be cleaned, remove the plant to a temporary place (making sure the roots don't dry out) for a day until the original pot has been cleaned up.

(Submitted by Edna Wilson from the *Durham Master Gardener Newsletter*.)

## AUCTION from page 1

phere during the day as people thronged in to chat and bid. As these bids accelerated, one item



alone (the typewriter, a vintage Royal electric portable) had 17 bids before it was acquired by the undersigned

(he's happy to say).

The event really began on February 7, with Dagmar Miller's letter announcing the auction, which produced immediate and remarkable results. Volunteers working in two-hour shifts during Friday and Saturday did a tremendous job of organizing the affair. Some stayed during the entire day. The committee responsible for it all consisted of Marjorie Jones, Dorothy Zutant, Martha Gambill, and Helen Corbett.

The committee wants to thank everyone who donated gifts from their homes, who bought gifts for friends and family, and who wrote out the checks which are tax deductible.

--John Tebbel

## arty facts

by Charlotte Cassels

### All About the Raleigh Little Theater

In spite of the current political anti-cultural climate, TFAD residents, among others, can still enjoy the oldest community theater in continuous operation, the Raleigh Little Theater, now in its 59th season.



Launched in the darkest days of the Depression, when Franklin D. Roosevelt's WPA program was saving the theater from at least temporary extinction, the Raleigh operation's fourteen productions each year enjoy the patronage of more than 28,000 people, according to Steve Zaytoun, president of its Board of Directors. Sellouts are always likely for Friday and Saturday performances. More than 5,200 individuals subscribe to the theater's regular season, paying about \$60 for the series of five plays on the Main Stage. More than 400 individuals form a volunteer corps working in every area of the Raleigh Theater, which is supported by the United Arts Council of Raleigh and Wake County, Inc.

Two shows remain to be shown on the Main Stage this season. One is Bryan Friel's "Dancing At Lughnasa," on April 17-23, critically acclaimed on Broadway. Set in Donegal in 1936 during the period of Ireland's industrialization, the play was the talk of New York theater when it was first performed there. From June 2-24, there will be "City of Angels," winner of six Tony Awards, including best musical. In another program, the Little

Theater's City Stage will offer "The Best Little Whorehouse in Texas" on April 27-30. The Youth Theater offers "The Prince Who Wouldn't Talk" on May 11-14, and "Pinballs," on March 31-April 2.

When the Little Theater was established in its WPA beginnings, the state director of the Federal Theater chose Jonathan Daniels to get it off the ground. Daniels is better known as one of the Raleigh *News & Observer's* most noted newspapermen, who also served in Washington under President Roosevelt. He was the author of more than ten books, as well as founder and columnist of the *Island Packet* newspaper of Hilton Head. The theater was inaugurated on February 11, 1936. After several years of controversy with the WPA, permission was given by Raleigh's commissioners to use the old State Fair racetrack as a site to build a theater and amphitheater. Built by the WPA but owned municipally, it was dedicated on September 20, 1940.

Besides its high theatrical reputation, the RLT was recently voted by *Spectator* magazine as "Best Theater Organization in the Triangle, its third consecutive award. It has also been praised for its dynamic Youth Theater program, directed by Jennifer Scott McNair.



The Entrance to RLT, at 301 Pogue St., leads to the Main Stage.

To the left as you enter is the rose garden Amphitheater, where fund raising performances take place. It will next be in use on May 7.

Behind the Main Stage building is the Gaddy-Goddwin Teaching Theater, with its own stage and 150 seats, used for

## LINKS TO RETIREMENT COMMUNITIES DISCUSSED

At the February board meeting of the Continuing Care Community Residents of North Carolina (CCCRNC), the possibility of TFAD's sharing information with the organization of managers of these communities was discussed. Steps are being taken toward reaching that goal, according to Hope Sellers, TFAD's representative. She joined Chris Hamlet, Bill Goldthorp, and Bill Heroy at the board meeting.

The meeting also discussed the current membership campaign, with a goal of 1,000 members by the end of 1995. Residents of TFAD have responded to the drive in gratifying numbers, it was reported. Residents wishing to join the organization should write a check for \$5, payable to

Join Now!



CCCRNC, and send it to Hope Sellers' in-house mailbox, #51. Members will receive the semi-annual house organ, *Hotline*, and will be able to attend annual meetings. Bob Buzenburg, of Carolina Meadows, membership campaign chairman, is asking all members to reach out to residents of other North Carolina retirement communities. TFAD residents desiring a membership blank can call Hope Sellers at 493-8798, or give her names and addresses, and appropriate information will be sent.

theater-in-the-round and as a rehearsal hall. It also houses the scene shop, while the ground floor area contains the Green Room and offices. The theater's box-office number is 821-3111.



### LIFE GOES ON

Five months they have stood  
stripped, but proud,  
bare arms reach up and out  
and withstand the onslaught  
no matter what comes their way;  
ugly to some, no doubt,  
for even the human form needs adornment  
in the eyes of the crapehanger,  
but to others these steadfast friends  
are much alive,  
their fingers wave at passersby  
when the wind whips through;  
today, buds appeared  
and soon they will be clothed,  
ready for spring's fashion show, when  
fledglings will nestle in their finery  
and another cycle will be completed  
as the trees green in The Forest  
and life goes on.

—ellen c. dozier

### March Limericks

(You write the last line)

Will March march like a lion or lamb.  
Come in with a bleat or a wham?  
Will St. Patrick sing?  
Will flowers think spring?

Here's to that color called green  
The wearing of which we have seen;  
to leprechaun critters,  
to Blarney Stone jitters

(Entries can be funny, silly or even serious but keep reasonably clean. Send to #41. We'll print the winner in the next *Forester*, with your permission, of course.)

### WORDS

There are so many out there  
Waiting to be captured and used.  
Some will be put to good service  
Some kicked about and abused.

Debaters orate them with conviction  
Actors memorize them to emote;  
Preachers pick words with a message  
Politicians beseech your vote.

The poet looks for two that rhyme  
Scholars seek the meaning of each;  
Editors pick eye-catching ones  
Professors use those that help teach.  
The Bible, the best sold of books,  
Is referred to as just "the Word";  
Phrases and quotations from it  
Continue to be the most heard.

The moral of this little verse  
Is that words alone do no harm;  
It's the human behind their usage  
Who can soothe or cause alarm.

—ellen c. dozier

P.S.

Isn't it nice when you're greeted  
By the very pleasant one "hello" and  
then asked how you are feeling  
Because someone really wants to  
know? ecd

### You pick the winner:

*February's limerick was:*

This is the month of great fame  
Our forefathers we know by their  
names.

With valentine hearts  
And Cupid's sharp darts

1. We shun incestuous games.

—Claude Manning

OR

2. We're thrilled with thoughts of  
old flames.

—Bob Blake

### Humility

(early spring thoughts)

With these bare hands  
I turn the earth.

My kneeling down,  
my bowing head,  
pay tribute  
to all  
growing things.

—Florence Manning

### SPORTS SECTION

An Ohio housewife  
was doing her laundry in the  
basement and impulsively de-  
cided to take off her soiled  
housedress and toss it into  
the machine. Her hair had just  
been set in rollers, and the  
pipes overhead were leaking.  
She suddenly spotted her  
son's football helmet in the  
corner and put it on her  
head. There  
she stood,  
stark naked,  
except for the  
football hel-



met. At that moment, she  
heard a cough. The woman  
turned around and found her-  
self staring into the face of  
the meter reader from the gas  
and electric company. Star-  
tled and embarrassed, the  
man had only one comment,  
"I hope your team wins,  
lady."





## DUKE DOCTOR TO DISCUSS AGING AND HEALTH

Harold O. Koenig, M.D., of the Duke Center for the Study of Aging and Human Development, will speak To TFAD residents on Thursday, April 27, from 2:30 to 4 p.m. He will discuss "Spiritual Pathways to Mental and Physical Strength in Later Years." The talk is sponsored by the Committee on Aging of the Episcopal Diocese of North Carolina.

A noted authority in his field, Dr. Koenig will report on new research findings demonstrating how religion can help people to age successfully, cope with health problems better, and maintain physical health. He will discuss the psychological and spiritual needs of older adults, and how prayer, Scripture reading, and worship can meet important psychological needs. He is the author of the recently published *Aging and God: Spiritual Pathways to Midlife and Later Years*.



Trained in both geriatric medicine and geriatric psychiatry at the Duke Medical Center, Dr. Koenig is presently Assistant Professor of Psychiatry and Internal Medicine. He is the recipient of several prestigious awards from organizations in his field, and in 1993, won a five-year Clinical Mental Health Academic Award from the National Institutes of Mental Health, to study depression in medically ill older adults. He is also Director of Psychiatric Services at Duke's Geriatric Evaluation and Treatment clinic, and is a Senior Fellow at the Center for Aging.

## Woodworkers Alert!

Help is needed to prepare the woodworking shop for use in its new more spacious quarters. We have the paint; we need the painters. If you are interested in the shop and can help, call Gene Ringwald at 493-9271 or Bill Fine at 489-1971.

### KATHY from page 1

not quite ready for it yet. At its February meeting, she said, the Board voted not to review accreditation any further until The Forest's fifth year. However, the Board has agreed to put the problem on its May agenda. Bill Goldthorp has asked the Board to document its reasons for postponing accreditation. Board Member Alex McMahon has promised this will be done.

On the related subject of Medicare, Kathy said she is neither for nor against The Forest's qualifying for it, and the Board's Health Committee is looking into it. Their decision will be made before next budget-making time.

A question-and-answer period followed Kathy's remarks. It was suggested that the Benevolent Fund be set up like a Christmas Club, with routine pledges. A residents' committee would be needed to set this up. It was suggested that nurses on duty in Olsen needed more training, and there were many questions on Medicare and accreditation. Other questions were asked about what could be done to maintain our tax-free status.

After Kathy had completed her part of the program, she was applauded and Bill Goldthorp promised a full report on the Board's May discussion of accreditation.

## About Venery

by Florence Manning

Try a fun thing! It is the art of venery, or the venereal game. (No, not what you might be thinking.) Its origin is that highly esteemed book, *An Exaltation of Larks, or The Venereal Game*, by James Lipton. It's a challenge played with words that amateur semanticists have indulged in for more than 500 years. In this context, venery (and its adjective, "venereal") have come to signify the hunt---possibly evolving from the Latin *venari*, meaning to hunt.

Lipton breaks down venereal forms into six families: onomatopoeia, such as "a gaggle of geese"; characteristics, as in "a leap of lions"; appearance, "a knot of toads", habitat, "a shoal of bass"; comment, "a cowardice of curs"; and error, "a school of fish" originally "shoal".

Here are some more samples of the art from Lipton's book: a liter of chemists, a scoop of reporters, a hive of allergists. The Portland *Oregonian* recently supplied us with some contemporary ones: a kneading of masseurs, a waddle of Weight Watchers, a grip of bag ladies, a spray of firemen.

Join the game, let your imagination take wing, and send your originals to Box 41.

During the regular meeting that followed, there was further discussion of the issues raised earlier, and a number of other smaller concerns were raised. These included better lighting at the front door, a need to review the master key policy, and other items of residents' interests.



**MORE LETTERS**

from page 2

**To the Editor:**

Thanks to Edna Wilson, we now have a poker table for our Saturday Game Nights. The table, which she inherited from her grandfather, has been completely renovated by Hal Muncaster and me and is ready for play in the Party Room. Edna also generously donated a fine lazy susan of poker chips.

Good luck, poker players!

—Gene Ringwald

**To the Editor:**

We need a TV monitor for our Channel 8 programming room to replace the old one which expired recently. We can use a table-top television set of any make, age or size (preferably not bigger than 17 inches diagonal) as long as it works. A color set would serve us best. We have no budget to buy a new one and are hoping for a donation. If any reader of *The Forester* has a set that is not in use that needs a good home, please call me at 490-8454.

—Chuck Fields

**LIBRARY from page 4**

the bag and put the card in the basket. When you return the tape, please leave it on the desk and we will refile it. The box of tapes is located in the Reference section, near the other TFAD Information,

Notice our "Recent Additions" display. The newest books in the library are placed there for a few weeks. Take the books out, please. The lovely turn-table that the books are on was donated through the Silent Auction, and we will appreciate it.

**PHONY AS A \$3 BILL?**

Wars often bring into play the old adage, "Necessity is the mother of invention," and therein lies the story of the \$3 bill.

The first paper money in this country, "continentals", was issued to help finance the Revolutionary War of 1775. But as war expenses mounted, so many of the continentals were printed that by 1780 they were almost worthless - you've heard the expression, "Not worth a continental!"

Another war---another need for new money. Paper money as we know it today dates from the 1860's. To help pay the costs of the Civil War the U.S. government issued about \$430 million in paper money which couldn't be exchanged for gold or silver. The bills were called legal tender notes (but most people referred to them as "greenbacks" because the backs were printed in green). Their value rose and fell depending on people's confidence in the government, which in turn, rose and fell with the victories and defeats of the war. At one time, each greenback dollar was worth only 35 cents in gold coin. In 1863/64 the National Bank Acts set up a system of privately owned banks which could issue government backed notes, and taxed state bank notes to discourage people from using them.

But back to the \$3 bill. It wasn't printed on government presses, but in a tough little river town on the bank of the Ohio River,

by the name of Shawneetown, Illinois. By the time the early pioneers in their Conestoga wagons crossed the Ohio they often received odd denominations of currency (including \$6, \$7, and \$9 bills) as change for purchases made with gold. Competing banks instituted "runs"; counterfeiting was rampant.

The security used to protect these odd bills was equally unusual. The Marshall Bank in Shawneetown, home of the \$3 bill, was so concerned with theft, that after banking hours it put all its cash in a strongbox, which was lowered through the floor to a vault. A guard then threw his bedding atop the trapdoor, cradled a shotgun in his arms and spent the night right there.

The government ended this wildcat currency problem by issuing federal bank notes of indisputable worth. Eventually Shawneetown fell on hard times (though for other reasons) but its place in history is secure. It was the only spot in the nation where "phony as a \$3 bill" held no veracity. —Hinsdale (Illinois) Historical Society Newsletter

**DUKE TOUR from page 3**

1906, between Trinity and Wake Forest. In those early days, the floor was so small that a player standing in the center ring could shoot a basket at both ends. Today the Ark, among other things, is headquarters for the annual American Dance Festival.

TFAD residents know East Campus best for Bishop's House, built for Bishop Kilgore, and now housing the Duke Institute of Learning in Retirement, better known as Diller.

Bob Blake's

**PUZZLE**

Each word below can be found by either  
reading up, down, forward, back-ward or diagonally.

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R A N G E R A N O S D U H Y U D A I
N E L G A E Z T O E G U E P G V E M
R O O E G Y W H L S A A B H E F G P
U V C K C I U B D E I A T J O K D A
T L N S U R U A T D D D N G I N O L
A O I U I A E J Z E T O A M A Z D A
S V L N O U L T A C R R I O V R O A
E P R B Q G Q P H R O O L R I E O V
L L E I T A N R S E C D E B S K W E
L Y L R H J Y A A M S L R U A R T I
I M B D E S B N T M E E A R X O E H
V O M C L Z I Q O S D S T R D Y E C
E U A E X M A B Z N U N Y U R W L A
N T R R U Y I L U M E M A J O E F N
N H T L E L C H B S W M B R F N I F
O D E E E V T Y R U T N E C G S O S
B G M H V K I P O N T I A C S J T A
K D P G J R Y R U C R E M O K E Y B
I F O T E L O R V E H C N P R E O L
C S S A L T U C A D I L L A C P T E

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"CARS YOU DRIVE"

Achieva	Delta	Impala	Oldsmobile	Sentra
Blazer	Dodge	Jaguar	Peugeot	Sierra
BMW	Eagle	Jeep	Pontiac	Sunbird
Bonneville	Eldorado	Lincoln	Plymouth	Taurus
Buick	Escort	Mazda	Rambler	Tempo
Cadillac	Fleetwood	Mercedes	Ranger	Tercel
Century	Ford	Mercury	Reliant	Thunderbird
Chevrolet	Geo	Mitsubishi	Rivera	Volvo
Chrysler	Grand Marquis	Mustang	Saab	
Corvette	Honda	New Yorker	Sable	
Cutlass	Hudson	Nissan	Saturn	

\*One car may be misspelled, such as Riviera.