

# THE FORESTER

Volume 1 Issue 5

October 1994

A Newsletter by and for the Residents of The Forest At Duke

## TFAD'S George Harrell Honored at University of Florida

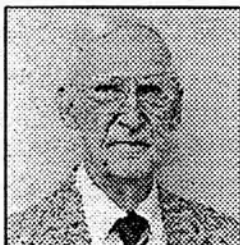
On October 7, the Harrell Professional Development and Assessment Center was formally opened at the University of Florida's College of Medicine. Dr. George T. Harrell, founding Dean of the College of Medicine, and his wife, Janet, attended the ceremonies.

The Harrell Center is the most advanced facility of its kind anywhere, designed to provide an ideal learning environment for students to develop clinical abilities for skillful and humane patient evaluation and management. The new facility will also help faculty refine their teaching skills.

The world-class facility has eight patient examination rooms, equipped for video and audio monitoring in a conference room and in a state-of-the-art control room, also equipped for recording and playback. Eight study carrels house interactive video disc computer systems where students can learn diagnosis and patient management using computer simulations.

George was Duke AB 1932, and MD 1936. He was Duke Hospital House Staff until 1941, then

See HARRELL on page 5



## THANK YOU!

To More than 200 Volunteers, Committee Personnel, Residents' Association Officers and Directors, Management and Members of the Board of Directors:

**A Year End Report dated September 30, 1994,**  
**on The Forest at Duke**  
*from Nelson Strawbridge*



The conception of The Forest at Duke and the implementation of that dream have been nothing short of amazing. Those of us who have been so fortunate as to have found a home here want to thank all of you who have contributed so much to the success of this facility. **Look at what you have accomplished in just two years:**

**Filled TFAD** to capacity in less than one year.

**Retired** \$19,000,000 in debt early, reducing interest cost.

**Refinanced** the bond structure, saving over \$500,000 per year in interest cost, with a net reduction in annual debt service of over \$250,000.

**Revised** the medical deduction portion of the Entry Fee to 34% and that of the Monthly Service Fee to 32%, providing a potential savings in income taxes of well over \$1,000,000 to TFAD residents.

**Provided** quarterly financial information to all residents.

**Involved** the Residents' Budget and Finance Committee in the preparation of the TFAD budget.

**Successfully** sought improvement in our Health Care Facilities. Our Con-

sultants, CRSA, and reports from our residents tell us that ours are now among the finest in the industry.

**Created** a residents' newsletter, *The Forester*.

**Contributed** over \$3,000 to the Benevolent Fund from a Yard Sale.

**Contributed** almost \$14,000 for the purchase of a grand piano.

**Completed** Phase II of the landscaping plan and installed a sprinkler irrigation system.

**Determined** not to obtain Medicare Certification for Olsen at this time, choosing to study further the costs involved and wait to see if Medicare reimbursements are going to be reduced by the proposed health care reform bills.

**Provided** generation of in-house material for TV Channel 8.

**Continued** with an activities program that is awesome.

**Established** Neighborhood Groups for the purposes of increased communication and "neighbor-helping-neighbor" opportunities.

**Determined** that two residents, rather than one, shall be members

See THANK YOU page 8

**The Forester**

The newsletter of the Residents' Association of the Forest at Duke, 2701 Pickett Rd., Durham, NC 27705-5610.

Published monthly except July and August by and for the residents.

**Publisher:**

Bob Dunham

**Managing Editor:**

John Tebbel

**Council Representative:**

Mary Ruth Miller

**Editorial Assistants:**

Charlotte Cassels, Ellen Dozier, Evebell Dunham, Libby Getz, Florence Manning and Dagmar Miller.

**Art and Word Puzzle:**

Bob Blake

**Photographer: Ed Albrecht****Publishing Assistants:**

Bess Bowditch, Madeline Hawkins, Jane Jones and Carolyn Vail.

**LETTERS TO THE EDITOR**

Residents are invited to write letters to the Editor for publication, subject to space limitations. Topics should be of general interest to our readers. Letters must be signed and should be typewritten and limited to 100 words or less. Views expressed in letters are those of the writer and are not necessarily those of *The Forester*.

To the Editor:

Because of a recent unpleasant experience at Heathrow Airport, London, where my overnight bag was taken from me as I stood at a ticket counter, I want to suggest a few helpful hints in case it happens to you. Since my bag contained my plane tickets, passports, travelers checks, etc., it required quick action to make the best of a bad situation.

The following steps were most important:

1. Contacted airport security immediately and reported the theft to an English bobbie. He phoned the information to the Heathrow police station and secured a Crime Reference Number (CRO).

2. Called American Express and canceled my unused travelers checks. Since I had the CRO and a list of numbers from the unused travelers checks they said, "No problem. We'll mail a check to your home"---which they did.

3. Called the American Embassy and, since I had photocopies of our passports in my wallet (a must when traveling anywhere) they gave us temporary visas back to the States.

4. Checked with American Airlines, and with the CRO, a copy of our passports and documentation of our flight numbers, they issued replacement tickets.

The thieves are out there.

We must protect ourselves and our valuables by using the best planning and judgments possible.

— Bill Goldthorp

**OOPS!**

The Publisher's ears are still burning. Apologies to all you scientists. In the September article about the swimming pool, the notation for measuring the alkalinity-acidity was listed as the **Ph**. In a former life we were of the chemical engineering persuasion and have known since Chem 101 that the proper designation is **pH** (the negative logarithm of the hydrogen ion concentration). But our proof reader, a mere electrical engineer, and our tired eyes failed to note the error. We hope no offense was taken by you **Ph Dees**.

**EDITORIAL**

A lot of people have been going to the polls in these early autumn days, and they will be followed in the November election by (hopefully) a much larger number. This is called democracy, an idealistic but sloppy system of government which happens to be the system we're entrusted to make work.

Whether what we have here at The Forest is a democracy or not may be a matter of opinion, but what remains certain is that it's our system, and if we want it to work properly we have to take part in it. That means one thing: Voting in the election of officers and directors of the Residents' Association on October 17th.

Many of us know the candidates personally. Others don't. Everyone had a chance to meet them at the Meet-the-Candidates Forum October 6th. Choices may be easy for some, difficult for others, but the success of a democracy can be measured, in one sense at least, by the number of people who participate. In America, we don't have much of a record, less than 50 percent of those eligible voting in the last national presidential election ---a disgrace. Those who don't vote lose their right to complain, although they do it readily enough anyway.

At The Forest, we can do better in this small and homogeneous society. Let's demonstrate that we believe in democracy, not as an abstract idea but in reality --- virtual or otherwise.

—John Tebbel





## ARTIST-IN-RESIDENCE

## Virginia Putnam

by Charlotte Cassels

Strange to unfamiliar ears, and hard to pronounce at first, Oneonta (N.Y.) was what the Indians called their "city of the hills". Oneonta is the hometown of Virginia "Ginny" Duffie Putnam, now a resident of TFAD and one of our community's outstanding artists.

She could be called a "late bloomer," since Ginny did many things before she focused on art as her great passion. Born in Staten Island, N.Y., she and her family moved many times ---including White Plains, Albany, Syracuse and Glens Falls--- while her father was a civil engineer with the N.Y. Central Railroad.

Ginny received her B.S. degree at Syracuse University in 1938, along with the new title of Mrs. James H. Putnam, whom she married that year. They moved to Oneonta to begin their life together, after James got a job there with GMAC (General Motors Acceptance Corp). He later became an auto dealer for Cadillac and Oldsmobile as well as an officer with the Wilber National Bank, making time for Ginny and James to travel and play golf along the East Coast and central Europe. Two children entered the family: son James, who is now a dentist, and daughter Barbara, who raises Morgan horses.

In the nearby town of Edmeston, N.Y., a residential community called Pathfinder Village was created in 1980 for 82 children and adults with Downes Syndrome.



Ginny was immediately interested in participating in this splendid endeavor, and became a contributor as well as Secretary to the Board of Trustees, a position she still holds.

Ginny has served on the Board of Directors of the YMCA, the Catskill Symphony, Oneonta Clothing Guild, the Citizens Board of Hartwick College and 12 years on the Council of the State University College at Oneonta. She was also a member of the Hospital Auxiliary.

For Ginny, however, the most exciting volunteer job was serving with the Upper Catskill Community of the Arts. It was there that she began her life as an artist--- and as a widow. James died in 1976.

For the next six years, Ginny studied with local artists Tom Natoli and Bruce North, with Guy Corriero from Ilion, and Ruby Wang from Binghamton. She also attended workshops with Tony Van Hassely and Zolton Szabo, and at the Newlyn School of Art in Penzance, England. After that solid foundation she attended many workshops in England, Germany, and Mexico, while traveling and painting in many different locations. Her paintings have been exhibited in many banks, offices, and hospitals.

Experimenting with diverse techniques and equipment, her work is always in watercolors, creating transparent colors, sharp contrasts in linear effects, and excellent perspective settings. She prefers on-the-scene paintings of flowers, birch trees, pines, and vistas. Occasionally she paints from photos, and is currently working on a wet-on-wet technique.

Ginny Putnam says, "The

Presenting...



## The Big Event

Residents of The Forest are being invited to join what its sponsors are calling simply, "The Big Event," a wide-ranging variety show to benefit the Building fund of the Duke Institute for Learning in Retirement (DILR). It takes place on Sunday, November 6, at 3 p.m. in the Baldwin Auditorium on the Duke East campus.

If you've been wondering whatever happened to vaudeville, you'll find a modern version of it at this event. Among the acts already scheduled are the Heart of Carolina Jazz Orchestra, the Village Voices from Fearington, the Harmony Grits, former Broadway actor Tom Avera, actress Quinn Hawkesworth, tap dancer Gene Medler, and as they say in show biz, so much more. Tickets are \$8 per person.

—John Tebbel



He who trains his tongue to quote the learned sages will be known, far and wide, as a smart-ass.

—Howard Kandel in

"The Power of Positive Pessimism"

challenge to paint a light, airy picture in beautiful colors, or a stormy sky, or cold snow is an exciting adventure. There is no stress in my paintings and I feel anything we can create with our hands is wonderful."

Some of her work has been recently hung at TFAD and can be seen from elevator 8 at the 2nd floor, turning left and down the next corridor by apartments 2020, 2022, and 2024.

**BOOK NOTES**

by John Tebbel

After sorting out the potential best-sellers last month, we promised more serious items for your fall reading this time. Since "serious" is in the eye of the reader, the following survey of new books covers a broad spectrum. Something, as they say, for every taste.

To begin, all of us who remember James Thurber's marvelous cartoons for the *New Yorker*, as well as his quietly hilarious books, will want to read

"Remember Laughter:

A Life of James Thurber," by Neil Grauer. (October) As so often happens, the life of the humorist was not always a cause for laughter.



Another comedian with a not always untroubled life is disclosed in "Lucille: The Life of Lucille Ball," by Kathleen Brady. (Nov.)

In the never-ending flow of Civil War books, some are of more than ordinary interest. A special example is "The Civil War Memories of Elizabeth Bacon Custer," edited by Arlene Reynolds (Nov.). This is a vivid reconstruction of what it was like to be in the field during the war ---if you were the wife of a mercurial general. The story is pieced together from letters and diaries, and it is fascinating. Nothing of the Little Big Horn here; that came later.

Popular science is not easy to do, but some scientists have a real knack for it, as is the case in this venture into a truly intriguing field: "Voyage to the Great Attractor: Exploring Intergalactic Space," by the noted astrophysicist Alan

**Visiting a Mountain Retreat**

by Hildur Blake



Dressler (Oct.). Dr. Dressler's central thesis is that the known universe is collapsing through the force of gravity toward something incredibly huge that is pulling us all inward. Don't worry. Not before Christmas.

A great read for all TFAD travelers (they are legion) is "The Literary Traveler: An Anthology of Contemporary Short Fiction," edited by Larry Dark. These are 19 stories about "the pain and passion of travel," says one advance review.

Just in time for Columbus Day, a vastly entertaining account (fictional, of course), of "The Discoveries of Mrs. Christopher Columbus: His Wife's Version," by Paula DiPerna. (Oct.). And you thought you knew who discovered America.

A truly original novel is "Dunking the Apple," by Elizabeth Palmer (Oct.). An advance reviewer calls it "a novel of high-society slapstick that is nearly impossible to put down."

This just in, what it's like to be on the other side of the television camera if you happen to be Dan Rather. "The Camera Never Blinks Twice: The Further Adventures of A Television Journalist." With the help of Mickey Herskowitz, Dan takes us from Afghanistan to George Bush, with shore excursions-- a staggering journey.

Up a twisting dirt gravel road with fields of ten-foot-high corn on each side, we reached a unique mountain dwelling summer place in North Carolina. Across a spacious well-mowed lawn from a wood-planked porch with beautiful snowball bushes at each end, Amby and Bernard Peach welcomed us. This TFAD resident couple have spent many busy, happy years making an early 1920s farmhouse into a cozy, very habitable summer home.

Their source of water is a 70-foot well which they have connected to a wellroom adjacent to the kitchen. Here electricity powers a modern refrigerator and stove, and lights up all rooms. The dining room-family room has a desk where Bernard, Duke Professor Emeritus of the Department of Philosophy writes articles for publication. Logs in the the living room fireplace reduce the evening chill to warmth for reading or TV watching. Across the hall are two bedrooms, while upstairs, covering the entire front of the house, is a many-windowed dorm-like room --- always ready for their children, grandchildren and friends to bed down for vacation visits. The other upstairs bedroom is the master bedroom. On the wall over the bed hangs a Medal of Achievement given by Amby to Bernard!

About 149 acres of land, two hiking trails, a section of New River with a natural dam and a 3-foot waterfall encompass this unique mountain dwelling. But it is the gracious hostess and host who perfect the silent beauty and harmony of Mother Nature we enjoyed there.



## WELCOME NEW RESIDENTS



**Ray and Mildred Fuller**  
Apt. 3019 489-7975

From Durham. Ray grew up in New York City, Mildred in New Haven, CT. Ray has been involved with computers for 45 years, teaches computers at Durham Tech. Mildred was a homemaker. Interests: swimming, aerobics, reading, travel.



**Waldo and Mary Beach**  
Apt. 3010 489-3628

From Durham. Originally "Connecticut Yankees," Waldo taught 40 years at Duke Divinity School. Mary was secretary at Duke Medical Center, was a founding docent at Duke Museum of Art and active in the Campus Club.



**Kay Boyd**  
Holbrook # 1232 419-4132

From Jacksonville, TX. Native of Mississippi. Homemaker. Interests: Handwork, swimming, reading,

### HARRELL from page 1

taught at Wake Forest School of Medicine. In 1954, he went to Gainesville, Florida, where he established the University's College of Medicine and served as its Dean until 1964. Since then, George founded the School of Medicine at Penn State in Hershey, PA. His other honors and awards are too numerous to recite here.



Funds for the Harrell Center were raised by the George Harrell Club, an organization of College of Medicine alumni started by its first graduating class. A plaque at the entrance to the Center honors George Harrell's tremendous impact, recognizes the Harrell Club, and dedicates the Center to the education of compassionate and competent future physicians.

## Library Bookends

In the Library, we now have a copy of The Bible on tape. It was given by Mr. & Mrs. A. McLean. If you do not see well, and have a tape player, this is an interesting way to "read" the old Bible passages that you would like to recall. It covers both the Old and New Testaments except for two missing tapes.

For those with really poor eyesight, another acquisition is a Visualtek machine. This machine, also given by the McLeans, enlarges newspapers and magazines to print about one inch high so that you can read them comfortably. For a demonstration, see Jean Weil or Jane Jones. Everyone could easily read *The Forester* with this machine.

There is a wonderful collection of biographies in the Library and they are very popular with our residents. Subjects range from Abigail Adams to The Wright Brothers, and include such varied people as Barbara Bush, Charles Lindbergh, Dan Rather, Frank Sinatra, Lowell Thomas and Gloria Vanderbilt. Come and peek into their lives.



We hope to have some new bookshelves in the Library Annex in the near future to make the paperback books more accessible. Then they will all be together in alphabetical order-- not all over the place as they are now. The paperbacks will still be divided as to Mysteries, Fiction and Non-Fiction. Paperbacks circulate with no cards. Just take one and bring it back or provide another to take its place. If you want to contribute some, just leave them in the Annex. We will sort them.

—Jean Weil

## the savvy traveler

by Dagmar Miller

### Discovering New Bern

Edna Wilson and I recently visited a mutual friend, Kay Currie, who lives in Washington, a small town in eastern N.C. The weekend included an afternoon and evening in New Bern, an hour's drive south of Washington on US 17. (Our trip from The Forest to Washington took about three hours via I 40, US 64, and US 264.)

Washington, on the Pamlico River, has its own charm, but the highlight of the trip was New Bern, a fascinating town rich in Revolutionary era history. It was founded in 1710 by German and Swiss settlers who named it after Bern, Switzerland. It was the colonial capital of N.C., and Governor Tryon, appointed by the Crown, resided in what is now known as Tryon Palace.

The Palace was completed in 1770 and served not only as the Governor's residence but also as the seat of government. It is said that American patriots tore down the iron railings of the courtyard to make bullets as British forces threatened New Bern shortly before Yorktown. Much of the original complex, consisting of several buildings, was in disrepair or destroyed until the period following WW II. At that time it was completely restored, and the replacement of the remainder of the original buildings is an exact duplicate.

New Bern is on the Neuse River, as well as the Trent, and in recent years there has been a great

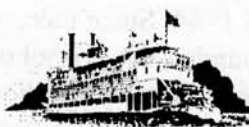
deal of restoration of old houses, several of which are now charming bed-and-breakfast inns and shops. The architecture dates from the colonial period to the early 20th century, and there are many Federal-style buildings of the early 1800s.

If your taste runs to a luxury hotel, the Sheraton Grand is a good choice. It comprises two buildings -- the larger with 100 rooms and the smaller "inn" with 72. They both face the harbor and yacht club. Best of all, they are only steps from the dock on the Neuse, where you can board "The Belle of New Bern," an authentic paddle wheel riverboat. Launched in 1963, she has plied several rivers, notably the Ohio and Mississippi. In 1993, she was purchased by a Captain David Hibbard, brought to New Bern, and has been in operation there since last March.

The schedule from September 1st to December 31st lists sailings six days a week, including afternoon, sunset, and Sunday brunch cruises. We took the Saturday night dinner cruise, and it is a winner. Reservations are necessary by one p.m. of sailing day, at which time you make your dinner choice.

We sailed at 7 and watched the sunset from the top deck. Then we came down to an excellent full-course dinner, accompanied by a guitarist, and finally went back on deck to enjoy the lights on the shoreline and the illuminated harbor of New Bern. We could see the graceful clock tower, several of the hotels, and the Harvey Mansion.

See TRAVELER on page 7



### Forester Profile

#### Lucy's Helper:

**ROBIN WILLIAMS**

by John Tebbel

As the Assistant Director of Activities, Robin Williams can often be found traveling in the wake of Lucy Grant, but the artistic talents she brings to her job find other outlets outside the confines of TFAD.

Robin, a tall beauty who could qualify as Shakespeare's Dark Lady of the Sonnets, comes from Savannah but has spent most of her life in North Carolina, where she first attended UNC and later graduated (in 1988) from Eastern Carolina, with a B.F.A. in Arts Education, reflecting her absorbing interest in both fields, especially art. As an artist and teacher, she first taught art education at Hillandale Elementary School. In 1992, she took a huge, if momentary, leap from her career to go to Africa with a unit from Jimmy Carter's Habitat For Humanity.

In Africa, Robin found herself a part of the chaotic scene in troubled Kenya and Tanzania, where the ten people in her crew helped build houses for the impoverished citizens of those countries, with no help from the corrupt police and governments. Her own contribution, besides the building, was to set up a letter-writing exchange between Tanzanian and Durham children. But two months were enough; she came home, gladly.

Here she found TFAD about to rise from the Carolina clay, and through a mutual friend in the

See ROBIN on page 8





## Poetic LICENSE

### WHITE SHOES AND STRAW HATS

Harvest season now takes command  
browning grass and coloring leaves;  
hay stacks dotting the once green fields  
stooped farmers bringing in the sheaves.  
Truck beds, loaded with orange pumpkins  
line crossroads as cars whiz by;  
jugs of sweet cider stacked next to  
where baskets of red apples lie.  
Shelves of Halloween treats luring  
little goblins closer each day,  
now that summer is history and  
white shoes and straw hats put away.

-- ellen c. dozier

### Life in the Forest

by Dagmar Miller

After our recent Farm Feast dinner, several of us went to the Auditorium to play some bingo before the Cloggers came on to entertain us.

Evelyn Doyle and I were sitting next to one another, and at one point, she needed only one number to win, but the game went on and on without the magic number (G 47) she needed. I turned to her and said, "Let's do a little voodoo. Let's chant in unison, very quietly, the needed G 47." We chanted about six or seven times.

On the stage, Bernie Bender was turning the cage containing the numbered balls and Priscilla Squier was calling them out. And what did she call out next? G 47, of course! Don't tell us chanting won't work. Incidentally, our chanting rates are very reasonable.



### TRAVELER from page 6

This is a 200-year-old restored building housing a fine restaurant with a Swiss chef from Bern, Switzerland. All the buildings were beautifully floodlighted. We had sailed for 1-1/2 hours down the Neuse River and 1-1/2 hours back.

The town has many events planned throughout the year, but our hostess told us that December is special. There are candlelight Christmas tours of Tryon Palace and its gardens on December 9, 10, 15, 16, and 17, and daytime Christmas tours from December 5-21. Walking and trolley tours of the town are conducted daily, and some historic houses can be visited. Notable among them are the John Wright Stanly House (part of the Tryon Palace complex) and the Dixon-Stevenson House across the street.

We were only a "fat" three hours from The Forest (our hostess' clever description of anything taking more than an exact amount of time), and yet we strolled along quiet, colonial streets in a meticulously restored town -- our mini-Williamsburg, Va. And when you go, don't miss the riverboat cruise!



Printing *The Forester*

### ATTENTION ARTHRITIS SUFFERERS

A cure for arthritis has eluded medical researchers, although there have been any number of remedies proposed, from folk medicine to snake oil. Now *The Forester* has learned of a new one, which has come



to us by a circuitous route from a well-known Durham doctor to his doctor partner and then to the partner's

physician friend in Alaska, thence to *The Forester's* Charlotte Cassels. We in turn are passing it on to our readers.

Here is the recipe. Every morning before breakfast eat nine white raisins that have been soaking in gin for at least several days. In spite of any temptation to do so, don't drink the gin. When the supply from a small jar runs out, make more. A cautionary note: Don't expect the same results if you use TFAD's celebrated raisin bread. Raisins extracted from it are too dark, and if you use a whole slice, it will be too soggy to eat.

If your arthritis shows no change after several weeks, check in with Dr. Galanos.

The sex of a bee is hard to see  
But he knows and so does she.  
The Queen Bee is a busy soul  
She has no time for birth control.  
And that is why in days like these  
There are so many sons of bees.

—Anon.

**THANK YOU from page 1**

of the Board of Directors.

**Greatly improved Dining Room service.** The food continues to be good.

**Successfully** sought the services of our consultants for this summer's evaluation of TFAD's 1994 operations and its management.



**Broadened** the election process.

**Lobbied** for and obtained a traffic light at the intersection of Pickett Road and Academy Drive.

**Mounted** a great lobbying campaign against the "first come, first served" provision in the health care reform package.

**Let Durham** zoning officials know from over 200 signatures that we did not want twelve living units per acre built on the adjacent property.

**Successfully** operated our Gift Shop, which recently gave \$500 to the Benevolent Fund.

**Replaced** the old Copy Machine with one which is far more reliable.

**The 2701 Club** continues to bring us entertaining and worthwhile programs.

**The Library** continues to grow in use and in content. We are now arranging for more shelves to accommodate more books.

**When** residents return from their many trips, they now feel that they have "come home."

**Look at what you are doing now:**

**Drainage problems** are being corrected.

**Now Switching** the swimming pool from hypobromite to hypochlorite.

**Re-seeding** is going forward.

**A study** of accreditation by AAHSA is being made.

**The woodworking shop** is being moved to the garage.

**The lapidary shop** is also being set up in the garage.

**The charge** for cablevision should be reduced in the near future.

**Look at what you hope to accomplish in the future:**

**Arrange** for better transportation to the Community Building during bad weather.

**Get better lighting** on some of our paths.

**Install** stepping stones from Cottage #71 to the nearest apartment building for the benefit of E-2 and E-3 residents in muddy conditions.

**Take steps** necessary to reduce speeding on Forest at Duke Drive.

**Finish** installation of awnings above exterior doors.

**Explore** feasibility of better acoustics in the auditorium.

**Obtain** bus service from DATA for our residents and employees.

**When proper criteria** are met,

look for reduction of the annual 6% increase in Monthly Service Fees.

**Determine** proper action to prevent recurrence of roof leaks during an ice storm.

**Continue** to improve communication and response time between various elements of TFAD.

**Continue to build community spirit and rapport among all who are connected to The Forest at Duke.**

**ROBIN from page 6**

Durham Arts Council, she met Lucy. It was love at first sight, and they formed the remarkable team with which we are all happily familiar.

Away from The Forest, Robin has a finger in several other pies. She does free-lance illustration for the Duke Divinity School, teaches art in the Duke Continuing Education School and belongs to a contra-dance group. She hopes to keep developing these interests.

At home in her apartment near the Duke campus (her mother lives in Charlotte, her father in Savannah) Robin lives happily with two cats,---Marsha, a Siamese, and Chloe, of uncertain origins. "I read a lot," she says, not specifying when she has the time, has a favorite television program ("Northern Exposure") and admits to being a good cook. Presently unattached, her current love is The Forest, a sentiment returned by its denizens.

**HALLOWEEN**

Now a children's holiday, Halloween was originally a Celtic festival for the dead, celebrated on the last day of the Celtic year, Oct. 31. Elements of that festival were incorporated into the Christian holiday of All Hallows' Eve, the night preceding All Saints' (Hallows') Day. Until recent times in some parts of Europe, it was believed that on this night witches and warlocks flew abroad, and huge bonfires were built to ward off these malevolent spirits. Children's pranks replaced witches' tricks in the 19th century, but most of the other Halloween customs are probably survivals from the Celtic festival.



## Entertaining Grandchildren

by John Tebbel



Old hands from Durham and vicinity who know where everything is may not have any trouble entertaining visiting grandchildren, or even relatives and friends from afar, but residents not as familiar with what the Triangle has to offer, may need help. The following catalog of attractions comes from the peripatetic Helen Corbett, who frequently entertains both groups. We're indebted. Here is her list of places to go and things to see for first time visitors.

**Duke University Primate Center.** It's the largest collection of prosimians (they're not monkeys) in the world. The Center, which has 500 animals, is dedicated to the conservation and breeding of rare and endangered species of lemurs. Tours by appointment only. Telephone 489-3364. Adults, \$5, senior citizens and children, \$3. Tours take about one hour, all out-of-doors.

**Duke Chapel.** The last example of medieval-type construction in the country features a 5200-pipe organ, a 210-foot tower, and houses a 50-bell carillon. Guided tours are available by calling the Chapel attendant. Also, by appointment, you may go up into the tower to watch the bells being played at 5 o'clock each afternoon. Telephone, 684-2572.

**Sarah P. Duke Memorial Gardens.** A combination of formal and informal gardens, as well as a large grassy area for playing, i.e. frisbees. Seasonal changes in floral displays. Good walking paths to enjoy spectacular horticulture.

**North Carolina Zoo.** This

has been called one of the great natural habitat zoos in the world.

There are no cages. Located on NC-159, six miles southeast of Asheboro. Open every day. Admission, adults 16 and over, \$4, children and seniors, \$2. Tram ride, \$1.



**Morehead Planetarium,** E. Franklin St., Chapel Hill. Programs and demonstrations presented Monday through Friday, also Sundays and holidays. Call for times available. A film is shown every day. Adults, \$3, students 12 years old through college and senior citizens, \$2.50. Under 12, \$2. Telephone, 962-1248.

**West Point on the Eno,** 5101 North Roxboro Rd., telephone 471-1623. City Park attractions include a 1778 working grist mill; a blacksmith shop and photography from the turn of the century in the Hugh Mangum Museum. Good picnicking, hiking, canoeing, and rafting. Open daily, 8 a.m. until dark.

**Duke** offers one-week camps on basketball, soccer, and creative writing. Call for prices and times, 684-8111.

**Civil War Interests: Bennett Place,** 4409 Bennett Memorial Rd., Durham. Telephone, 383-4345. Confederate General Joseph Johnston surrendered to General Sherman here. Tours offered. In **Petersburg, Va.,** a two-hour drive, there are interesting battlefields and many buildings of the period. Call Petersburg Visitors Center, (804) 733-2400.



**North Carolina Museum of Life and Science,** 433 Murray Ave., Durham. Telephone,

220-5429. Excellent for all ages. Plan to spend a lot of time there. One of the best. Open Monday through Saturday 10 a.m. to 5 p.m.; Sunday, 1 p.m. to 5 p.m.

**Stagville Preservation Center,** Old Oxford Highway, six miles north off Roxboro Rd. on S.R. 1004. Durham. Hours, 9 a.m. to 4 p.m. Contains artifacts of the past, original slave quarters, mule barn, and plantation big house.

**Art Museums.** (All closed Mondays).

**Duke University Museum of Art,** on the Duke University East Campus, telephone 684-5135.

**The Ackland Museum,** corner Franklin and Columbia Streets, Chapel Hill. Telephone, 966-5736.

**North Carolina Museum of Art,** 2110 Blue Ridge Blvd, Raleigh. Telephone, 833-1935. Excellent cafe available.

**North Carolina Museum of History,** 109 Jones St., Raleigh. Open Tuesday through Saturday, 9 a.m. to 5 p.m., Sunday 1 p.m. to 6 p.m. Closed Monday. For information about the Capital area, call Visitors Center, 733-3456.

In Winston-Salem, about two hours drive west, visit **Old Salem,** a restored 1760s Moravian town.

If rain or other misadventures confine you to The Forest, we have a great swimming pool, a dart game in the Exercise Room, the Billiard Room, and a ping pong table. On clear days you may want to visit the frisbee course across the street in Cornwallis Road Park. This is not just throwing the things, but a game played with tees, greens, and pars. Seven days a week, 8 a.m. to dusk. You can also rent videos from Blockbuster Video in south Square Mall.

## Bob Blake's

## PUZZLE

Each word below can be found by either  
reading up, down, forward, back-ward or diagonally.

COBBADIENORDNEDODOHR  
ACXMARKHAMAPLEQYROME  
MGUNIVERSITYIBFURBANV  
DYTINIRTRREDNAXELAHIO  
EEHAIUPELLIVETTEYAFND  
NRGMGOLFTFIWSLNOVEDO  
AEUDRFNREIGNAKGFJDLO  
NVOPICKETTKDEDLIRSRW  
AERKVRMOVPNEQTEAOUAH  
HROUNOTSLAREOBWNCXEC  
CFBDBEBULCHGKRORANGE  
UOSORYALNSJKAUONIGLE  
BQLBROILAT,CFOGDBKLEB  
ARLECHFRETSEOFOMLXNRI  
NCIAMLEXXD F E C U R P S O G V  
NJHAKIYROKCIHAKBASRI  
EXUMRELTNERTPCRDPALN  
RIGSBEELEKDR OFNARCMWS

Alexander	Camden	Emory	Lake	Queen
Alston	Carr	Englewood	Main	Rhododendron
Angier	Chestnut Ridge	Eno	Maple	Rigsbee
Arbor	Club	Exum	Markham	Roxboro
Ashe	Cobb	Fayetteville	Mason	Ruby
Banner	Cole Mill	Foster	Neal	Spruce
Beechwood	Cranford	Gear	Oak	Swift
Belk	Creek	Golf	Olson	Trent
Bivins	Devon	Hickory	Oneida	Trinity
Briar	Dover	Hillandale	Orange	University
Broad	Duke	Hillsborough	Oxford	Urban
Brookhaven	Elgin	Kent	Pickett	Virginia
Buchanan	Elm	Knox	Revere	Wade
				Ward

NAMES OF STREETS IN DURHAM